February 17, 2012

PA/USATF LDR OFFICIALS (and Track Officials who have expressed interest in LDR):

The 2012 PA/USATF Long Distance Running Road Grand Prix/Championship series officially begins on March 3. The 2012 LDR Grand Prix schedule is shown at the end of this e-mail. Full details can be found at:

www.pausatf.org/data/2012/RRSchedule2012.html

Please consider volunteering as an LDR official during the season. Referees, Judges, Umpires, Timers, and occasionally Starters are all needed. (In addition, on-call Jury of Appeal members are sought.)

Please let me know as soon as possible if you can contribute at any of our 2012 Road Grand Prix events, or if you can serve on-call as a Jury of Appeal member. (Jurors typically serve from home and adjudicate appeals of Referee decisions via conference calls.)

ARE YOU A NEW LDR OFFICIAL learning the ropes? An experienced officials will be available at all events who will serve as your mentor and guide as you gain experience.

NEED TO CERTIFY IN AN LDR DISCIPLINE OR UPGRADE YOUR LDR SPECIALTY (and you're currently a certified official)? We can arrange for you to take the basic LDR officiating rules review (exam), or the LDR Referee rules review (provided you have the necessary LDR officiating experience) at home at any time. Please contact me for more information.

NEED A 2012 USATF RULEBOOK? They are now available for purchase (\$13.50) and will ship on March 1. To purchase one, go to:

www.usatf.org/store/showProducts.asp?category=Publications&sc=TM

A PDF version of the 2012 rulebook will eventually be available on the USATF web site. It's not posted yet, but should be soon after March 1. Go to:

www.usatf.org/About/Competition-Rules.aspx

Thanks so much for your generous volunteer contributions to PA/USATF LDR programs.

The 2012 LDR Grand Prix schedule follows.

Regards,, Mark Winitz Pacific Association USATF LDR Officials Coordinator Tel: (650) 948-0618 Direct <u>E-Mail</u> *****

2012 PA/USATF ROAD RACE GRAND PRIX SCHEDULE--full details

at <u>www.pausatf.org</u>

- Sat, 3/3 NorCal John Frank Memorial 10-Mile. Redding
- Sun, 3/18 Emerald Across the Bay 12K, San Francisco
- Sun, 4/1 Credit Union Sactown Ten Mile Run, Sacramento
- Sun, 4/22 Zippy 5K, San Francisco
- Sat, 5/12 Pacific TherX 5K 4Play, Portola Valley
- Mon, 5/28 Marin Memorial Day 10K, Kentfield
- Sun, 7/15 Downtown San Rafael Mile, San Rafael
- Sun,10/21 Humboldt Redwoods Half Marathon, Weott
- Sun, 11/11 Clarksburg Country Run Half Marathon, Clarksburg
- Thur, 11/22 Silicon Valley Turkey Trot 5K, San Jose- (Thanksgiving)
- Sun,12/16 Christmas Relays, San Francisco