

Four PA Masters get ARs Ratified

PA LDR Masters, **Jenny Hitchings**, **Christine Kennedy**, **JoAnn Hall**, and **Jacob Nur** all had performances ratified as American records by the USATF Masters LDR Committee.

Sacramento's Hitchings' AR came at the USATF Masters 10 Mile Championships at the SACTOWN Run on 4/3/2022, where she ran a 1:00:38 (age grade 100.88%). She surpassed her own F55-59 record of 1:01:20 set in 2018 at the Buffalo Stampede.

Christine Kennedy of Redwood City, now running out of the UK, twice broke Kathryn Martin's 1:33:37 Half Marathon mark of 1:33:37 with her faster performance coming at the WMA Indoor World Championships in Torun POL. (Yes, they have a Half Marathon road race at an indoor championship.) There she ran a 1:31:38 (age grade 101.38%).

JoAnn Hall of Redding also had two performances under the old AR of 2:17:34 by Ginette Bedard. JoAnn's best mark came at the Shamrock'n Half Marathon in Sacramento where she ran 2:07:00 (age grade 89.95%).

It was, however, Elk Grove's Jacob Nur who had the biggest impact on the record book as he continued his incredible run of performances since turning 65. Nur set new ARs in the 5K, 10K, 10 Mile and Half Marathon. His performance at the Run to Feed Hungry 10K in 2021 was finally ratified. There he ran a 35:42 (age grade 96.22%) to break the PA's Brian Pilcher's mark of 36:35. Jacob twice broke the M65 10 Mile record with the faster performance coming at the USATF Masters 10 Mile Championships at the SACTOWN Run on 4/3/2022 where he ran 58:34 (age grade 97.27%) to break the Pilcher's mark of 59:42. Nur also took down Pilcher's Half Marathon M65 AR of 1:1:19:03 with a 1:18:00 at the 2022 edition of the Clarksburg Country Run (age grade 97.86%). It was in the 5K though that Nur ran his best race. Running an incredible 17:00 (age grade 99.41%) at the Run to Feed Hungry 5K to destroy the PA's Tom Bernhard's AR of 17:31.