

Top PA Road Grand Prix Divisional Male Performances

Open

Event	Time	First Name	Last Name	Age	Age Grade	Race Name	Race Location	Race Date	Record
Mile	4:04	AJ	Acosta	26	93.03%	Marin Miracle Mile	San Rafael, CA	7/13/2014	
Mile	4:07	Jamie	Harris	25	91.90%	Fleet Feet Mile	Sacramento, CA	7/7/1996	
Mile	4:08	Jim	Sorensen	36	94.03%	Fleet Feet Davis Mile	Davis, CA	7/13/2003	
Mile	4:09	Darius	Terry	23	91.16%	Marin Miracle Mile	San Rafael, CA	7/13/2014	
Mile	4:09	Michael	Coe	25	91.16%	Miracle Mile	San Rafael, CA	7/21/2013	
5 km	13:34	David	Torrence	28	95.73%	Silicon Valley Turkey Trot 5K	San Jose, CA	11/28/2013	
5 km	13:37	Scott	Bauhs	22	95.35%	Silicon Valley Turkey Trot 5K	San Jose, CA	11/20/2008	
5 km	13:43	Giliat	Ghebray	24	94.65%	Silicon Valley Turkey Trot 5K	San Jose, CA	11/20/2008	
5 km	13:47	Scott	Bauhs	24	94.20%	Silicon Valley Turkey Trot 5K	San Jose, CA	11/25/2010	
5 km	13:47	Shadrack	Biwott	28	94.22%	Silicon Valley Turkey Trot 5K	San Jose, CA	11/28/2013	
8 km	23:32	Gregory	Jimmerson	28	90.08%	Shriners 8K	Sacramento, CA	6/21/2003	
8 km	23:41	Peter	Gilmore	25	89.51%	Shriners 8K	Sacramento, CA	6/22/2002	
8 km	23:41	Daniel	Nelson	38	92.10%	Shriners 8K	Sacramento, CA	6/22/2002	
8 km	23:41	Peter	Gilmore	25	89.51%	Shriners 8K	Sacramento, CA	6/22/2002	
8 km	23:50	Peter	Gilmore	26	88.95%	Shriners 8K	Sacramento, CA	6/21/2003	
10 km	29:32	Peter	Gilmore	26	90.46%	Heritage Oaks Bank 10K	Paso Robles, CA	9/28/2003	
10 km	29:36	Phillip	Reid	22	90.26%	Marin Memorial Day 10K	Kentfield, CA	5/26/2008	
10 km	29:36	Sergio	Reyes	28	90.26%	Marin Memorial Day 10K	Kentfield, CA	5/31/2010	
10 km	29:39	Gary	Stolz	28	90.11%	Marin Memorial Day 10K	Kentfield, CA	9/4/2000	
10 km	29:46	Peter	Gilmore	24	89.75%	Heritage Oaks Bank 10K	Paso Robles, CA	9/30/2001	
12 km	36:23	Kalid	Abdalah	23	88.96%	Across the Bay 12K	San Francisco, CA	3/23/2003	
12 km	36:26	Crosby	Freeman	25	88.84%	Across the Bay 12K	San Francisco, CA	3/15/2009	
12 km	36:36	Sergio	Reyes	31	88.43%	Across the Bay 12K	San Francisco, CA	3/17/2013	
12 km	36:38	Thomas	Greenless	29	88.35%	Across the Bay 12K	San Francisco, CA	3/18/2012	
12 km	36:42	Brian	Medigovich	25	88.19%	Across the Bay 12K	San Francisco, CA	3/17/2013	
10 Mile	47:37	Tesfaye	Alemayehu	28	92.40%	Credit Union Sactown Ten Mile Run	Sacramento, CA	4/1/2012	
10 Mile	47:42	Tesfaye	Alemayehu	29	92.24%	Credit Union Sactown Ten Mile Run	Sacramento, CA	4/7/2013	
10 Mile	47:59	Shadrack	Biwott	29	91.70%	Credit Union Sactown Ten Mile Run	Sacramento, CA	4/6/2014	
