

# Board of Athletics—Compiled Committee Reports

November 19, 2013—Compiled by Association Secretary J.R. Heberle

### **Future Championships Report**

John Mansoor, Executive Director (pausatf@aol.com)

- 1. University of Nevada-Reno is close to getting a University of Washington-type indoor track approved
- 2. Portland (Nike) was awarded the 2016 World Indoor Track Championship. They will have a permanent indoor track as a legacy. This means they will bid for Indoor National Championships.
- 3. Sacramento is one of two finalists for the NCAA Track Championships for 2015-18. Eugene is the other finalist. With Portland getting World Indoors in 2016 and Eugene doing Trials in 2016 Sacramento has a pretty good chance of getting NCAA Championship in 2016.
- 4. Sacramento is likely to also bid for 2016 Junior Olympic Track Meet.
- 5. Sacramento did not get the NCAA National Cross Championships for 2015-18, but may get future Regional meets.
- 6. Sacramento is likely to bid for the CIF State Cross Championships in 2016-18.
- 7. Reno Is bidding for 2015 Junior Olympic Cross Country Meet

### Men's and Women's Track and Field Committees

Ralph Jones, Men's T&F Chair (ralph.jones@csueastbay.edu)

The Open meet will tentatively be held at College of San Mateo on June 1st. A few details about the timing and results still need to be worked out and confirmed as well as a meet director. Ralph Jones is willing to direct the meet and hiring 20 athletes from Cal State East Bay to work the open meet and possibly the masters meet (depending on end of year travel and commencement) if the CSM crew will not be available.

### **Youth**

Joanne Camargo, Youth Chair (pa.youthchair@yahoo.com)

#### Did you know:

- ✓ Over 50% of the Pacific Association (PA) membership registrations consist of Youth athletes (ages 4-18), team coaches, and parent volunteers.
- ✓ For the safety of PA athletes, Youth coaches and volunteers are required to be fingerprinted and background checked with the Department of Justice.
- ✓ The 2010 USATF National Junior Olympic Track & Field Championships, held in Sacramento, generated approximately \$45,000 of net proceeds for the PA.
- ✓ The Youth Committee averages \$9,000-10,000 net profit each year.

- ✓ During the 2013 Track & Field season:
  - 10 non-championship track & field meets were held with an average of 500 participants per meet,
  - 1,145 athletes participated in the PA Junior Olympic Track & Field Championships,
  - 618 PA athletes participated in the Region 14 Junior Olympic Track & Field Championships, and
  - 477 PA athletes qualified for the 2013 USATF National Junior Olympic Track & Field Championships in Greensboro, NC.

### **Committee on Athletics for the Disabled**

George Rehmet (georgerehmet@yahoo.com)

USA Paralympics Meet Report (George Rehmet, meet director)

Charlie Sheppard and I have been recruiting people for key positions. We are currently recruiting people as volunteers. We plan to recruit more officials during the officials training at the start of 2014. Currently, we are waiting for certain paperwork to be completed before we can continue ahead and work more with the USOC.

### **LDR Ultrarunning (MUT) Sub-Committee**

Bill Dodson (bill.dodson@yahoo.com)

After Jon Olsen won the 24 hour World Championship he was training for the 100K World Championship. However, it was cancelled so he opted to go for the 100 mile American record. On September 28 at the Sri Chinmoy Self-Transcendence Annual Ultra Classic in Ottawa, he ran 402 laps on an indoor track in 11:59:28, breaking the 100-mile American record of 12:12:19 set by Rae Clark back in 1989. This also beat the 100-mile North American record, previously held by Canadian Andy Jones, who ran 12:05:43 on a road course in 1997. At this time I don't know if his run on an indoor track will be certified as a USATF record.

The PA Ultra Grand Prix has only the Quad Dipsea left to complete, out of 20 separate races at 16 events. We currently have 103 women and 195 men who have completed at least one race in the series. This includes 16 women and 49 men who have completed at least one 100 mile race. Several have completed 7 races, two have completed 8 and one, 49 year old Jean Pommier, has completed 10.

To get a feel for our PA Grand Prix compared to other Associations, the only other one we know of is the SCA which, on latest update, had total participation of 3 women and 24 men.

