

51st NORCAL - John Frank Memorial Run, PA/USATF 10-Mile Road Championship
 Lake Redding Park, Redding, CA, 3/5/2022

Place	Bib	Name	Age	Sex	City	Team	Time	Pace
1	42	Brendan Gregg	32	M	Davis		0:48:38	4:52
2	94	Sergio Reyes	40	M	Palmdale	HOKA AGGIES	0:50:47	5:05
3	44	Steven Grolle	26	M	Los Altos	Peninsula Distance	0:51:40	5:10
4	25	Michael Danielczuk	27	M	Berkeley	Strawberry Canyon T	0:53:14	5:20
5	61	Ryan LaChapelle	35	M	Roseville	SRA Elite	0:54:55	5:30
6	82	Chikara Omine	39	M	Sacramento	Excelsior	0:55:01	5:31
7	118	Gordon Sturgess	30	M	Paso Robles	Hoka Aggies	0:55:07	5:31
8	58	Steven Kool	27	M	Sunnyvale	Wolfpack RC	0:55:08	5:31
9	108	Carlos Siqueiros	41	M	San Jose	Hoka Aggies Running	0:55:46	5:35
10	55	Ben Keck	38	M	Redding	SRA Elite	0:55:56	5:36
11	139	Todd Rose	48	M	San Francisco	WVTC	0:56:56	5:42
12	68	David Mastro	50	M	Roseville	SRA Elite	0:57:01	5:43
13	95	JUAN RIVERA	41	M	Salinas	WESTVALLEY JOGGERS	0:57:16	5:44
14	1	Jameson Mora	38	M	Paso Robles	Hoka Aggies RC	0:57:20	5:44
15	38	Galen Farris	39	M	Sacramento	SRA Elite	0:58:02	5:49
16	6	Jonah Backstrom	48	M	San Francisco	West Valley Track C	0:58:13	5:50
17	138	Andy Crawford	39	M	Campbell	Wolfpack	0:58:16	5:50
18	132	Oliver Chan	40	M	San Francisco	Excelsior	0:58:57	5:54
19	80	Jacob Nur	66	M	Elk Grove	SRA Elite	0:59:11	5:56
20	63	Cliff Lentz	57	M	Brisbane	Excelsior	0:59:31	5:58
21	103	Karl Schnaitter	39	M	Santa Cruz	Excelsior	0:59:32	5:58
22	84	Justin Patananan	41	M	Porterville	Hoka Aggies Running	0:59:42	5:59
23	121	Lindsay Tollefson	36	F	Mammoth Lakes	SRA elite	0:59:52	6:00
24	73	Iain Mickle	61	M	Sacramento	SRA Elite	0:59:53	6:00
25	62	Jason Lee	46	M	San Francisco	Excelsior	1:00:18	6:02
26	18	Joel Brunk	35	M	San Francisco		1:00:27	6:03
27	52	Jorn T. Jensen	52	M	Morgan Hill	WVJS	1:00:51	6:06
28	17	Erik Brown	38	M	San Jose	Wolfpack	1:01:50	6:11
29	39	jerry flannigan	56	M	San Francisco	pamakids	1:01:55	6:12
30	72	Carolyn Menard	36	F	Sacramento	SRA Elite	1:02:06	6:13
31	14	Nick Bingham	50	M	Reno	Strawberry	1:02:20	6:14
32	12	Gwenaelle Begue	35	F	Sacramento	SRA	1:02:53	6:18
33	31	Roger Dix	54	M	Fair Oaks	Hokka Aggies	1:03:03	6:19
34	91	Jason Reed	43	M	Brisbane	Excelsior	1:03:21	6:21
35	97	Raymond Rodriguez	60	M	Los Banos	west valley joggers	1:03:29	6:21
36	22	KELLY Couch	44	F	Hillsborough	Impala Racing Team	1:03:51	6:24
37	37	Barry Farrara	59	M	Aromas	West Valley Joggers	1:03:52	6:24
38	10	Terry Baucom	65	M	El Dorado Hills	SRA Elite	1:04:10	6:25
39	65	Kirk Madgic	57	M	Anderson		1:04:19	6:26
40	131	Kazumi Nigro	47	F	Redding		1:04:24	6:27
41	122	Lauren VanCitters	33	F	San Francisco	Impala Racing Team	1:04:28	6:27