10 Mile	48:03	Tesfaye	Alemayehu	30	91.57%	Credit Union Sactown Ten Mile Run	Sacramento, CA	4/6/2014	
10 Mile	48:18	Peter	Julian	32	91.24%	California 10-Mile	Stockton, CA	1/11/2004	
Half Marathon	1:05:12	Juerg	Stalder	32	89.56%	Humboldt Redwoods Half Marathon	Weott, CA	10/21/2001	
Half Marathon	1:05:19	Sergio	Reyes	35	89.83%	Clarksburg Country Run Half Marathon	Clarksburg, CA	11/6/2016	
Half Marathon	1:05:21	Sean	Davidson	23	89.34%	Humboldt Redwoods Half Marathon	Weott, CA	10/18/2015	
Half Marathon	1:05:33	Sergio	Reyes	36	89.79%	Clarksburg Country Run Half Marathon	Clarksburg, CA	11/12/2017	
Half Marathon	1:05:37	Sergio	Reyes	26	88.98%	Humboldt Redwoods Half Marathon	Weott, CA	10/19/2008	
Marathon	2:13:29	Malcolm	Richards	35	92.57%	California International Marathon	Sacramento, CA	12/3/2017	
Marathon	2:14:02	Peter	Gilmore	27	91.73%	California International Marathon	Sacramento, CA	12/5/2004	
Marathon	2:15:34	Miguel	Nuci	27	90.69%	California International Marathon	Sacramento, CA	12/3/2006	
Marathon	2:16:18	Sergio	Reyes	37	91.28%	California International Marathon	Sacramento, CA	12/2/2018	
Marathon	2:16:39	Jameson	Mora	30	89.97%	California International Marathon	Sacramento, CA	12/7/2014	

40-49

Mile	4:26	Jim	Sorensen	46	94.10%	Marin Miracle Mile	San Rafael, CA	7/13/2014
Mile	4:28	Daniel	Gruber	40	89.43%	Fleet Feet Mile	Sacramento, CA	7/7/1996
Mile	4:29	Joerg	Herbrechtsmeier	40	89.43%	Fleet Feet Mile	Sacramento, CA	7/7/1996
Mile	4:29	Jim	Sorensen	43	91.03%	Downtown San Rafael Mile	San Rafael, CA	6/6/2010
Mile	4:30	Steve	Haase	43	90.69%	Fleet Feet Mile	Sacramento, CA	7/7/2002
5 km	14:56	Alfredo	Vigueras	41	92.45%	Zippy 5K	San Francisco, CA	5/9/2004
5 km	14:58	Alfredo	Vigueras	40	91.59%	Zippy 5K	San Francisco, CA	5/11/2003
5 km	14:59	Ivan	Huff	41	92.14%	Zippy 5K	San Francisco, CA	5/29/2000
5 km	15:03	Neville	Davey	40	91.09%	Silicon Valley Turkey Trot 5K	San Jose, CA	11/25/2015
5 km	15:04	Jim	Sorensen	40	90.99%	Silicon Valley Turkey Trot 5K	San Jose, CA	11/22/2007
8 km	24:19	Danny	Gonzalez	41	91.68%	Shriners 8K	Sacramento, CA	6/21/2003
8 km	24:23	Alfredo	Vigueras	41	91.43%	Shriners 8K	Sacramento, CA	6/19/2004
8 km	25:05	Brad	Hawthorne	43	90.26%	Shriners 8k	Sacramento, CA	6/26/1999
8 km	25:28	Lloyd	Stephenson	45	90.29%	Shriners 8K	Sacramento, CA	6/17/2000
8 km	25:45	Jose	Aispuro	44	88.60%	Shriners 8K	Sacramento, CA	6/24/2006
10 km	30:47	Daniel	Nelson	40	90.03%	Pacific Sun 10K	Kentfield, CA	5/31/2004
10 km	30:56	Alfredo	Vigueras	40	89.59%	Heritage Oaks Bank 10K	Paso Robles, CA	9/28/2003