### **Coaches Committee**

Dave Shrock, Coaches Chair (coachshrock@gmail.com)

#### **USATF Level 1 Schools:**

The Level 1 program covers all events by emphasizing fundamentals, rules, safety/risk management, and instruction techniques in addition to specific event group training of endurance, sprints/hurdles, throws and jumps. Upon passing the exam, participants will be issued a Level 1 Coaching Certificate.

**14-15 December at Sacramento City College:** Contact: Dave Shrock – coachshrock@gmail.com

**18-19 January, 2014 at Chabot College, Hayward:** Contact: Dave Shrock – coachshrock@gmail.com *Full information is located on the coaches' page of the Association website* 

**Level 1 Scholarships:** The Pacific Association will again be offering eight full scholarships to complete one of the association Level 1 schools. Application deadline is 25 November.

For application go to the PA website and click on the coaches' link or contact Coaches Committee Chair Dave Shrock at coachshrock@gmail.com

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#### Sat, 1 February, 2014: West Coast SuperClinic-Sacramento CC:

Save the date to come and join us at a clinic devoted solely to maximizing your athlete's success. Sixteen nationally recognized clinicians will provide information that you will be able to apply immediately to your program's improvement in the event group areas of sprints/hurdles, endurance, throws, and jumps. Spread the word to all coaches! Last year's clinic was a great success with over 300 coaches gaining practical information to begin their seasons. The 2014 Clinic will feature many of our nation's top coaches including sprint guru **Tom Tellez**, leading jumps coach **Boo Schexnayder**, and California's most successful JC distance coaches **Marco Ochoa** along with other nationally recognized clinicians and successful high school coaches. For information contact directors Peanut Harms at <a href="mailto:nutboy51@yahoo.com">nutboy51@yahoo.com</a> or Dave Shrock at <a href="mailto:coachshrock@gmail.com">coachshrock@gmail.com</a>. Clinic info is posted on the PA coaches' schools/clinic page.

**2014 Annual Coaches Committee meeting:** Will be held during lunch at the SuperClinic. Attendees do not need to have paid for the clinic to attend the coaches meeting.

#### Sat, 8 February, 2014: Willie Davenport Olympian Clinic:

Join us once again at Logan HS in this youth geared clinic where our future starts learn firsthand from our Olympians and top coaches. For information refer to: <a href="http://logantrackandfield.com/">http://logantrackandfield.com/</a> and click on the clinic link, or contact coach Lee Webb at <a href="https://logantrackandfield.com/">hwebb@nhusd.k12.ca.us</a>.

#### **Call for Legacy Coach Award nominations:**

In recognition of the many influential coaches who have served in our association who have selflessly strengthened our sport(s) through teaching, mentoring, and promoting our profession, the Coaches Committee is asking for nominees for the Legacy Coach Award. Criterion will be weighted heavily on coaches who were not only great coaches, but who also inspired and trained/mentored many of us to become coaches ourselves...hence the idea of a Legacy Coach Award. Coaches submitted for consideration should have mentored former athletes to become successful coaches in their own right, in addition to:

- mentored former athletes
- coached for a period of time in the Pacific Association
- exhibited qualities of ethical coaching
- contributed to several aspects of the association, while promoting the sports of USATF
- candidates could come from any level of coaching

The deadline for submission of nominees is 31 December, with announcement of the recipient(s) in February at the West Coast SuperClinic.

For additional information and award criteria for all Pacific Association awards plus past award winners, refer to: <a href="http://www.pausatf.org/data/awards.html">http://www.pausatf.org/data/awards.html</a>

### **Officials Committee**

Mike Bower, Officials Chair (mike.pausatf@gmail.com)

The officials' committee acknowledged the NCAA rule change for the pole vault collar mandatory for the 2013-2014 seasons as well as acknowledging the fact that it would be an NFHS rule starting the 2014-2015 season.

The following is information about the proposed training clinics which will be given by the Pacific Association/USATF Officials Committee in 2014. Some subtle changes may be made, but this information is firm enough for you to start making plans.

This is NOT an opportunity to "Sign-Up" for clinics yet. In early December you will receive a Google.doc for sign ups.

