



# **asics**<sup>®</sup>

## World Distance Summit

**What:** Features several of the top coaches and personalities from the world of distance running who will answer questions in a round robin format

**When:** Thursday, December 7, 2006 6:00-8:00 PM

**Where:** Holiday Inn Fisherman's Wharf  
550 North Point St.  
San Francisco, CA  
800-942-7348

### Presenters include:

**Steve Scott:** US Mile Record Holder at 3:47.69 and has broken 4 minutes in the mile 136 times. One of the greatest milers in American History. Current coach at Cal State University San Marcos.

**Dr. Armando Siqueiros:** Former 29:12 10k runner and past winner of the Wharf to Wharf race. Currently serves as distance coach at Mission Prep High School in San Luis Obispo. Coach of defending Footlocker National Champion Jordan Hasay.

**Jim Spivey:** Former Women's head coach at Vanderbilt University. Former sub 3:50 miler, US record holder for 2,000m and 1987 World Championships bronze medalist.

**Dr. Joe Vigil:** Legendary distance running personality, coach and clinician. Served as 1988 US Olympic Coach, former head coach of Adams State College. Has served as head coach of the US World Cross Country teams multiple times. Vigil gained additional accolades as coach of Deena Kastor, 2004 Olympic Marathon Bronze medal.

**Mike Fanelli:** Mike serves as emcee of the event. Outstanding moderator who possesses a wealth of information on the history of competitive distance running as well as the physiology of training. Mike is entertaining and knowledgeable.

**Cost: Absolutely FREE.** This is a Christmas present from Asics, the Pacific Association, the Cal Coaches Alliance, American Track and Field, Cliff Bar, Pacific Coast Sportswear and Running Warehouse to the coaches and fans of distance running in California. This is an opportunity NOT to be missed.

**Questions:** Joe Rubio [joe@runningwarehouse.com](mailto:joe@runningwarehouse.com)