10 km	30:59	Alfredo	Vigueras	40	89.45%	Pacific Sun 10K	Kentfield, CA	5/26/2003
10 km	31:00	Danny	Gonzalez	41	90.09%	Pacific Sun 10K	Kentfield, CA	5/26/2003
10 km	31:03	Ivan	Huff	42	90.76%	Heritage Oaks Bank 10K	Paso Robles, CA	9/30/2001
12 km	37:17	Alfredo	Vigueras	40	89.85%	Across the Bay 12K	San Francisco, CA	3/23/2003
12 km	38:14	Miguel	Tibaduiza	40	87.62%	Houlihan's to Houlihan's 12K	San Francisco, CA	3/23/1997
12 km	38:20	Brad	Hawthorne	41	88.05%	Houlihan's to Houlihan's 12K	San Francisco, CA	3/23/1997
12 km	38:23	Brad	Hawthorne	43	89.35%	Houlihan's to Houlihan's 12K	San Francisco, CA	3/28/1999
12 km	38:30	Danny	Gonzalez	41	87.67%	Across the Bay 12K	San Francisco, CA	3/21/2004
10 Mile	52:21	Danny	Gonzalez	41	87.32%	NorCal John Frank Memorial 10-Mile	Redding, CA	3/6/2004
10 Mile	52:27	Danny	Gonzalez	42	87.85%	California 10 Mile	Stockton, CA	1/9/2005
10 Mile	52:31	Armando	Siqueiros	41	87.05%	California 10 Mile	Stockton, CA	1/9/2000
10 Mile	52:58	Miguel	Tibaduiza	40	85.68%	California 10-Mile	Stockton, CA	2/23/1997
10 Mile	53:02	Daniel	Nelson	40	85.58%	NorCal John Frank Memorial 10-Mile	Redding, CA	3/5/2005
Half Marathon	1:08:09	Miguel	Tibaduiza	40	88.09%	Humboldt Redwoods Half Marathon	Weott, CA	10/19/1996
Half Marathon	1:09:11	Neville	Davey	40	86.78%	Clarksburg Country Run Half Marathon	Clarksburg, CA	11/8/2015
Half Marathon	1:09:20	Brad	Hawthorne	43	88.58%	Humboldt Redwoods Half Marathon	Weott, CA	10/17/1999
Half Marathon	1:11:09	Lloyd	Stephenson	41	84.96%	Humboldt Redwoods Half Marathon	Weott, CA	10/19/1996
Half Marathon	1:11:41	Christopher	Knorzer	43	85.68%	Humboldt Redwoods Half Marathon	Weott, CA	10/21/2012
Marathon	2:19:48	Brad	Hawthorne	43	92.52%	California International Marathon	Sacramento, CA	12/6/1998
Marathon	2:20:41	Alfredo	Vigueras	40	89.87%	California International Marathon	Sacramento, CA	12/7/2003
Marathon	2:22:42	Farley	Simon	40	88.60%	California International Marathon	Sacramento, CA	12/3/1995
Marathon	2:23:20	Miguel	Tibaduiza	40	88.20%	California International Marathon	Sacramento, CA	12/8/1996
Marathon	2:29:58	Robert	Weiner	43	86.25%	California International Marathon	Sacramento, CA	12/7/2008

50-59

Mile	4:50	Kevin	Ostenberg	52	90.31%	Miracle Mile	San Rafael, CA	7/21/2013	
Mile	4:50	Kevin	Ostenberg	51	89.62%	Downtown San Rafael Mile	San Rafael, CA	7/15/2012	
Mile	4:52	Ewar	Gordillo	51	89.01%	Fleet Feet Mile	Sacramento, CA	7/7/1996	
Mile	4:52	Douglas	Murdoch	50	88.33%	Marin Miracle Mile	San Rafael, CA	7/12/2015	