- We expect a clinic at ARC (American River College)...Saturday, January 11th.
- We expect a clinic at Serra High in San Mateo, Saturday, February 9th.
- Satellite meets will be held in Chico (**Saturday, January 25**th *Pleasant Valley H.S. Library*), Santa Cruz (**Saturday, February 8**th, Santa Cruz High) and in Reno (**Saturday, March 1**st at a site to be determined).
- Rule Updates will be included in each class which is offered. 2014 is not a year for new rules.
- We would expect that we would offer, at least, the following clinics...

Introduction to Track & Field Officiating...ARC, Serra High, Chico, Reno, Santa Cruz

Fundamental Classes (a PREREQUISITE to advancement from the ASSOCIATION LEVEL to the NATIONAL LEVEL)....ARC, Serra High and some in Chico and/or Reno and/or Santa Cruz

The class includes rules, paper work, procedures, how to "set-up" the venue and a hands on experience of running the event.

- **OFundamentals** of **Horizontal Jumps** and **Throws** Officiating
- ●Fundamentals of Vertical Jumps Officiating
- Fundamentals of Track Event Officiating (With half the time devoted to Clerking and the other half devoted to Umpiring and Lap Counting...for Umpiring/Lap Counting to be complete, mentored practice is required.

#### (a) Note that we have separated Vertical Jumps for the Horizontal Jumps/Throws Clinic

#### Advanced classes...ARC and Serra

- OHorizontal jumps
- Vertical jumps
- Throws.

#### Race Walk

- **O**Introduction to Race Walk Officiating (both ARC, Serra and Reno)
- **@Introduction to Race Walk Judging** (both ARC, Serra and Reno)

#### LDR

- ●Intro to LDR Officiating (both ARC and Serra)
- @Fundamentals of LDR Referring...both already certified and those who want to become certified...at Serra

#### Athletics for the Disabled...ARC and Serra

Mental disabilities = Special Olympics; Para-Olympics = *Cathy Seller's* on-line instruction and on-line test with Sellers grading and advancing). <u>Note</u> - the <u>Pacific Association is in line to host several Para-Olympic meets in 2014.</u>

#### (Before a the following class are scheduled, a survey will be e-mailed to everyone to determine the degree of interest.)

#### **Referees for Track & Field**

- Experienced Track & Field Referees (already certified)
- Wanna-be Track & Field Referees (not yet certified)

#### Laser measurement for long throws with the Leica Measurement System

The Leica Measurement system offers a cost effective method of measuring long throws...if only we can get someone to operate the system.

Hy-Tek Meet Manager for advanced users

Hy-Tek's Meet Manager training for newbies comes as mentoring during meets...but we're not getting many takers).

#### Proposed Time Schedule for Officials' Clinics - 2014

| Saturday, January 11, 2014, American River College (ARC), Sacramento, CA; |       |       |            |       |      |
|---|-------|-------|------------|-------|------|
| Saturday, January 25, 2014, TBD, Chico, CA;                               |       |       |            |       |      |
| Saturday, February 8, 20214, TBD, Santa Cruz, CA;                         |       |       |            |       |      |
| Sunday, February 9, 2014, Serra High School (Serra), San Mateo, CA;       |       |       | Cruz       |       |      |
| Saturday, March 1, Reno, NV, TBD  | ARC   | Chico | Santa Cruz | Serra | Reno |
| Introduction to Track & Field Officiating                                 | 9-4   | TBD   | TBD        | 10-5  | TBD  |
| Fundamentals Classes  |       |       |            |       |      |
| Fundamentals of <u>Horizontal Jumps</u> and                               | 9-1   | TBD   |            | 10-2  | TBD  |
| Throws Officiating  | , , 1 | 100   |            | 102   | 100  |
| Fundamentals of <u>Vertical Jumps</u> Officiating                         | 9-3   | ?     |            | 10-4  | TBD  |
| Fundamentals of <u>Track Event</u> Officiating                            | 9-1   | ?     |            | 10-2  | TBD  |
| Advanced Field Event Officiating Classes                                  |       |       |            |       |      |
| Advanced <u>Horizontal Jumps</u>  | 9-12  |       |            | 10-1  |      |
| Advanced <u>Vertical Jumps</u>  | 9-1   |       |            | 10-2  |      |

