



Coaches Report

PAUSATF Board of Athletics Meeting – 16 March, 2010

Youth Olympic Team Trials: 3 April: In Arlington, Texas for the 2010 Youth Olympic Games to be held 14-26 in Singapore.

Athletes ages 16 and 17 through December 31, 2010 (born in 1993 or 1994) will be nominated for selection to the Americas Youth Olympic Team based on performance at the U.S. Area Youth Olympic Selection Trials - Track & Field (U.S. Area Trials) to be held April 3, 2010 in Arlington, TX.

For complete selection procedures, qualifying standards, eligibility requirements and entry information, please visit the 2010 U.S. Area Youth Olympic Selection Trials - Track & Field homepage on the www.USATF.org site, and then click 'events/calendars' in the top ribbon.

Call for nominations for national High School Coach of the Year: Honor your high school coach by nominating him/her for the brand new Gill Athletics National High School Coach of the Year Award! Describe your candidate's coaching record, honors and recognitions as well as highlight his/her service to the sport, school, and community.

Enter your nomination by going to www.gillcoachoftheyear.com, downloading the official PDF nomination form, and submitting (online) the completed form by May 21, 2010

Coaching Education Level 2 school: July 10-17 at Villanova University, Philadelphia. Standard eight day academy style Level 2 School with event group specialization in throws, endurance, sprint/hurdles/relays, and jumps. For full information, go to www.usatf.org, and click on the coaching education logo and then locate a level 2 school.

2010 USATF National Junior Olympic Track & Field Championships: July 27 - August 1: Hughes Stadium, Sacramento City College - Sacramento, California. For further information and regional qualifying information, refer to the www.USATF.org site, and then click 'events/calendars' in the top ribbon.

Inaugural Youth Level 2 School: August 1-5 in Sacramento - USA Track & Field Coaching Education presented by Gill Athletics will offer the inaugural Youth Level 2 School in Sacramento, immediately following the USATF National Junior Olympics T&F Championships this summer.

Attendees: Youth T&F coaches who have completed a Level 1 School or Developmental Coach Program Five day school utilizing sport sciences to examine the best coaching techniques, with an emphasis on the youth athlete, for endurance training, sprint/hurdle events, and field event disciplines. Information to be posted soon on: <http://www.usatf.org/groups/Coaches/education/>

Missing from the Track:

Doug Speck, the patriarch of the high school cross-country and track and field scene as writer, videographer, historian, meet director of the Arcadia Invitational, announcer and statistician for Dyestatcal for more than three decades passed 4 March peacefully after a prolonged battle with melanoma cancer.