Mile	4:53	Michael	Dove	50	88.03%	Fleet Feet Mile	Sacramento, CA	6/29/1997	
5 km	16:20	Tom	LeGan	51	91.01%	Morgan Hill Freedom Fest 5K	Morgan Hill, CA	7/4/2018	
5 km	16:24	Brian	Pilcher	52	91.34%	Banana Chase 5K	San Francisco, CA	9/14/2008	
5 km	16:30	Brian	Pilcher	51	90.09%	Zippy 5k	San Francisco, CA	4/20/2008	
5 km	16:32	Brian	Pilcher	55	92.76%	Zippy 5K	San Francisco, CA	4/22/2012	
5 km	16:34	Iain	Mickle	50	89.05%	Zippy 5k	San Francisco, CA	4/24/2011	
8 km	26:40	Brian	Pilcher	56	94.37%	Marin Memorial Day 10K	Kentfield, CA	5/27/2013	M55-59 AR
8 km	26:50	Michael	Dove	50	89.19%	Fifty-Plus 8K	Palo Alto, CA	4/6/1997	
8 km	27:16	Don	Paul	51	88.49%	Shriners 8K	Sacramento, CA	6/22/2002	
8 km	27:18	Michael	Dove	51	88.39%	Fifty-Plus 8K	Palo Alto, CA	4/6/1998	
8 km	27:22	Michael	Dove	52	88.90%	Shriner's 8K	Sacramento, CA	6/26/1999	
10 km	32:57	Brian	Pilcher	55	95.18%	Marin Memorial Day 10K	Kentfield, CA	5/28/2012	
10 km	33:13	Brian	Pilcher	52	92%	Marin Memorial Day 10K	Kentfield, CA	5/25/2009	
10 km	33:42	Iain	Mickle	50	89.15%	Marin Memorial Day 10K	Kentfield, CA	5/30/2011	
10 km	33:47	Brian	Pilcher	56	93.66%	Marin Memorial Day 10K	Kentfield, CA	5/27/2013	
10 km	33:55	Michael	Dove	50	88.58%	Pacific Sun 10K	Kentfield, CA	9/8/1997	
12 km	40:23	Sal	Vasquez	54	93.12%	Houlihan's to Houlihan's 12K	San Francisco, CA	3/27/1994	
12 km	41:42	Michael	Dove	50	87.12%	Houlihan's to Houlihan's 12K	San Francisco, CA	3/23/1997	
12 km	42:18	Dan	Sauers	50	85.89%	Houlihan's to Houlihan's 12K	San Francisco, CA	3/25/2001	
12 km	42:23	Iain	Mickle	53	87.96%	Across the Bay 12K	San Francisco, CA	3/16/2014	
12 km	42:26	Dan	Preston	53	87.86%	Houlihan's to Houlihan's 12K	San Francisco, CA	3/24/1996	
10 Mile	54:42	Brian	Pilcher	55	94.06%	Credit Union SACTOWN Ten Mile Run	Sacramento, CA	4/1/2012	
10 Mile	55:02	Iain	Mickle	52	91.04%	NorCal John Frank Memorial 10-mile	Redding, CA	3/2/2013	
10 Mile	55:44	Iain	Mickle	53	90.69%	Credit Union Sactown Ten Mile Run	Sacramento, CA	4/6/2014	
10 Mile	55:57	Iain	Mickle	50	88.02%	NorCal John Frank Memorial 10-mile	Redding, CA	3/5/2011	
10 Mile	55:57	Brian	Pilcher	56	92.79%	Credit Union Sactown Ten Mile Run	Sacramento, CA	4/1/2013	
Half Marathon	1:12:53	Brian	Pilcher	55	93.45%	Clarksburg County Run Half Marathon	Clarksburg, CA	11/13/2011	
Half Marathon	1:13:09	Brian	Pilcher	55	93.11%	Humboldt Redwoods Half Marathon	Weott, CA	10/16/2011	
Half Marathon	1:13:58	Iain	Mickle	52	89.63%	Humboldt Redwoods Half Marathon	Weott, CA	10/20/2013	