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|------------------|--|---|
| 9-12             | 10-1   |   |
| 9-4              | 10-5   | TBD   |
|                  |  |   |
| 1-4              | 2-5  |   |
|                  | TBD  |   |
| 1-4              | 2-5  |   |
|                  |  |   |
| 1-4              | 2-5  |   |
| 1-4              | 2-5  |   |
| 1-4              | 2-5  |   |
| 1-4              | 2-5  |   |
|                  | 9-12<br>9-4<br>1-4<br>1-4<br>1-4<br>1-4<br>1-4 | 9-4 10-5  1-4 2-5  TBD  1-4 2-5  1-4 2-5  1-4 2-5  1-4 2-5  1-4 2-5 |

- All clinics will cost \$20\text{\tince}\text{\texi}\text{\text{\text{\text{\text{\text{\text{\texi}\text{\text{\text{\texi}\tint{\text{\texi}\tint{\text{\texi}\tint{\text{\texi}\text{\text{\texi}\text{\text{\texi}\t
- If you sign up in advance, you will receive clinic materials during class. If you do not sign up, your clinic materials may be e-mailed to you after the class.
- During Re-Certification clinics, folks were asked what events/age groups they tended to work. Here is a summary of their answers.

| Yes, not all officials completed the survey. I intend to send e-mail a $2^{nd}$ opportunity. | Field | Track | Geek | College    | High<br>School | USATF<br>Open | USATF<br>Youth | LDR |
|--|-------|-------|------|------------|----------------|---------------|----------------|-----|
| % of the 313 officials who indicated work here   | 41%   | 39%   | 12%  | <u>41%</u> | 44%            | 28%           | 21%            | 7%  |
| # of the 313 officials who indicated work here   | 129   | 121   | 37   | 127        | <u>137</u>     | <u>87</u>     | <u>67</u>      | 21  |

### **Communications Committee**

Cynci Calvin, Communications Chair (cynci@runsra.org)

# California Track & Running News/Pacific Association Subcommittee October 2, 2013 Meeting Minutes

College of San Mateo - Track & Field Stadium - Press Box

Present On Site: Fred Baer (Media), Tom Bernard (Men's LDR), Mark Winitz (Official, LDR), Christine Johnson (CTRN editor), John Rembao (Marketing)

Present Via Teleconference: Cynci Calvin (Communications), Maura Kent (Youth), Dave Shrock (President, Coaches)

<u>Item #1</u> Is CTRN valuable to the Pacific Association?

Agreed among the attendees that pending improvements, *California Track & Running News* is a viable and valuable print publication for the Pacific Association.

Item #2: Ways to maximize the value of CTRN

• Cover as much less time sensitive material about the PA in CTRN, and for more time sensitive material, work with both the CTRN website and the PA's website to provide a compelling web presence.

- Christine Johnson said that CTRN is overdue for changes. She presented the following suggestions, which were met with approval from the subcommittee members.
  - o Provide four larger print issues per year (currently there are five). The issues would be Feb., May, Aug., Nov.
    - Content of the print CTRNs would be divided into age categories: Youth, Open, Masters
    - Subject matter would connect more closely to each age category.
    - Content would not be time sensitive: profiles, stories, nutrition, coaching tips, photos, etc.
    - After these CTRNs are published and mailed, links to electronic versions would be posted at pausatf.org
  - o Provide four "E-zines" electronic magazines that would be published in between the print issues.
    - These would immediately have links posted at pausatf.org.
    - Material can be more time sensitive: results, top performances
    - Can include multi-media, links to additional material, etc.
  - o There will be no longer be a requirement for PA Road Grand Prix races to place ads in CTRN
    - Low rates will continue to be offered
    - For smaller PA Grand Prix events smaller ad sizes will also be an option.
  - o Gathering appropriate material will be a challenge.
    - Volunteers are not reliable and very difficult to manage.
    - Ongoing outreach within the pausatf.org for material submissions is important.
    - Consider creating a Google Doc and Google Calendar on the new CTRN page for editorial submissions.

