

Everything from the Youth Workshop can be found on the USATF Resource Center on the USATF website.

The Head Coach for the 2013 Youth World Team is one of our own, Lee Webb. Congratulations Lee! The Head Manager is Lisa Morgan from New Jersey. The Youth World Championships is for qualified athletes born in 1996 and 1997.

Lionel Leach was re-elected as the National Youth Chair, Ron Mascarenas was newly elected Executive Vice Chair, Dorothy Dawson is again Vice President of Administration, Sam Germany our re-elected Vice President of Operations and Linda Ellis again elected as Secretary. Our five At Large Delegates are Rubin Carter, Barbara Smith, Denise Smotherman, Byron Turner and Booker Woods. Our new USATF Youth Director is Arianna Allen.

TCLogic made a presentation. They are the only background checking company who screens for the Boy Scout Prevention List.

The 2014 Cross Country Nationals will be held in Myrtle Beach, South Carolina; the 2014 Youth Nationals contest in Bloomington, Illinois and the 2014 Junior Olympic Nationals will take place in Houston, Texas.

The use of laser measuring devices is being encouraged for some field events. They are moving forward regarding high jump and long jump. They will be separated into four flights on two separate pits to help with time constraints.

Coach-O is going to a single sign-in format. You will not have to wade through so many dates to get to what you are looking for either. You will set up your team account. It will expire in 2 years if you do not use it. Coach-O is also one of the sponsors of the USATF Youth Workshop. They are offering two scholarships this upcoming season. One is for \$1,000 and another for \$500. The purpose is for travel or equipment. Coach-O would prefer you use it for equipment but he admits it is your choice and he has no intentions of telling anyone how to use the funds. He did however say equipment would be used by many athletes for years to come whereas travel does not. Go to the Coach-O website for details.

USATF will be using a new production company for our ID cards starting in 2013. There is a quicker turnaround and better product for the same price. Previously it took up to 7 weeks; now it should be completed within 2 weeks. The new company name is Infinity Direct.

Moving forward, clubs must register their members using the true athlete contact information. The coach cannot use their own address. USATF is asking that everyone please adhere to this rule.

The most major change for this upcoming year for youth is the change to the labeling of our youth age groups. Currently they are listed as subbantam, bantam, midget, youth, intermediate, young woman, young man. Because of a pending lawsuit regarding the age group "midget" the change has to take place. The new age group categories will be as follows: 8 and under, 9-10, 11-12, 13-14, 15-16, 17-18.

Also starting in 2013, at the Junior Olympic National meets, the 100 will be run on both sides of the track. The meet now has almost 8,000 athletes which translates into a much longer meet than our previous 5,000 - 6,000 athlete entries.

We presently have 4 zones - North, South, East and West. We are adding another zone to help even out the numbers in each of the zones. We will be notified when this takes place.

There have been too many young youth athletes dying from SCA (sudden cardiac arrest); a electrical disruption of the hearts natural rhythm. The AHA (American Heart Association) study said every athlete should be screened. It is not done because people believe it to be too costly. It is not the same as a heart attack where one or more of the hearts main blood vessels becomes blocked preventing blood from reaching the heart. SCA usually strikes suddenly without warning causing the athlete to collapse. Athletes are not usually identified as "at risk". Death is usually associated with intense physical activity. The highest risk factor sports are basketball, football and track. Hypertrophic Cardiomyopathy is a hereditary disease where the heart muscle becomes thick. It too is brought on by intense exertion. Checkout www.heart.org for more information. USATF would like every coach, parent and volunteer to become CPR certified, not just certain people. They want associations to establish a CPR program showing the benefits to athletes and showing the statistics of SCA and SCD. The certification is good for two years. All 57 associations are encouraged to purchase an AED and carry it to all youth meets.

Maine, Texas and Illinois are the only states that offer racewalking in high school. There is a push to get racewalk recognized as an event across the country. A \$50,000 grant was given to teach racewalking to students, starting in elementary school. This event will also help with the obesity problem we have in this country today. And besides, running is not for everyone. There is a 6-day racewalk camp hosted every year in Texas immediately after Christmas for one week starting December 26th. They have found that to be the best time to host it. There are absolutely no conflicts with anything else. If anyone is interested in attending this racewalk camp, you can

call 480-888-7613. NARI (National Association Racewalking Institute) will put on clinics in your area if you are really serious about hosting a clinic. Call 956-821-6659 regarding hosting a clinic. www.racewalk.com

Starting November 2012, we can register our club online. With the implementation of online club registration, new regulations will apply for youth clubs. Before a youth club will be allowed registration, they will have to have at least one background checked coach registered. Lori Bird (club membership) lori.bird@usatf.org 317-713-4665 and Marilyn Turner (individual membership) marilyn.turner@usatf.org 317-713-4693 are in charge of membership applications. Before they approve a club's membership, the system will check to see if they have a background cleared coach on the team. Our problem; they must be cleared through TCLogic. I talked to Irene, who talked to someone else from New Jersey. There is now a hold on moving forward to make it mandatory at this time. With online registration you can:

- fill out and pay online for club registration
- purchase certificate of insurance and download those certificates
- associations can check all aspects of information on any club
- clubs can update profiles, add practice dates, add practice facilities

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