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<td style="text-align: center; border-left: none !important; border-bottom: none !important; border-top: none !important; width: auto; vertical-align: middle; ">Nevadakics</td>
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<td style="text-align: center; border-left: none !important; border-bottom-style: solid !important; border-bottom-width: 1px !important; border-top: none !important; width: auto; vertical-align: middle; ">LRACK</td>
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<td style="text-align: center; border-left: none !important; border-bottom: none !important; border-top: none !important; width: auto; vertical-align: middle; ">2006 -</td>
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<table-markdown style="display: none">| Nevadakics |
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| LRACK |
| 2006 - |</table-markdown></div> <br> May 27 \& 28, 2006 Galena HS Track Complex - Reno, Nevada Event Fact Sheet 

Entry Fee: $\$ 6$ per Event; $\$ 24$ per Relay

Entry Forms: Online registration at www.renotahoetrack.org. Use USATF Pacific Association Team 4-Digit Code for team entries. Unattached athletes register as UNA. Club Codes can be found at www.pausatf.org under "Youth" and "Club Manager". Four Events per Athlete.
Entry Deadline: May 24, 2006 at 6 PM.
Age Groups: Bantam Born 1996 or 1997 Midget Born 1994 or 1995 Youth Born 1992 or 1993 Intermediate Born 1990 or 1991 Young M/W Born 1988 or 1989 ( 1987 if 18 on July 30). Athletes must compete only in their own age group.
Track Events by Age Groups: Bantam - $100 \mathrm{~m}, 200 \mathrm{~m}, 400 \mathrm{~m}, 800 \mathrm{~m}, 1500 \mathrm{~m}, 4 \times 100 \mathrm{~m}$ Relay, $4 \times 400 \mathrm{~m}$ Relay, 1500 m Racewalk, High Jump, Long Jump, Shot put ( 6 lbs ), Javelin ( 300 g ) Midget - 100m, $200 \mathrm{~m}, 400 \mathrm{~m}, 800 \mathrm{~m}$, 1500 m , $3000 \mathrm{~m}, 80 \mathrm{~m}$ Hurdles ( 30 " high), $4 \times 100 \mathrm{~m}$ Relay, $4 \times 400 \mathrm{~m}$ Relay, $4 \times 800 \mathrm{~m}$ Relay, 1500 m Racewalk, High Jump, Long Jump, Shot Put ( 6 lbs), Discus Throw (1k), Javelin Throw ( 300 g ) Youth $-100 \mathrm{~m}, 200 \mathrm{~m}, 400 \mathrm{~m}, 800 \mathrm{~m}, 1500 \mathrm{~m}, 3000 \mathrm{~m}, 100 \mathrm{~m}$ Hurdles (Girls - 30 " high, Boys - 33 " high), $4 \times 100 \mathrm{~m}$ Relay, $4 \times 400 \mathrm{~m}$ Relay, $4 \times 800 \mathrm{~m}$ Relay, 3000 m Racewalk, High Jump, Pole Vault, Long Jump, Triple jump, Shot Put (Girls - 6 lbs, Boys - 4k) Discus Throw (1k), Javelin Throw ( 600 g ) Intermediate - Same as Youth plus 100 m Hurdles (Girls/33"), 110 m Hurdles (Boys/39) 400m hurdles (Girls/30" - Boys/36"), Shot Put (girls $4 \mathrm{k} / \mathrm{boys} 12 \mathrm{lbs}$ ), Discus Throw (girls $1 \mathrm{k} / \mathrm{boys} 1.6 \mathrm{k}$ ), Javelin Throw (girls $600 \mathrm{~g} / \mathrm{boys} 800 \mathrm{~g}$ ) Young - Same as Intermediate.