#### Item #3 - Specific Questions for Christine

- Re: What is the ad content vs. editorial content? Industry standard is 50% ads, vs. 50% editorial; CTRN is 30% ads, 70% editorial. Editorial includes cover, table of contents pages, photos (anything that is not an ad).
- Re: Can the Pacific Association receive an annual schedule of deadlines for ads and editorial material, for both quarterly print CTRNs and E-zines? Yes. Cynci also suggested adding a CTRN icon to the front page of pausatf.org that would link to all things CTRN.
- Can youth content be expanded? Youth content is very important since youth are such a large component of our Association. Christine agreed and hopes to accomplish this with the age-based categories described above.
- Item #4 How can pausatf.org and caltrack.com websites become complimentary and synergistic for both editorial and ads?
- Pausatf.org tends to be a resource primarily for members with most of the traffic going to results, standings, etc.
- Film and photograph PA events and post on external websites, as Tom Bernard has done in 2012, 2013. Include links at pausatf.org and at caltrack.com. The logic is that these larger sites have huge traffic numbers so this builds exposure for our sites.
- Use social media to direct traffic to the two sites.
- Create links to material on other sites that have material pertinent to the PA (Flotrack.com, letsrun.com).
- Start to formulate a plan for ads. CTRN can offer packages to companies interested in placing ads on both sites.
- The pausatf.org renovation is building in ad space.

#### Action Items

#### From CTRN:

- Set up new publication schedule with quarterly print magazines and interim electronic magazines.
- Set up new layout for print issues, based on age categories.
- Provide the PA an advance schedule of deadlines for both ads and editorial
- Removal of PA Grand Prix Road Race ad requirement but continue outreaching to PA Grand Prix Road Race events with a range of discounted ad sizes and prices.

#### From PA/USATF:

- Create a CTRN page for pausatf.org. It be linked from an icon on the pausatf.org front page, have links to CTRN information (ad specs, deadlines, etc.), and a Google Doc and a Google Calendar for editorial submissions.
- Ongoing marketing/communications collaboration, especially as the new pausatf.org website goes live.
- Promotions for new events like the US National Outdoor T&F Championships (2014).
- Consider increasing a pausatf budget item for paid writers.

### **Marketing Committee**

John Rembao, Marketing Chair (rembao@gmail.com)

Our proposal for the Associations Grant was approved. Desiree Friedman (USATF Associate Director, Constituent Services) wrote:

"On behalf of the Associations Grants Committee of USA Track & Field, I am pleased to inform you that your Association's application for an Associations Grant for the project titled We are the Champions, "Join America's Team": Middle School Championships Awards Program (year 1 Santa Cruz County) has been favorably reviewed. An amount of \$800 has been approved for this project. ...

Congratulations on a successful application, we look forward to working with you to make your project happen!"

### **USATF Pacific Advertising policy**

In order to be able to provide our members with continually updated, high-quality information in a lively and effective manner at no cost to them, we have to seek funding through various sources. This includes advertisements and corporate sponsorships.

While we maintain a wall between our content and our sponsors, we see sponsors and advertisers as valuable contributors in our mission to develop the sports of track & field, cross-country, road and trail racing. The following rules guide our advertising policy:

- PAUSATF.org has the sole discretion for determining the types of advertising that will be accepted and displayed on our site. We retain the right to reject advertising that is contrary to our mission and will not accept advertising in any form for any products or services known to be harmful to health (such as tobacco products).
- All advertising on the site is will be clearly identified as advertising and is kept separate from editorial content.
- The appearance of any advertising at PAUSATF.org is neither an endorsement of nor a guarantee for the product, service, or company (or the claims made in such advertising) by PAUSATF.org.

Look at AARP as an example of how to do this: http://www.aarp.org/

Issues with Unrelated Business Income – not a donation!

http://www.irs.gov/charities/article/0,,id=156395,00.html

Other examples:

http://www.npr.org/blogs/health/

http://minnesota.publicradio.org/

http://www.chicagochildrensmuseum.org/index.php/about/mission-history

# **Association T&F Facility Inventory List Progress**

Bob Thompson, Officials Representative (bubbathompson52@yahoo.com)

Track and field facility surveys were mailed in June to all post secondary institutions located within the Pacific Association area. Exceptions were for those institutions where current information indicated minimal or nonexistent facilities for track and field. A follow up survey was sent in October to non responders to the June survey. To date, I have received responses from all 4 year post secondary institutions other than CSU Chico. With respect to community colleges, I have received responses from 12 and no responses from 8. My intent is to deliver surveys to T & F officials who reside near the 8 schools and ask them to fill out the survey as it can be 95% completed by just a visual inspection. In addition, an email follow-up will occur in an attempt to obtain a response. The state is divided into ten high school athletic "sections". Six of those sections exist in our association, which also includes several Reno high schools. There are 200+ high schools with all weather tracks. The survey will be slightly altered and either mailed or more than likely emailed, due to the high volume, to the sites in hopes of a response. I expect to complete the surveys from post secondary institutions by the end of the calendar year and ready for input into a designated area of the USATF Pacific Association website. Building a data base for high schools in our association area is more challenging and I expect to be collecting information through most of the spring of 2014.

