

# **ACORN/OSCAR BAILEY T.C.**

**Presents the 2010 edition of the**

## **"THIS WON'T TAKE ALL DAY RELAYS"**

Date: March 6, 2009

Registration: 12:00 (morning of the meet)

Starting Time: 12:00

Admission Fee: \$4.00 (Per person / Athlete – all who enter the stadium)

***Awards for all participants in all heats.***

Location: 2223 Martin Luther King Jr. Way, Berkeley, CA 94704.

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### Order of Events

1. 1500m Run (Bantam, Midget, Youth, Open)
2. 100m Dash (Open, Youth, Midget, Bantam, Sub-Bantam)
3. 800m Run (Bantam, Midget, Youth, Open)
4. 4x200 (Sub-Bantam, Bantam, Midget, Youth, Open)
5. 300m Run (Bantam, Midget, Youth, Open)
6. 4x100m Relay (Sub-Bantam, Midget, Youth, Open)

### Field Events

1. Long Jump (Sub-Bantam, Bantam, Midget, Youth, Open)
2. Shot Put (Open, Youth, Midget, Bantam, Sub-Bantam)

All events will be run girls, then boys

All participants will receive awards

- Since this is the first meet of the season it is set up for speed and quickness.
- FAT timing will not be provided. Each coach is requested to time their own athlete as meet marks are not likely to be posted on the Pacific Association website when the meet is over.
- This is a very stress free meet, those with smiles receive special attention!

If you need assistance with this meet or the youth age group portion of the California Relays, email [Darrell Hampton](mailto:Darrell.Hampton) or call him at 510-774-9701 or work 510-596-4317