Packet Pick-Up: Saturday, May 27th at 7 AM at the Galena HS Track Complex.
Athlete Check-in: The meet will be run with a Rolling Schedule. Athletes will receive first, second and third calls and must be in the bullpen staging area or field area at third call.
Results: Results will be posted behind the pressbox as they become available.
Implements: Meet management will provide implements except javelins. All personal implements are to be checked by Weights and Measures upon arrival by the athletes. Approved personal implements will be allowed in the competitions.
Awards: Gold, Silver and Bronze Medals to top three finishers in each event. Medals may be signed for by coaches, parents or athletes upon posting of event results.
T-Shirt Concessions: T-Shirts and Event souvenirs will be available at the meet. Special $\$ 10$ Event T-Shirts for first 100 sold.
Stadium Rules: Tents on top row of stands only. Tents blocking the vision lines from the press box to the finish line will need to be moved. Alcohol is not permitted on the premises. Smoking is not allowed at the meet. Warm-ups are not allowed on the track or infield. $1 / 8^{\prime \prime}$ pyramid spikes for all track \& field events.
Directions to Galena HS: From California and North Reno: Take I-80 to I-395 South. I-395 South to Exit 56. Take ramp right ontothe Mt. Rose Highway SR-431 (Lake Tahoe). Left at first set of traffic lights onto Wedge Parkway. Wedge Parkway name changes to Butch Cassidy Dr.. Galena HS is $1 / 4$ mile on the left. Proceed to first parking lot on left. Access to the track is from the west side of the complex closest to the HS. (Note: Please refrain from parking on the street. The north entrance will not be opened for this meet.)


May 27 \& 28, 2006 Galena HS Track Complex Reno, Nevada

# Order of Events - Rolling Schedule 

## Saturday, May 27th

## Track Events <br> (Age Groups in Order - 9:30 AM Start)

3000 Meter Run Finals - Midget through Young Men $4 \times 800$ Meter Run Finals - Midget through Young Men 200 m Dash Trials - Bantam through Young Men
1500m Racewalk Finals - Bantam, Midget 3000/5000m Racewalk Finals - Youth - Young M/W
800m Run Finals - Bantam through Young Men
200m Dash Finals - Bantam through Young Men
80m Hurdle Trials - Midget
100m Hurdle Trials - Youth Girls through Young Women
100m Hurdle Trials - Youth Boys
110m Hurdle Trials - Intermediate Boys and Young Men 400m Dash Finals - Bantam through Young Men

## Field Events <br> (Age Groups in Order - 9 AM Start)

Long Jump - Bantam Girls, Bantam Boys, Youth Girls, Youth Boys, Midget Girls, Midget Boys, Intermediate Girls, Intermediate Boys, Young Women, Young Men
High Jump - Youth Girls, Youth Boys, Intermediate Girls, Intermediate Boys, Young Women, Young Men

Javelin - Youth Girls, Youth Boys, Intermediate Girls, Intermediate Boys, Young Women, Young Men

Shot Put - Young Women, Young Men, Intermediate Girls, Intermediate Boys, Youth Girls, Youth Boys, Midget Girls, Midget Boys, Bantam Girls, Bantam Boys
Pole Vault - Youth Boys, Intermediate Boys, Young Men

Sunday, May 28th

Track Events
(Age Groups in Order - 9:30 AM Start)
$4 \times 100 \mathrm{~m}$ Relay Finals - Bantam through Young Men 1500m Run Finals - Bantam through Young Men 400m Hurdle Finals - Int. Girls/YW, Int. Boys/YM 100m Dash Trials - Bantam through Young Men 80m Hurdle Finals - Midget
100m Hurdle Finals - Youth Girls, Int. Girls, YW
100m Hurdle Finals - Youth Boys
110m Hurdle Finals - Intermdiate Boys, Young Men
100m Dash Finals - Bantam through Young Men
$4 \times 400 \mathrm{~m}$ Relay Finals - Bantam thtough Young Men

## Field Events <br> (Age Groups in Order - 9 AM Start)

Triple Jump - Youth Boys, Youth Girls, Intermediate Boys, Intermediate Girls, Young Men, Young Women

High Jump - Bantam Girls, Bantam Boys, Midget Girls, Midget Boys
Mini-Javelin - Midget Girls, Midget Boys, Bantam Boys, Bantam Girls

Discus - Midget Girl, Midget Boy, Youth Girl, Youth Boy, Intermediate Girls, Intermediate Boys, Young Women, Young Men
Pole Vault - Youth Girls, Intermediate Girls, Young Women