## **Call for 2014 Track and Field Schedules**

Association scheduler Bill Hawkes needs T&F schedules with major meets or championships for inclusion into the Association master T&F schedule. Send meeting info along with a contact to Bill at flojo1049@yahoo.com.

### **LDR Committee**

Tom Bernhard, Men's LDR Chair: tlbernhard2@gmail.com

#### 2014 Road GP Schedule

| Race  | Date                 | Prize Money |
|---|----------------------|-------------|
| NorCal John Frank Memorial 10-Mile              | 3/1/2014             | \$4350      |
| Emerald Across the Bay 12K                      | 3/16/2014            | \$2900      |
| Credit Union SACTOWN Ten Mile Run               | 4/6/2014             | \$5800      |
| Zippy 5K  | 4/19/2014            | \$2900      |
| Pacific TherX 5K4Play                           | 5/10/2014            | \$2900      |
| Marin Memorial Day 10K                          | 5/26/2014            | \$2900      |
| Miracle Mile                                    | late June/early July | \$2900      |
| Humboldt Redwoods Half Marathon                 | 10/19/2014           | \$2900      |
| Clarksburg Country Run Half Marathon            | 11/9/2014            | \$2900      |
| Applied Materials Silicon Valley Turkey Trot 5K | 11/27/2014           | \$2900      |
|   | (open only)          |             |
| California International Marathon               | 12/7/2014            | \$2900      |
| Christmas Relays                                | 12/14/2014           | \$2900      |

#### **AADP**

Road GP, Short, Male - Adrian Sherrod; Ran CVS 5 km, 17th place, 15:02

Road GP, Long, Male - Stephan Shay; ran New Haven 20 km, 18th place, 1:04:31

Road GP, Short, Female - Ashley Carroll; ran Tufts 10 km, 51st place, 36:35

Road GP, Long, Female - Lauren Jimison; ran the .US 12 km, 13th place, 40:42

**2013 Road & XC Grand Prix** – proceeding just fine, no issues. Assoc. Champs at GG Park Sunday, 24 Nov.

**2013 LDR Banquet** – reached out to Sacramento area clubs (twice), no response. Spoke to WVTC (*last hosted in 2006*). If no Sacramento clubs volunteer soon, I will ask WVTC to host.

### **Membership Report**

Irene Herman, Membership chair iherman49@yanoo.com

Below is the year end membership report of 2013. We had a 1% growth from 2012, totaling 6911. If we hit 7000 we would have been eligible for one more delegate to the Annual Meeting. We can target that for next year since we have so many venues to cover.

| 2013 USATF- <i>Pacific</i> Membership Report |        |        |      |              |              |  |  |  |
|--|--------|--------|------|--------------|--------------|--|--|--|
| Membership                                   | May-12 | Sep-13 | _    | 31 Oct, 2013 | 31 Oct, 2012 |  |  |  |
| Total  | 4777   | 6830   |      | 6911         | 6836         |  |  |  |
| Coaches                                      | 389    | 444    | 444  | 448          |              |  |  |  |
| Level I                                      | 271    | 316    |      | 316          |              |  |  |  |
| Level II                                     | 63     | 95     |      | 97           |              |  |  |  |
| Level III                                    | 10     | 13     |      | 14           |              |  |  |  |
| Developmental                                | 27     |        |      | 1            |              |  |  |  |
| Officials                                    | 304    | 318    | 318  | 320          |              |  |  |  |
| Apprentice                                   |        |        |      | 2            |              |  |  |  |
| Association                                  | 185    | 204    |      | 203          |              |  |  |  |
| National                                     | 61     | 49     |      | 48           |              |  |  |  |
| Master                                       | 58     | 65     |      | 66           |              |  |  |  |
| Adult Athletes                               | 2281   | 2641   | 2641 | 2663         |              |  |  |  |
| Racewalking                                  | 107    | 125    |      | 125          |              |  |  |  |
| 40 & Older TF                                | 1083   | 813    |      | 1095         |              |  |  |  |
| T&F 19-39                                    | 1679   | 842    |      | 838          |              |  |  |  |
| MUT  | 954    | 1206   |      | 1083         |              |  |  |  |
| LDR  | 1599   | 1941   |      | 1955         |              |  |  |  |
| Cross Country                                | 1425   | 1737   |      | 1726         |              |  |  |  |
| Youth 3-18                                   | 1698   | 3329   | 3329 | 3378         |              |  |  |  |
| RW youth                                     | 92     | 170    |      | 171          |              |  |  |  |
| TF   | 1655   | 3233   |      | 3285         |              |  |  |  |
| XC   | 678    | 1278   |      | 1309         |              |  |  |  |
| Adult Disabled Athletes                      | 12     | 13     |      | 13           |              |  |  |  |
| Youth Disables Athletes                      | 1      | 2      |      | 2            |              |  |  |  |
| Other: Fans, Parent                          |        |        |      | 432          |              |  |  |  |
|  |        |        | 6732 |              |              |  |  |  |