Half Marathon	1:15:24	Don	Paul	50	86.41%	Humboldt Redwoods Half Marathon	Weott, CA	8/15/2000	
Half Marathon	1:16:01	Iain	Mickle	51	86.45%	Humboldt Redwoods Half Marathon	Weott, CA	10/21/2012	
Marathon	2:36:18	Brian	Pilcher	55	91.77%	California International Marathon	Sacramento, CA	12/4/2011	
Marathon	2:36:33	Rich	Hanna	50	87.64%	California International Marathon	Sacramento, CA	12/7/2014	
Marathon	2:39:56	Iain	Mickle	52	87.30%	California International Marathon	Sacramento, CA	12/3/2017	
Marathon	2:40:37	Iain	Mickle	53	87.70%	California International Marathon	Sacramento, CA	12/8/2013	
Marathon	2:42:37	Dave	Stephans	52	85.86%	California International Marathon	Sacramento, CA	12/4/2011	

60-69

Mile	5:08	Donald	Porteous	60	90.64%	Fleet Feet Davis Mile	Davis, CA	7/9/2006
Mile	5:09	Doug	Steedman	60	90.35%	Marin Miracle Mile	San Rafael, CA	7/12/2015
Mile	5:10	Tom	Bernhard	64	93.13%	Marin Miracle Mile	San Rafael, CA	7/12/2015
Mile	5:14	Frank	Condon	63	91.16%	Fleet Feet Davis Mile	Davis, CA	7/9/2006
Mile	5:21	Tom	Bernhard	65	90.71%	Miracle Mile	San Rafael, CA	7/30/2016
5 km	17:17	Tom	Bernhard	64	95.54%	Morgan Hill Freedom Fest 5K	Morgan Hill, CA	7/4/2016
5 km	17:37	Joachim	Bechtle	60	90.64%	Jamba Juice 5K	San Francisco, CA	9/19/2004
5 km	17:40	Tom	Bernhard	63	92.67%	Morgan Hill Freedom Fest 5K	Morgan Hill, CA	7/4/2015
5 km	17:58	Brian	Pilcher	61	89.61%	Reach for a Star 5K	Brisbane, CA	3/11/2018
5 km	17:59	Donald	Porteous	60	88.79%	Zippy 5K	San Francisco, CA	4/29/2007
8 km	29:02	Chuck	MacDonald	60	89.76%	Shriners 8K	Sacramento, CA	6/23/2007
8 km	30:31	Karl	Gripenburg	60	85.40%	Fifty Plus 8K	Palo Alto, CA	3/29/1998
8 km	30:35	Mike	Ammon	60	85.21%	Shriners 8k	Sacramento, CA	6/25/2005
8 km	30:35	Robert	Gormley	60	85.21%	Fifty Plus 8K	Palo Alto, CA	3/17/2002
8 km	30:39	Stephen	Lyons	60	85.03%	Shriners 8K	Sacramento, CA	6/23/2001
10 km	36:57	Chuck	MacDonald	61	89.60%	Marin Memorial Day 10K	Kentfield, CA	5/26/2008
10 km	37:14	Tom	Bernhard	63	90.59%	Marin Memorial Day 10K	Kentfield, CA	5/25/2015
10 km	37:18	Tom	Bernhard	64	91.29%	Marin Memorial Day 10K	Kentfield, CA	5/30/2016
10 km	37:26	Doug	Steedman	62	89.27%	Marin Memorial Day 10K	Kentfield, CA	5/29/2017
10 km	37:27	Jacob	Nur	62	89.23%	Super Sunday Run 10K	Sacramento, CA	2/4/2018
12 km	46:34	Robert	Gormley	60	85.24%	Houlihan's to Houlihan's 12K	San Francisco, CA	3/24/2002
12 km	47:44	Robert	Gormley	61	83.94%	Across the Bay 12K	San Francisco, CA	3/23/2003
12 km	48:14	Michael	Dove	61	83.07%	Across the Bay 12K	San Francisco, CA	3/16/2008
