

# California Golden Bears

## 2015 All-Comers Track & Field Meet Info

- Date:** Saturday, January 24<sup>th</sup>
- Divisions:** Junior High, High School, Open, Masters, Male and Female athletes  
**All participants must be 13 years of age or older to participate.**
- Rules:** Meet will be conducted under USATF rulings
- Entry Fee:** \$5 per athlete, \$4 per spectator (anyone who enters the stadium) paid on arrival
- Registration:** 7am to **12:30pm** ONLY. Registration closes promptly at 12:30pm.
- Medical:** Please note that there will be no medical staff on the track during the meet. Participants are responsible for their own medical supplies. You are competing at your own risk.
- Waivers:** **All participants must sign Waiver of Liability, Assumption of Risk, and Indemnity Agreement. Parents must sign waivers for minors! No exceptions!**  
Forms are online at Calbears.com on the Track & Field page under "Links".
- Field Events:** Throws: Weigh-ins are 7am to noon ONLY. Jumps: LJs and TJs will have open pits – All jumps must be contested within the open pit windows.
- Facility:** In August 2012, the eight-lane track at George C. Edwards Stadium was resurfaced with Beynon BSS 2000 Hobart. **Spikes must be under 9mm. Needle spikes NOT allowed.**
- Parking:** Due to a Cal basketball game, parking on Frank Schlessinger Way, Bancroft Way and Haas Pavilion lots will not be available. Parking will be available on street or for pay at the campus's University Hall Structure or Genetics Garage.
- Questions:** [chasdavis@berkeley.edu](mailto:chasdavis@berkeley.edu). In case of inclement weather, check twitter @Cal\_Track for meet status updates.
- Results:** Posted at the conclusion of each event at [www.recordtiming.com](http://www.recordtiming.com)

### Time Schedule & Order of Event

	<u>Field Events</u>	<u>Track Events</u> <small>Male division, open to youngest competed first; female division, open to youngest follows.</small>
8am	Hammer Throw	
	Weight Throw Follows	<b>10:45am</b> Start of rolling schedule
10am	High Jump	1500 Race Walk
10:30am – 1	Open Long Jump	4x100m Relay
11am	Shot Put	1500m
11am	Javelin	60mHH
	Discus to follow	400m
12pm	Pole Vault – Two mixed	60m
	gender flights separated by	800m
	opening heights of 7' and 10'	300mIH
1:30pm – 4	Triple Jump	200m
		1500 Race Walk
		3200m
		4x400m Relay

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