## Race Walk Committee Report

Race Walk Committee Chair: Jon Price: <a href="mailto:iprice@unr.edu">iprice@unr.edu</a>

The Race Walking Committee finished its 2013 Grand Prix season with the final race, a 10K road race in Sacramento, on October 20. Grand Prix awards (engraved iced tea/smoothie/beer mugs) for the season were given three deep. In the team category, first place went to Sierra Race Walkers (33 points), second place to Marin Race Walkers (28 points), and third place to Pacific Racewalkers Organization (10 points). In the women's category, 1st place was Karen Stoyanowski (40 points, perfect score), 2nd place Susan Mears (33 points), and 3rd place Doris Cassels (28 points). In the men's category, 1st place was Alex Price (39 points), 2nd Joe Berendt (32 points), and 3rd Mark Green (29 points). In the age-graded athletes' category, 1st place was Doris Cassels (29

USATF Pacific Board of Athletics Complied Committee Reports: November 19, 2013 Meeting, page 10 points), 2<sup>nd</sup> Karen Stoyanowski (30 points), and 3<sup>rd</sup> Mark Green (29 points). Throughout the year, 26 athletes competed in the Grand Prix races.

The schedule for the 2014 season is coming together and will be posted on the PA/USATF website shortly after the national USATF convention. There will likely be one more Grand Prix race in 2014 than in 2013, with 1-mile, 1-hour postal, 3K, 5K, 10K, and 20K races in the coming year. In addition, several youth, all comers, and open track and field meets will feature race walks. The 2014 schedule will also include opportunities for training new Race Walk Judges and Race Walk Officials. If you would like to add one of those areas to your official's certification, come to the clinics at either American River College in Sacramento on Saturday, January 11, or Serra High School in San Mateo on Sunday, February 9. We need both judges (who judge the race-walking form) and officials (who help with such tasks as training lap scorers, recording information from the judges, and running the disqualification board to inform athletes that they may be out of form).

The Race Walking Committee expects to complete the revision of its Operating Procedures by the end of 2013.

### **Association Foundation**

Foundation Chair, Dennis Boyle: dkboyle@frontiernet.net

The Association foundation has been working diligently establishing itself and accomplished the following:

Development of a Foundation logo with help of Cynci Calvin



Development and Implementation of the Foundation Website on the PA Website with the help of Cynci: <a href="http://www.pausatf.org/data/indexpafoundation.html">http://www.pausatf.org/data/indexpafoundation.html</a>, or click on its link on the top of the PA website.

Development of the Olympic Development Grant form

Three meetings on June 12, July 29 and Annual Meeting November 18, 2013

Submission and Revision of Budget for 2014

Redirection of Foundation focus toward fund raising after PAUSATF budget changes

Refinement of Foundation bank account with Chase to be viewable by all Foundation Directors

Purchase of Director Liability Insurance

Purchase of domain name and director email addresses.

Re-election of three directors: Crowe, Evans and Rowbury for two more years until September, 2015

Developing a donation letter and donation form for distribution to PA USATF members via email

Developing an on-line Pay Pal donation capability on the donation area of the Foundation webpage