

2006 PA-USATF Open T & F Championships
Sunday, May 28, 2006
College of San Mateo, 1700 West Hillsdale Blvd.
San Mateo California

Facilities: On the campus of College of San Mateo. Nine (9) lane Mondo surface throughout, including steeplechase, javelin approaches and all runways. **Required spike is _ inch Christmas tree (compression).** The throwing rings are brushed concrete.

Eligibility: All competitors must be a registered USATF Athlete. Only collegiate athletes who compete for their institutions and are registered by their coaches ~~required to~~ be USATF member. USATF membership cards are available for \$20.00 by contacting the Pacific Association Office at (916) 983-4715, or you may download an application on-line from .pausatf.org. Memberships will also be on sale the day of the meet..

Entry Fees: ON-LINE PREREGISTRATION: \$15.00 per event if entry is received by **7:00 p.m. Thursday, May 25, 2006**, payable by credit card. **No telephone, mail, or fax entries.**

LATE ENTRY - MEET DAY REGISTRATION: \$30.00 per event. **CASH ONLY.** The late entry deadline is 9:00 a.m. for lane events and 9: 30 a.m. for field events. **NO EXCEPTIONS.**

Entry Form: “DirectAthletics (<http://www.directathletics.com/>) Questions regarding entries? Contact Al Hernandez at (510) 651-3162 or email: runalrun@yahoo.com

Event Check-In: **Registered track contestants** check-in with the running clerk at least 30 minutes prior to the event start time. All athletes must check in at registration table before competition. Field events should check in 45 minutes ~~site~~ prior to

Heats/Flights All running events will be run as finals only with seeding based on submitted marks.

Organization: Field event competitors will have three initial attempts with the top (9) nine competitors qualifying for the finals. Weights and measures will be from 9:00 a.m. to 12:30 p.m.

Further Info: Contact Al Hernandez, (510) 651-3162, or via e-mail: runalrun@yahoo.com

PAUSATF Grand Prix: Earn double points towards prize monies being awarded by the Pacific Association Open T&F Committee. To register, you must be a current PA-USATF member. The Pacific Association Grand Prix is a series, culminating with these Association Championships. \$15,000.00 will be awarded to the Association’s top ten men and top ten women utilizing the 2001 IAAF Scoring Table. Contact Women’s T & F Chair Fred Baer_at (651) 345-4114, or email: Frdbaer@aol.com for further information and to register