Each athlete will have up to five performances listed in order of age-grade. (includes races that occurred after the previous year's voting)
Note: some performances in USATF Masters Road Championships may not be listed if they were not in the top five.
Performances in **BOLD** were run in a USATF Masters Road Championship.
Performances in RED indicate a time below the existing American Record for that age group.
Each listed athlete who competed in a USATF Masters Road Championship will have a summary of their National Championships
listed below their name.

Name				**Age**	**Hometown**		
Joshua Muxen				46	San Carlos CA		

2023 record in USATF Masters Road Championships: 1st in age group - 1

Age Grade	**Distance**	**Time**	**Race Name**	**Date**	**Championship Division Place**	**Comments**
91.02%	**10 Mile**	**52:15**	**USATF Masters 10 Mile Championships**	**4/2/2023**	**1**	**M45-49 AR (pending)**
90.34%	H Mar	1:09:33	Napa Valley Marathon, H Mar	3/5/2023		

Name				**Age**	**Hometown**		
Jamie Heilpern				**53**	San Francisco, CA		

2023 record in USATF Masters Road Championships: 1st in age group - 1; 2nd Male age grade - 1

Age Grade	**Distance**	**Time**	**Race Name**	**Date**	**Championship Division Place**	**Comments**
93.93%	5 km	15:56	Stow Lake Stampede 5K	6/3/2023		
93.75%	4 Mile	20:49	The Great Race, 4 Mile	4/29/2023		
93.64%	5 km	15:59	Freedom Run 5K	7/4/2023		
93.54%	Mile	4:42	Mile of Truth	5/7/2023		
93.34%	**10 Mile**	**54:06**	**USATF Masters 10 Mile Championships**	**4/2/2023**	**1**	

Name				**Age**	**Hometown**		
Christine Kennedy				68	Redwood City, CA		

2023 record in USATF Masters Road Championships: Did not compete

Age Grade	**Distance**	**Time**	**Race Name**	**Date**	**Championship Division Place**	**Comments**
101.12%	H Mar	1:31:38	WMA World Indoor Championships, H Mar	4/1/2023	1	F65-69 AR
99.94%	H Mar	1:32:43	Wokingham Half Marathon	2/26/2023		
99.77%	8 km	33:32:00	Terenure 5-Mile, Terenure, IRL	5/14/2023		F65-69 AR
98.58%	Marathon	3:17:28	Berlin Marathon	9/24/2023		

Name				**Age**	**Hometown**		
Jacob Nur				67/68	Elk Grove, CA		

2023 record in USATF Masters Road Championships: Did not compete

Age Grade	**Distance**	**Time**	**Race Name**	**Date**	**Championship Division Place**	**Comments**
99.38%	5 km	17:00	Run to Feed the Hungry 5K	11/24/2022		M65-69 AR
97.58%	10 Mile	59:39	Buffalo Stampede 10 Mile	9/10/2023		
96.55%	Marathon	2:47:30	Berlin Marathon	9/24/2023		
93.14%	Mile	5:19	Mile of Truth	5/7/2023		

Name | **Age** | **Hometown**

Robert Qualls 70/74 Reno, NV

2023 record in USATF Masters Road Championships: 1st in age group - 2; 3rd male age grade - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
93.47%	Mile	5:32	Fleet Feet Liberty Mile (National Senior Games)	7/7/2023		
93.19%	Mile	5:33	USATF Masters Mile Championships	6/24/2023	1	M70-74 AR (pending)
86.54%	5 km	20:09	USATF Masters 5 km Championships	2/25/2023	1	

Name | **Age** | **Hometown**

Jenny Hitchings 59/60 Sacramento, CA

2023 record in USATF Masters Road Championships: 1st in age group - 1; 1st female age grade - 1

Age Grade	Distance	Time	Race Name	Date	Championship Division Place	Comments
102.88%	Marathon	2:45:27	London Marathon	4/23/2023		F55-59 WR (AR pending)
101.97%	30 km	1:56:35	London Marathon, 30K split	4/23/2023		F55-59 AR (pending)
101.11%	25 km	1:36:55	London Marathon, 25K split	4/23/2023		F55-59 AR (pending)
100.65%	20 km	1:17:20	London Marathon, 20K split	4/23/2023		F55-59 AR (pending)
97.80%	15 km	58:55	London Marathon, 15K split	4/23/2023		F55-59 AR (pending)
101.72%	Marathon	2:49:43	Chicago Marathon	10/8/2023		F55-59 WR (AR pending)
100.84%	30 km	1:59:31	Chicago Marathon (30K split)	10/8/2023		F60-64 AR (pending)
99.91%	25 km	1:39:24	Chicago Marathon (25K split)	10/8/2023		F60-64 AR (pending)
98.94%	H Mar	1:23:39	Chicago Marathon (H Mar split)	10/8/2023		F60-64 AR (pending)
99.59%	20 km	1:19:12	Chicago Marathon (20K split)	10/8/2023		F60-64 AR (pending)
98.46%	15 km	59:17	Chicago Marathon (15K split)	10/8/2023		F60-64 AR (pending)
100.05%	H Mar	1:21:38	Napa Valley Marathon, H Mar	3/5/2023		
99.85%	10 Mile	1:02:03	USATF Masters 10 Mile Championships	4/2/2023	1	
99.69%	10 Mile	1:02:58	Buffalo Stampede 10 Mile	9/10/2023		F60-64 AR (pending)
98.18%	H Mar	1:24:18	Urban Cow Half Marathon	10/1/2023		F60-64 AR (pending)