42	78	Mark Murray	59	M	Davis	SRA Elite	1:04:42	6:29
43	5	Thia Angelo	33	F	San Jose	Excelsior	1:04:56	6:30
44	120	Angela Tieri	37	F	Ashland		1:05:15	6:32
45	9	Alyson Barrett	43	F	San Francisco	WVTC	1:05:27	6:33
46	43	elizabeth gress	38	F	Berkeley	pamakids	1:05:41	6:35
47	36	Katie Famous	42	F	San Francisco	Impala	1:06:11	6:38
48	133	Eduardo Vasquez	49	M	Sausalito	pamakids	1:06:40	6:40
49	126	Georgia Wright-Simmons	31	F	Mill Valley	Impala Racing Team	1:06:48	6:41
50	92	Bill Reed	60	M	Reno		1:07:00	6:42
51	50	Peter Hsia	61	M	San Francisco	Excelsior	1:07:03	6:43
52	30	jacob dinardi	44	M	San Francisco	pamakids	1:07:06	6:43
53	4	Beverley Anderson-Abbs	57	F	Sacramento	Buffalo Chips	1:07:12	6:44
54	70	Mark McLauchlan	32	M	San Jose	Wolfpack Running Cl	1:07:15	6:44
55	102	Kimberly Sanchez	29	F	Richmond	Strawberry Canyon T	1:07:50	6:47
56	26	Jacy Dardine	39	M	Richmond	Strawberry Canyon T	1:07:53	6:48
57	124	Simone Ange Winkler	39	F	Santa Cruz	Excelsior Running C	1:08:03	6:49
58	116	Doug Steedman	66	M	San Francisco	Hoka Aggies	1:08:26	6:51
59	59	Megan Kossar	51	F	San Francisco	Impala	1:08:34	6:52
60	40	Samantha Forde	49	F	Santa Cruz	Impala Racing Team	1:09:00	6:54
61	67	Matthew Maki	32	M	Redding		1:09:44	6:59
62	128	Jen Yip	41	F	San Francisco	Impala racing team	1:09:55	7:00

63	109	Dan Sivolella	57	M	Piedmont	Strawberry Canyon T	1:10:39	7:04
64	96	Enrique Rodriguez	47	M	San Francisco	Pamakids 123	1:11:26	7:09
65	2	Alan Abbs	52	M	Sacramento	Buffalo Chips	1:11:54	7:12
66	83	John Ostezan	58	M	Reno		1:12:02	7:13
67	35	Nancy Eubanks	44	F	Turlock	West Valley Joggers	1:12:03	7:13
68	16	John Borsos	58	M	Sacramento		1:12:43	7:17
69	100	Anne Ruminski	40	F	Redwood City	Impalas	1:13:06	7:19
70	81	Thomas OConnor	66	M	Brentwood	WVJS	1:13:27	7:21
71	107	Patricia Shore	55	F	Mill Valley	Impala Racing Team	1:13:47	7:23
72	112	Rick Soper	61	M	Oakland	Lake Merritt Jogger	1:13:56	7:24
73	48	John Hirschberger	70	M	San Francisco	Tamalpa	1:14:10	7:25
74	24	Austin Dame	27	M	Redding		1:14:18	7:26
75	28	Brian Davis	66	M	Livermore	WVJS	1:14:24	7:27
76	93	Lisa Renteria	43	F	San Jose	Wolfpack	1:15:20	7:32
77	69	Fiona Mccusker	57	F	San Francisco	pamakids	1:15:44	7:35
78	29	Alan Dehlinger	61	M	Reno		1:16:02	7:37
79	137	Caroline Temmins	48	F	Campbell	Wolfpack	1:16:10	7:37
80	123	Joe Villalobos	46	M	Redding		1:17:10	7:43
81	134	Sadie Wilson	39	F	Susanville		1:17:20	7:44
82	129	Riya Young	54	F	San Francisco	LMJS	1:18:35	7:52
83	76	Roxi Mueller	51	F	Cottonwood		1:18:40	7:52
84	117	katia stern	25	F	San Francisco	pamakids	1:18:51	7:54
