



**Awards!
Achievement!
Prizes!**

**You
don't have
to win to
WIN!**

SANTA CRUZ MileFit Challenge

Tentative Schedule (Final schedule will be posted on 12/12/12 at www.MileUSA.com)

Bib Pick-Up

7:30a-Noon

Late Registration

7:30-8:45a

Races

- 9:10a Mile Walk (all walkers together)
- 9:30a Under 10 - 400m
- 9:40a Masters Mile Races (35-60+)
- 9:50a Open Mile Races (19-34)
- 10:10a Middle School Mile Races (6,7,8th grades)
- 10:30a High School Mile Races (9,10,11,12th grades)**
- 10:50a CrossFit & Mixed Modal
- 11:00a Public Safety & Military Mile
- 11:20a Law & Medical Mile
- 11:40a Educator & Tech Mile
- 12:00p CEO Mile Challenge
- 12:20p Elite Mile
- 12:40p Awards

HIGH SCHOOL MILE

GET READY FOR TRACK SEASON - TEST YOUR FITNESS

DEC. 15, 2012 @ 9AM • SANTA CRUZ HIGH SCHOOL

Be a part of the action! Join other high school runners and show us your talent. Invite your friends and parents to run too! *Enjoy the music, win prizes, MileFit achievement bands, and medals! Surpass an age-graded goal time and earn a MileUSA All-American Certificate!*

High School Divisions:

9, 10, 11, 12th grades

Pricing: \$15.

Entry fee \$5 more on race day.

Location: Santa Cruz High School

Track-Corner of Myrtle and Taylor Street

Entry fee supports high school running!

It's only a mile, and it's for a good cause!



For more information email: JohnR@MileUSA.com, OR go to www.MileUSA.com
Sign-up links to Active.com.