



## **DESCRIPTION OF 2008 USATF PACIFIC CLINICS**

### General Requirements:

- Minimum Attendance: 3
- Ideal Attendance: 5-10
- Maximum Attendance: 30 for Introductory Classes

### **Track and Field**

- ***INTRODUCTION TO TRACK & FIELD OFFICIATING:*** [Overview of Track and Field]

Morning: Philosophy, safety, preparation, track events including introduction to clerking, starting, umpiring, marshal, finish line, lap counting

Afternoon: Field Events Throws, horizontal jumps, vertical jumps and review for new officials and taking the certification review in small groups and completing necessary paperwork.

No Prerequisite, intended for new officials or those with less than one year's experience, need to attend both. Attendance is required to become certified. New officials must also become members of Pacific Association USATF if they are not a current member.

Cost: \$35 included NFHS, NCAA and USATF rulebooks.

- ***ADVANCED BASICS FOR TRACK OFFICIATING & ADVANCED BASICS FOR FIELD OFFICIATING***

Track, Field (3 hours each) [Case Book discussions] Split into two sessions one for Track and one for Field. Track session will more details for Clerking, Umpire, Marshal, and Finish Line including Lap Counting. Field will deal with more details for Throws, Horizontal Jumps, and Vertical Jumps. It will go into significantly more detail for each of the disciplines.

Prerequisite: Introduction To T&F Officiating or one or two years of experience, intended for those certified officials who have some experience but still introductory; you only need to attend your area of interest, i.e. track or field.

Cost: \$8 each

- **THROWS:**

***INTRODUCTION TO THROWS OFFICIATING:*** (3 hours) Basic details of each officiating position, what is required, safety. Needed equipment, paperwork, basic rules, and ring. Prerequisite: Advanced Basics for Field Officiating or one years experience in throws. It is intended as a clinic for those officials wanting to learn about officiating the throwing events as a team member or only official at small meets, i.e. for the association level official. Basics of shot, discus, javelin and hammer.

Cost: \$13

***INTERMEDIATE THROWS OFFICIATING:*** (3 hours for advancement to National level) Basic case studies, running event with 4 or more crew members, scoring, crew evaluations, working with meet management, the latest rule interpretations for throws.

Prerequisite: Introduction to Throws, intended as an intermediate course for those wanting to run a large meet event, i.e. those ready for promotion to National level. Include all of the implement and variations for youth and master athletes.

Cost: \$8

**ADVANCED THROWS OFFICAITING:** (3 hours for advancement to Masters) Proper layout and set up of throwing venues for competition and safety, advanced Case Studies for the seasoned official and for the official wanting to be a leader at national level meets. Format involves the students discussing how they would solve the proposed problem.

Prerequisite: Intermediate Throws or equivalent

Cost: \$8

- **HORIZONTAL JUMPS:**

**INTRODUCTION TO HORIZONTAL JUMPS OFFICIATING:** (3 Hours) Introduction to each of the duties of each of the officiating positions. Includes how to run your first event and ones with only with 1 official up to 3 officials. [Introduction safety, paper work, needed equipment, basic rules, open pit] Intended for the Association level official

Prerequisite: Advanced Basics for Field Officiating or one years experience in horizontal jumps

Cost: \$13

**INTERMEDIATE HORIZONTAL JUMPS OFFICIATING:** (3 hours for advancement to National Level) Running an event with 4 or more officials including Nationals and other championship meets. Performing safety reviews, scoring events, knowing all positions, evaluation procedures, working with meet management, proper pit preparation] Basic Case studies,

Prerequisite: Introduction to Horizontal Jumps, intended as an intermediate course for those wanting to run a large meet event and or become a national official.

Cost: \$8

- **VERTICAL JUMPS {High and Pole Vault}: May be split into High Jump and Pole Vault for details with two levels each at least at Intermediate and Advanced levels.**

**INTRODUCTION TO VERTICAL JUMPS OFFICIATING:** (three hours): Introduction including running either event with 1 official up to 3 officials. [Basic Safety, paper work, scoring the event, needed equipment, basic rules, excused athlete] Intended for the Association level official who wants to learn more details about vertical jumps.

Prerequisite: Advanced Basics for Field Officiating and the equivalent of at least one year of experience in vertical jumps.

Cost: \$13

**INTERMEDIATE VERTICAL JUMPS OFFICIATING:** (3 hours): Running an event with 4 or more officials including Nationals and other championship meets. Performing safety reviews, scoring, knowing all positions, evaluation procedures, working with meet management basic pit set up] basic case studies. It is intend for the 3-5 year officials who has mastered the basic events and now needs more technical and people handling skills

Prerequisite: Introduction to Vertical Jumps for the intermediate official wanting to learn to run the event at a large meet and several years of experience and ready to move up to the National level.