85	64	Thomas Lockhart	60	M	Aromas	West Valley Joggers	1:19:00	7:54
86	3	James Adams	31	M	Susanville		1:19:23	7:57
87	130	Jay Stewart	34	M	Redding		1:20:04	8:01
88	135	Craig Wilson	43	M	Susanville		1:20:38	8:04
89	115	Tayla Starr	16	F	Redding		1:21:07	8:07
90	13	Thomas Bey	56	M	Redding	Horsemen Athletic C	1:22:30	8:15
91	136	Maria Sosa	33	F	San Jose	Wolfpack	1:22:52	8:18
92	71	Antoinette McNulty	47	F	Redding		1:23:28	8:21
93	90	Jennifer Redmond	59	F	San Francisco		1:25:15	8:32
94	41	Gene French	75	M	San Bruno	Tamalpa Runners	1:25:17	8:32
95	105	Kristina Sepetys	59	F	Berkeley	LMJS	1:25:32	8:34
96	33	Dessa Eagleson	38	F	Redding		1:25:44	8:35
97	99	Jo Anne Rowland	73	F	Concord	impala racing team	1:25:48	8:35
98	114	Kelli Starr	44	F	Redding		1:26:25	8:39
99	88	Teresa Quan	60	F	Menlo Park	Impala	1:26:31	8:40
100	111	Vern Smith	64	M	Redding		1:26:43	8:41
101	75	James Morris	72	M	Albany	Tamalpa Runners	1:27:45	8:47
102	85	Elina Perkons	34	F	Redding		1:28:17	8:50
103	23	Debra Cramer	64	F	Alameda	LMJS	1:29:48	8:59
104	113	Joni Spicer	44	F	Anderson		1:30:07	9:01
105	27	Paul Davis	52	M	Redding	Why Me?	1:30:34	9:04
106	57	Glenn Kishi	60	M	El Dorado Hills	WVJS	1:30:42	9:05
107	66	Nathan Maki	30	M	Redding		1:33:56	9:24
108	46	Jeremy Harrigan	39	M	Redding		1:34:03	9:25
109	51	Aaron Jarvis	48	M	Cotati	Team 5 turtles	1:35:30	9:33
110	60	Maggi Kouffeld	36	F	Anderson	Team 5 Turtles	1:35:30	9:33
111	32	Anya Durgerian	20	F	San Francisco	pamakids	1:35:40	9:34
112	56	Jolene Kingsley	51	F	Redding		1:36:02	9:37
113	74	Joanna Mieling	13	F	Redding		1:36:15	9:38
114	45	JoAnn Hall	80	F	Redding	Sweatrc	1:36:33	9:40
115	15	Diane Bomberg	62	F	Oakland	Lake Merritt Jogger	1:37:37	9:46
116	87	Elizabeth Popoca	34	F	Redding		1:39:35	9:58
117	79	Frank Nigro	56	M	Redding		1:39:38	9:58
118	19	Donna Chan	70	F	San Francisco	Impala Racing Team	1:39:57	10:00
119	47	Irene Herman	72	F	San Francisco	Impala Racing Team	1:40:54	10:06
120	89	julios ratti	71	M	Oakland	ratti runner	1:45:53	10:36
121	7	Denise Barnhart	57	F	Cottonwood		1:48:49	10:53
122	98	Dalila Rodriguez	51	F	Los Banos	west valley joggers	1:48:51	10:54
123	86	Dale Pitman	66	F	San Francisco	Impala Racing Team	1:49:41	10:59
124	53	Michele Jordan	68	F	Chico	Lmjs	1:49:48	10:59
125	106	Shirley Shean	75	F	Concord	Impala Racing Team	1:50:10	11:01
126	20	Kyle Chauvin	33	M	Redding		1:53:08	11:19
127	8	Rachel Barnhart-Kalino	37	F	Anderson		1:54:41	11:29
128	11	Chewey Lam	42	M	Sausalitoisco	pamakids	2:07:50	12:47

129	54	Joe Kaniewski	56	M	San Francisco	Pamakids	2:08:29	12:51
130	125	Christy Wright	52	F	Redding		2:17:45	13:47