



Pacific Association USATF
2nd Annual Shor / Sheppard Classic
Mt. Pleasant High School
1750 S. White Road
San Jose, CA 95127

Saturday – April 20, 2013

February 28, 2013

Dear PA/USATF Clubs, Coaches, Parents and Athletes:

Hello everyone!! The Pacific Association of USA Track and Field (USATF) welcomes you to the 2nd Annual Shor/Sheppard Classic Track and Field track meet. We want to again show our appreciation to these two lifelong gentlemen for their time, energy and dedication to the youth track and field athletes of the Pacific Association. The competition will be held Saturday, April 20th at Mt. Pleasant High School in San Jose.

Our meet last year was a huge success with much more athlete participation than expected. Therefore, we want to keep this meet on a one-day schedule so have decided to eliminate two events, the hurdles and 3000 meter run.

Last year we only got one disabled athlete to participate in our meet. Help us make this a better year for our disabled athletes. We eliminated the 400m wheelchair race and added the 400m dash. Disabled athletes will register the day of the meet, not via Coach-O. **Therefore coaches and parents, if you know of any disabled athletes, please make them aware of this track meet. We would love their participation.**

For all questions regarding the 2nd Annual Shor / Sheppard Classic, please contact Meet Directors:

Alex Hill ahill@ebay.com or 408- 209-4386

Maria Castillo pa.youthvicechair@yahoo.com or 707-648-3423 or 510-612-6219

Joanne Slaton-Camargo pa.youthchair@yahoo.com or 510-535-2731 or 632-8004

NO LATE REGISTRATION – online registration will be available through – Coach-O

You must complete your registration process before 9 pm, April 16, 2013. Don't wait until the last minute.

Registration Deadline: before 9pm, April 16

- Cost is **\$6 per athlete** (no refunds) **This does not apply to disabled athletes**
 - 8 & under, 9-10, 11-12, can enter 1-3 events
 - 13-14, 15-18 can enter 1-4 events
 - Athletes are not allowed to compete in an older or younger age group
 - A relay counts as an event
 - **Unattached athletes cannot form a relay team**
- The 15-18 age groups are no longer allowed any false starts, same as their high school rule. 8 & under, 9-10, 11-12, 13-14 age groups are still allowed one false start.
- Because of a pending lawsuit, effective 2013, we can no longer use the age group names of subbantam, bantam, midget, youth, intermediate, young women and young men. They have been changed to the following:

Competition Age Groups

Age Group	Birth Year	Group No.	Maximum Events
8 & under	2005+	1	3 events
9-10	2003-2004	2	3 events
11-12	2001-2002	3	3 events
13-14	1999-2000	4	4 events
15-18	1995-1998, 1994after July 28 th	5/6	4 events

Results Posting

Results will be posted at a designated location during the meet as soon after the competition as possible. Check the Pacific Association website (www.pausatf.org) for final results after the meet is over

Awards

Awards will be available for pick up at the Awards table. Athletes can pick up their own awards. Medals are awarded to the overall top three places in each event. Ribbons will be awarded to all athletes in each event

Medical Services & Security

There will be qualified personnel available. Additional medical facilities are within minutes of the stadium. The local Fire Department Rescue Unit is located minutes from the stadium.

Shor / Sheppard Classic Track and Field Meet

Schedule of Events

(REVISED APRIL 6, 2013)

Track Events

Event	Age Group	Time
1500 meter racewalk	9-10, 11-12 girls / boys	8:30
3000 meter racewalk	13-14, 15-18 girls / boys	
4x100 meter relay	8 & under through 15-18 girls / boys	
800 meter dash	8 & under through 15-18 girls / boys	
50 meter dash	6 & under	
100 meter dash	8 & under through 15-18 girls / boys	
200 meter dash	8 & under through 15-18 girls / boys	
100 meter disabled *	All ages -- Exhibition event *	
400 meter dash	8 & under through 15-18 girls / boys	
400 meter disabled *	All ages -- Exhibition event *	
1500 meter run	8 & under through 15-18 girls / boys	
4x200 meter relay	8 & under through 15-18 girls / boys	

* Disabled athletes will register day of the meet, not via Coach-O

Field Events

Event	Age Group	Time
Long Jump	8 & under through 15-18 girls / boys	8:00
High Jump	9-10 through 15-18 girls / boys	8:00
Discus	11-12 through 15-18 girls / boys	8:00
Mini Javelin	9-10, 11-12, 8 & under girls / boys	8:00
Long Tom Turbo Jav	15-18, 13-14 girls / boys	Following mini jav
Shot Put	13-14, 15-18, 8 & under, 9-10, 11-12 girls / boys	8:00

Please note the order of participation pertaining to age groups for the field events.

This meet cannot happen without your support! Therefore, to sign you or your club up for a volunteer role, please contact Don Harding, taujay@msn.com

This is the only Pacific Association Youth Committee sponsored meet that does not require USATF membership to participate.