

Willie Davenport Olympian Track and Field Clinic
Learn-by doing clinic for all ages
James Logan High School-Union City
February 13, 2009

8:00-9:00 Registration, 9:00-4:00 Events
Individuals \$25.00 Youth \$10.00 Team \$350.00

Clinic Highlights

- *** Free Bags of assorted Track and Field Materials
- *** Willie Davenport, Billy Mills, Stephanie Brown-Trafton Cards
- *** Coaches Notebook-200 Pages of Current Track and Field Information of all the Track and Field Events
- *** Special Olympians from all over California
- *** Individual Event Information and Workout Plans
- *** Vendors and Tables Full of Track and Field Information
- *** Former and Current Olympians and Olympic Coaches
- *** USATF Developmental Coach Program for coaches, volunteers and parents from 10:00-3:30. Contact PA USATF Coaches Chair Dave Shrock at dshrock@pacbell.net for more information

Time Schedule

8:00-9:00-Registration

9:00-9:45-Introduction of Clinicians, dedication to Willie Davenport and Clinic format

10:15-12:00-Events-Learn By Doing

Race Walking
Distance
Triple Jump/Long Jump
High Jump
Pole Vault
Shot Put
Discus
Javelin
Hammer
Sprints
Hurdles

12:00-1:15-Lunch on your own

1:15-4:00-Events-Same as Above

4:00-4:30-Clinic Wrap-up in your event area

Special Guests:

Kevin Young-World Record Holder 400 Hurdles
Stephanie Brown-2008 Gold Medalist Discus
Eddie Hart-World Fastest Human 1972

Clinicians:

Ed Seese-National Pole Vaulter
Pam Giles-1976 Olympian 4x400
Steve Simmons-Olympic Coach
John Garvey-Olympian Discus
Dr. Dave Shrock-US National Coach
Ray Norton-Olympian Sprints
Don Amini-National Strength Coach
Nkosinza Balumbu NCAA Champion Triple Jump
Arno Brewer-US recognized jumps coach
Joy Upshaw-National Master Record Holder
Mike Louisiana-NCAA Discus Champion
Amy Thiel-Former National Record Holder in the Hammer
Ron McKee-Nationally recognized in the Shot Put
Talia Stewart-All-American Hurdles USC
Mel Pender-Olympian Former World Record Holder and Gold Medalist-Sprints
Martin Boston-USA Team Member Long Jump
George Rhoden-Gold Medalist 400 Meters
Rosie Bonds-Olympian Hurdles
Marilyn King-3 Time Olympian in the Pentathlon
Al Hernandez-Olympian in the Marathon
Dr. Marcel Hetu-Olympic Coach
Jim Santos-Olympic Coach
Karin Smith-5 Time Olympian Javelin
Susan Armento-American Record Holder Race Walker
Roianne Byrd-All-American Hurdles
George Brown-Olympian in the Long jump
Ron Whitney-Olympian 400 Hurdles
Bill Gaines-Former World Record Holder Sprints
Jim Puckett-NCAA All-American Sprints
George Carty-World Class 110- Hurdler
Ed Wright-NCAA All-American High Jump Cal
And Many More! Come See the Olympians!!!

For More Information:

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to register, and for further information, refer to:
<http://www.jameslogantrackandfield.com>, and click on Olympians Clinic