12 km	48:17	Len	Goldman	60	82.21%	Across the Bay 12k	San Francisco, CA	3/20/2005
12 km	48:33	Russ	Kiernan	63	84.10%	Houlihan's to Houlihan's 12K	San Francisco, CA	3/25/2001
10 Mile	1:01:06	Jacob	Nur	62	89.85%	NorCal John Frank Memorial 10-Mile	Redding, CA	3/3/2018
10 Mile	1:01:29	Jacob	Nur	62	89.29%	Credit Union SACTOWN Ten Mile Run	Sacramento, CA	4/8/2018
10 Mile	1:02:32	Doug	Steedman	62	87.79%	NorCal John Frank Memorial 10-Mile	Redding, CA	3/3/2018
10 Mile	1:03:09	Chuck	MacDonald	61	86.10%	NorCal John Frank Memorial 10-mile	Redding , CA	3/1/2008
10 Mile	1:03:39	Tom	Cushman	60	84.63%	Credit Union Sactown Ten Mile Run	Sacramento, CA	4/6/2014
Half Marathon	1:18:26	Jacob	Nur	63	93.63%	Urban Cow Half Marathon	Sacramento, CA	10/7/2018
Half Marathon	1:20:17	Jacob	Nur	62	90.58%	Clarksburg Country Run Half Marathon	Clarksburg, CA	11/12/2017
Half Marathon	1:21:09	Brian	Pilcher	60	87.92%	Clarksburg Country Run Half Marathon	Clarksburg, CA	11/6/2016
Half Marathon	1:23:57	Brian	Davis	60	84.99%	Humboldt Redwoods Half Marathon	Weott, CA	10/18/2015
Half Marathon	1:24:06	Terry	Baucom	62	86.47%	Urban Cow Half Marathon	Sacramento, CA	10/7/2018
Marathon	2:47:57	Jacob	Nur	63	92.08%	California International Marathon	Sacramento, CA	12/2/2018
Marathon	2:49:58	Jacob	Nur	61	89.24%	California International Marathon	Sacramento, CA	12/4/2016
Marathon	2:54:17	Jacob	Nur	62	87.87%	California International Marathon	Sacramento, CA	12/3/2017
Marathon	2:58:19	Chuck	MacDonald	61	85.06%	California International Marathon	Sacramento, CA	12/2/2007
Marathon	3:06:01	Frank	Rouna	62	82.33%	California International Marathon	Sacramento, CA	12/2/2007

70-79

Mile	5:57	Hans	Schmid	72	87.72%	Downtown San Rafael Mile	San Rafael, CA	7/15/2012
Mile	5:58	Hans	Schmid	70	85.31%	Downtown San Rafael Mile	San Rafael, CA	6/6/2010
Mile	6:02	Len	Goldman	70	84.36%	Marin Miracle Mile	San Rafael, CA	7/12/2015
Mile	6:03	Hans	Schmid	71	85.15%	Downtown San Rafael Mile	San Rafael, CA	6/5/2011
Mile	6:04	Hans	Schmid	73	87.26%	Marin Miracle Mile	San Rafael, CA	7/21/2013
5 km	20:12	Hans	Schmid	70	86.47%	Zippy 5K	San Francisco, CA	4/18/2010
5 km	20:18	Hans	Schmid	73	89.49%	Zippy 5K	Brisbane, CA	4/21/2013
5 km	20:24	Len	Goldman	70	85.62%	Reach for a Star 5K	Brisbane, CA	3/22/2015
5 km	20:26	Len	Goldman	70	85.48%	Morgan Hill Freedom Fest 5K	Morgan Hill, CA	7/4/2015
5 km	20:32	Hans	Schmid	72	87.23%	Zippy 5K	San Francisco, CA	4/22/2012
8 km	34:49	Tom	Guldman	70	82.27%	Shriners 8K	Sacramento, CA	6/21/2003
