

USATF YOUTH CROSS COUNTRY MEET

Presented by
Pacific United Track & Field Club

Where: Cosumnes River College, 8401 Center Parkway, Sacramento, CA

When: Sunday, November 19, 2006

Registration: 8:00 am **Course Walk:** 9:00 am

Race Time: 10:00 am

Order Of Races	Year Of Birth	Distance
Sub Bantam Girls	Born after Jan.1, 1998	2K
Sub Bantam Boys	Born after Jan.1, 1998	2K
Bantam Girls	Born '96 – '97	3K
Bantam Boys	Born '96 – '97	3K
Midget Girls	Born '94 – '95	3K
Midget Boys	Born '94 – '95	3K
Youth Girls	Born '92 – '93	4K
Youth Boys	Born '92 – '93	4K
Open	Born 1988 – 1991	5K

Age groups and or/sexes may be combined in the same race depending on the number of entrants per race.

Awards: Ribbons to top 6 finishers in each age bracket (excluding Open) & boy/girl group.

Parking Fees: \$1.00

Registration Fee: \$6 per athlete (cash or check) Make all checks payable to: Vandyke Elite

Driving Directions

- From Modesto/Stockton area
Take Highway 99 North to Sacramento. Exit Consumnes River Blvd. Take a left on Consumnes River Blvd. and continue down to Bruceville Rd.. Take a left on Bruceville Rd. and the school will be on your right. Take the first right into the parking lot of the college.

- **From the Bay area**

Take I-80 east towards US-50 east. Merge onto CA-99 south towards Fresno. Take the Cosumnes River College Blvd. exit. Turn right towards Bruceville Rd.. Turn left on Bruceville Rd. and the school will be on your right. Take the first right into the parking lot of the college.

- **From Reno**

Take I-80 west towards Highway 99 south. Take the Consumnes River College Blvd. exit. Turn right towards Bruceville Rd. Turn left on Bruceville Rd. and the school will be on your right . Take the first right into the parking lot of the college.

* The staging area will be in the football stadium.