

Lower Calve



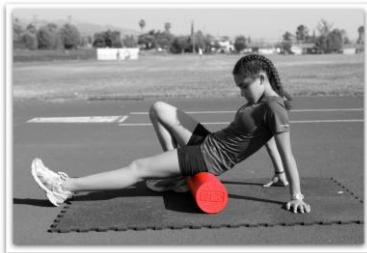
Upper Calve



Lower Hamstring



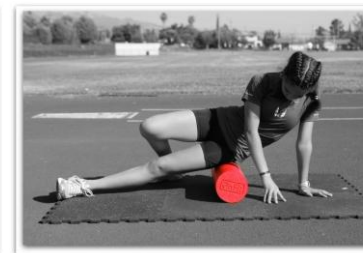
Upper Hamstring



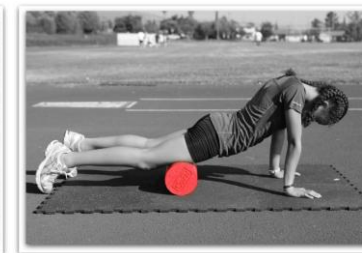
Glute



IT Band



Hip Flexor



Quadriceps



Upper Back