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**RRCA SELECTS KAISER PERMANENTE SAN FRANCISCO HALF MARATHON AS
2009 ROAD RACE OF THE YEAR**

Pamakid Runners' *Soonar Soundings* e-Newsletter also selected for 2009 Excellence in Journalism Award

SAN FRANCISCO, March 26, 2010—The Road Runners Club of America recently awarded the Kaiser Permanente San Francisco Half Marathon, hosted by Pamakid Runners Club, the 2009 RRCA Road Race of the Year. The renowned club also received the 2009 Excellence in Journalism Award for its quarterly *Soonar Soundings* e-Newsletter.

“We’re excited and proud to win RRCA national awards,” says club president and coach Andy Chan. “What a great way for our club to kick-off our 40th year.”

In related news, longtime club member George Rehmet received the RRCA’s Outstanding State Representative of the Year Award. Rehmet, who took home the same trophy in 2001, is first state representative to win the award twice.

“I really appreciate the nominations that led to my selection as Outstanding RRCA State Representative of the Year,” says Rehmet. “As state rep, I will continue to serve the interests of our running community to our national organization.”

Founded in 1970, Pamakid Runners strives to “promote a healthy lifestyle and support the running community and charitable causes by organizing, volunteering, and participating in running related and social events in the San Francisco Bay Area.” The club donates tens of thousands of dollars annually to local non-profits and charities, due in part to their success hosting the Kaiser Permanente San Francisco Half Marathon and 5K, which this year attracted nearly 10,000 runners to San Francisco.

The RRCA is “dedicated to supporting the growth of grassroots running clubs, training programs, and running events while promoting the common interests of runners throughout the United States.” Since 1971, the RRCA has honored dedicated individuals for their outstanding service to the RRCA and the sport of distance running through their annual awards.

For more information on the RRCA, including a full list of this year's award recipients, please visit www.rrca.org.

For more information on the Pamakid Runners, visit www.pamakids.org.

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