8 km	35:06	Tom	Guldman	71	82.58%	Shriners 8K	Sacramento, CA	6/19/2004
8 km	35:07	Tom	Guldman	70	81.57%	Fifty Plus 8K	Palo Alto, CA	3/16/2003
8 km	35:31	Neal	Chappell	70	80.65%	Shriners 8K	Sacramento, CA	6/20/2009
8 km	36:03	Tom	Guldman	72	81.45%	Shriners 8k	Sacramento, CA	6/25/2005
10 km	40:45	Hans	Schmid	72	90.92%	Marin Memorial Day 10K	Kentfield, CA	5/28/2012
10 km	42:16	Hans	Schmid	73	88.88%	Marin Memorial Day 10K	Kentfield, CA	5/27/2013
10 km	42:17	Len	Goldman	70	85.49%	Marin Memorial Day 10K	Kentfield, CA	5/25/2015
10 km	42:22	Donald	Porteous	70	85.32%	Marin Memorial Day 10K	Kentfield, CA	5/29/2017
10 km	42:30	Hans	Schmid	70	85.05%	Marin Memorial Day 10K	Kentfield, CA	5/31/2010
12 km	51:35	Russ	Kiernan	70	84.85%	Across the Bay 12K	San Francisco, CA	3/16/2008
12 km	52:04	Hans	Schmid	73	87.32%	Across the Bay 12k	San Francisco, CA	3/17/2013
12 km	52:24	Hans	Schmid	70	83.53%	Across the Bay 12K	San Francisco, CA	3/21/2010
12 km	54:21	Russ	Kiernan	71	81.47%	Across the Bay 12K	San Francisco, CA	3/15/2009
12 km	55:11	Russ	Kiernan	72	81.26%	Across the Bay 12K	San Francisco, CA	3/21/2010
10 Mile	1:11:45	Hans	Schmid	73	86.01%	NorCal John Frank Memorial 10-mile	Redding, CA	3/2/2013
10 Mile	1:11:57	Russ	Kiernan	70	82.63%	NorCal John Frank Memorial 10-mile	Redding, CA	3/1/2008
10 Mile	1:12:22	Russ	Kiernan	71	83.10%	NorCal John Frank Memorial 10-mile	Redding, CA	3/7/2009
10 Mile	1:13:28	Hans	Schmid	72	82.87%	Credit Union SACTOWN Ten Mile Run	Sacramento, CA	4/1/2012
10 Mile	1:13:59	Hans	Schmidt	70	80.36%	NorCal John Frank Memorial 10-mile	Redding, CA	3/6/2010
Half Marathon	1:33:50	Hans	Schmid	72	86.91%	Humboldt Redwoods Half Marathon	Weott, CA	10/21/2012
Half Marathon	1:35:35	Hans	Schmid	72	84.41%	Clarksburg County Run Half Marathon	Clarksburg, CA	11/11/2012
Half Marathon	1:35:42	Hans	Schmid	70	82.39%	Humboldt Redwoods Half Marathon	Weott, CA	10/17/2010
Half Marathon	1:35:55	Hans	Schmid	70	82.20%	Humboldt Redwoods Half Marathon	Weott, CA	10/16/2011
Marathon	3:32:34	Carl	Peterson	70	78.11%	California International Marathon	Sacramento, CA	12/9/2007
Marathon	3:36:38	Hans	Schmid	70	76.64%	California International Marathon	Sacramento, CA	12/3/2010
Marathon	3:44:22	Joe	Hurtado	72	75.73%	California International Marathon	Sacramento, CA	12/8/2013
Marathon	3:45:09	Joe	Hurtado	70	73.74%	California International Marathon	Sacramento, CA	12/4/2011
Marathon	3:45:12	Russ	Kiernan	71	74.54%	California International Marathon	Sacramento, CA	12/6/2009