Cost: \$8

- **SAFETY:** (3 hours) Overview of T&F safety for all venues, Checklists

Prerequisite: Advanced Basics for Track or Field, for all officials to increase their safety awareness but particularly for management type officials, i.e. heads of events and referees  
Intended for all National and Master level officials in both track and field.  
Cost: \$8

- **STARTING:**

**INTRODUCTION TO STARTING:** Ia. (3 hours): {from National Training Com. : for starter working high school, junior colleges dual or tri meets, and small college meets}  
Introduction to Starting, Basic Skills and variations for each, Voice commands, control, timing, practice including XC. It is intended for the Association level official or one wanting to learn to start. Requires some practicum at all comer meets.  
Prerequisite: Advanced Basics for Track Officiating  
Cost: \$13

**STARTING PRACTICUM:** Ib. (3 hours): Actual practice or starting assignments at all comers or dual meet.  
Prerequisite: Introduction to Starting  
Cost: \$0 if you have your own gun and ammunition. If not \$8

**INTERMEDIATE STARTING:** (3 hours) Discussion, case studies and development of head starters.

- **UMPIRING**

**INTRODUCTION TO UMPIRING:** (3 hours): Introduction to Umpiring, Basic rules and skills to know the various fouls. Intended for the Association Level official with one to three years of experience.  
Prerequisite: Advanced Basics for Track Officiating or equivalent experience.  
Cost: \$13

- **HEAD OF EVENT:** (3 hours) Duties, Paperwork, Records, Assignments, safety and personnel skills. Covers both track and field events from a leadership position.  
Prerequisite: Intermediate clinics in one or more Field events. Intended for those ready to become National Level officials for the first time.  
Cost \$8

- **WEIGHTS & MEASURES:** (6 hours) Duties, Implement Specifications, Types of and how to use various measuring equipment, in morning and how to set up room and hands on practicum of using and measuring implements in afternoon.  
Prerequisite: Introduction to Throws and some throws experience  
Cost \$ 13

- **TECHNOLOGY:**

FieldLynx: (Electronic Field Scoring & Communication)

**INTRODUCTION TO FIELDLYNX FOR THROWS OR INTRODUCTION TO FIELDLYNX FOR HORIZONTAL JUMPS:** (3 hours) Introduction to the FieldLynx program and how to use the palm pilot when it is loaded. How to check in athletes. How to go to finals. How to set up the number of attempts or rule differences, i.e. NCAA vs. USATF vs. HS. Intended for the seasoned Field official at any level who wants to learn how to electronically record their event. Generally the course will be run for either Throwing Officials or Horizontal Jump officials.

Prerequisite: Intermediate Clinic or equivalent for Throws, Horizontal Jumps or Vertical jumps and two or three years field experience.  
Cost: \$8

LaserLynx: (Electronic Field Measurement)

**INTRODUCTION TO LASERLYNX:** (3 hours): use when set up  
Intended for the seasoned throwing event official with at least two or three years experience who want to learn how to do electronic measurement. It must be taken in conjunction with the Practicum to become sufficiently knowledgeable in order to run the instrument on their own when it is set up for them.  
Prerequisite: Intermediate Throws Officiating or equivalent, 2 to three years

experience.

Cost: \$8

**LASERLYNX PRACTICUM:** (3 hours) Practice at an actual competition event under the guidance of an instructor. These sessions will be held at the All Comer Meets at Cal in February. In order to be certified you must go to both the introduction and this course.

Prerequisite: Introduction to LaserLynx

Cost: \$0 if attended Introduction to LaserLynx, If not \$8

Meet Manager: Using Hy-Tek's Meet Manager or Let *the Computer Do It All!*

**HY-TEK, INTRODUCTION TO MEET MANAGER PROGRAM:** (3 hours) Learn to use the basic Hy-Tek program when the data has been set up, downloading field event results, downloading FinishLynx results, downloading heat or flight sheets, printing results, making corrections and or additions or deletions from results or heat or flight sheets.

Prerequisite: Advance Clerking

Cost: \$13

## Long Distance Running:

**INTRODUCTION TO ROAD RACING AND XC OFFICIATING:** (4 hours)  
Includes rule review and local association rules and a USATF Rule Book. It intended for the new official who want to officiate road races or cross country. You will take the LDR certification review in small groups and completing necessary paperwork to be certified at the end of the clinic.

Prerequisite: None except be a current member of Pacific Association USATF to become certified.

Cost: \$20

**INTERMEDIATE ROAD RACING AND XC OFFICIATING:** (3 Hours), including Case Studies, Paperwork, understanding of a lead official's responsibilities including recent rule changes affect this sport.

Prerequisite: Introduction to LDR and at least two years or more LDR experience or equivalent.

Cost:\$ 8

## Race Walking:

**INTRODUCTION TO RACE WALK OFFICIATING:** (3 hours)

Instruction in how to judge race walking, overview of the rule differences from running, roles of other race walk officials.

Prerequisite: Certification as an association level track and field official and being a current member of the Pacific Association USATF and completion of the RW Practicum in order to be certified in this area.

Cost: \$13

***RACE WALK JUDGING PRACTICUM:*** (3 hours at actual races) Hands on Judging under guidance of RW judge, most likely during a race walk competitions either on the road or the track so that you have the equivalent of three hours of race walk judging.

Prerequisite: Introduction to Race Walking Officiating

Cost \$0 is in conjunction with Introduction to RW Officiating, otherwise \$8.

- ***ANNUAL RULE UPDATE/CHANGES:***(3 hours) Discuss annual rule changes and their interpretation for all 5 rulebooks, High School, NCAA, USATF, IAAF and WMA, answer questions on rule interpretations. The intent is to give the official the reason for the rule and how it should be applied. It is intended for all levels of officials.

Prerequisite: Certified official members of the Pacific Association, open to all officials

Cost: \$8

## **Mentoring:**

***INTRODUCTION TO MENTORING OF NEW OFFICIALS:*** (3 hours)

This is intended for those experience officials at all levels and in all disciplines who would like to give back to the sport and improve the officiating experience of new officials by acting as mentor or sounding boards for their questions both on and off the track. Following the clinic you will be assigned one or more new officials to contact and follow up with during at least their first year of officiating both at meets and by phone and email.

Prerequisite: Three Years Experience as an official.

Cost: \$0