

USATF RULES COMMITTEE SCORECARD and AMENDMENTS

Committee Actions as FINAL REPORT 12/5/14

Item	Action	Item	Action	Item	Action	Item	Action	Item	Action
1	A	22	A	43	A	64	W	85	R
2	A	23	R	44	A	65	A	86	W
3	T	24	R	45	AA	66	A	87	A
4	AA	25	A	46	AA	67	A	88	A
5	T	26	W	47	R	68	AA	89	A
6	T	27	W	48	R	69	T	90	R
7	A	28	AA	49	AA	70	T	91	R
8	A	29	W	50	A	71	T	92	AA
9	A	30	A	51	W	72	A	93	A
10	R	31	T	52	R	73	T	94	A
11	A	32	A	53	W	74	A	95	A
12	W	33	A	54	A	75	A	96	R
13	A	34	AA	55	W	76	A	97	AA
14	A	35	A	56	T	77	T	98	R
15	W	36	A	57	A	78	T	99	A
16	AA	37	A	58	A	79	T	100	A
17	A	38	A	59	W	80	R	101	W
18	A	39	R	60	A	81	T	102	R
19	R	40	A	61	A	82	W		
20	A	41	AA	62	A	83	T		
21	R	42	W	63	A	84	A		

Final Action: A=Approved as Submitted (47) AA=Approved as Amended (11) T=Tabled (14)
 R=Rejected (16) W=Withdrawn (14)

((Double parenthesis)) indicates removal. Underline indicates addition. Renumbering of rule number is automatic as appropriate.

A Item 1 – Tabled 2013 Item 18 – Amend Rule 142.3 as follows:

In scored competitions, ~~((any athlete declared to compete must honestly participate in each round (trial, heat, or final, etc.) of each track event for which the athlete is declared or the athlete will be barred from further competition in that meet.))~~ except as provided below, an athlete shall be excluded from participation in all further events, including other events in which participation is occurring simultaneously, in the competition where:

(a) A final confirmation was given that the athlete would start in an event but then failed to participate;

NOTE: A fixed time for the final confirmation of participation shall be published in advance.

(b) An athlete qualified in a preliminary round of an event for further participation in that event but then failed to participate further;

(c) An athlete failed to compete honestly, with bona fide effort. The relevant Referee will decide on this and a corresponding reference made in the official results.

NOTE: The situation foreseen in (c) shall not apply to the individual events of a Combined Event.

(d) Passing in a field event is an allowable action by the athlete and does not constitute failure to participate.

This rule shall not apply to track events in which only a final is held, but an athlete may be barred from such an event if previously he or she has not honestly participated in a track event within the purview of this rule.

NOTE: For Youth Athletics exception, see Rule 302.2(g).

A Item 2 – Tabled 2013 Item 24 – Add Rule 144.3(j) as follows:

Viewing by athletes competing in field events, of images of previous trial(s), recorded on their behalf by persons not placed in the competition area. See Rule 144.3(b). The viewing device or images taken from it shall not be taken into the competition area.

T Item 3 – Tabled 2013 Item 36 – Amend Rule 163.4 Thereby dropped since tabled for two years.

AA Item 4 – Tabled 2013 Item 42 – Amend the submission to read:

Four methods of timing are official, hand timing, fully automatic timing, video timing, and transponder timing as set forth in this Rule. A timing device that operates automatically at either the start or finish, but not at both, shall be considered to produce ~~((neither))~~ hand time. ~~((s nor fully automatic times and should not be used to obtain official times.))~~

T Item 5 – Tabled 2013 Item 64 – Amend Rule 181.18 Thereby dropped since tabled for two years.

T Item 6 – Tabled 2013 Item 66 – Amend Rule 181.20 Thereby dropped since tabled for two years.

A Item 7 - Amend Rule 5.2 as follows:

Other individual prizes, which shall be specified on the entry blank, may be presented as determined by the Championship sponsor subject to the approval of the appropriate sport committee of USATF. In Masters LDR, including cross country, non-U.S. citizens, including permanent residents, who are member athletes of USATF, may be awarded separate non-championship medals whenever they would otherwise displace a U.S citizen eligible for awards.

A Item 8 – Amend Rule 7.5 as follows:

The team Championships in Long Distance Running (including Mountain, Ultra-Marathon and Trail events) and Race Walking shall be scored by time. The team Championships for Open, Masters, Junior and Youth Cross Country shall be scored by place.

Reason: *Clarify that MUT events are scored by time.*

A Item 9 – Amend Rule 7.9(b) as follows:

Ties between two or more teams shall be resolved ~~((by determining which team wins the most one-on-one matchups among their five scoring members, comparing first to first, second to second, and so on through the final scoring place))~~ in favor of the team whose last scoring member finishes nearer to first place.

Reason: *The current tie breaker does not work in all instances. There are some Long Distance Running, Cross Country and Race Walking Championships that allow for teams composed of less than five scoring members. (i.e., three or four) This change would create a tie breaking procedure that falls in line with current IAAF procedure, uses the IAAF wording and will work in all instances.*

R Item 10 – Amend Rule 10.4b(i):

A Item 11 – Amend Rule 16.1 as follows:

TABLE OF EVENTS

Event	Open	Junior	Declared	Scorers
Read or Track				
50,000 Meters	X		5	3
50 Miles	X		5	3
100 Miles	X		5	3
12 hours	X		5	3
24 hours	X		5	3

~~Item 12 – Withdrawn~~

~~W Item 12 – Withdrawn~~

A Item 13 – Delete Rule 17:

~~((**TRAIL/MOUNTAIN RUNNING CHAMPIONSHIPS – MEN**~~

~~The Men's Long Distance Running Committee may annually conduct Open Trail and/or Mountain Running Championships at such distances as it deems appropriate. These Championships shall be conducted using LDR rules.))~~

A Item 14 – Amend Rule 20.1 as follows:

CHAMPIONSHIP DISTANCES

Track or Road	Track	Road
15,000 Meters	Mile	5,000 Meters
20,000 Meters	1 hour*	8,000 Meters
25,000 Meters	2 hour*	10,000 Meters
30,000 Meters	*Postal event	12,000 Meters
50,000 Meters		Half-Marathon
50 Miles		Marathon
100,000 Meters		Marathon Relay
100 Miles		
12 hours		
24 hours – also Indoor Track		

W Item 15 – Withdrawn

AA Item 16 – Amend the submission to read:

Amend Rule 21 as follows:

~~((**TRAIL/MOUNTAIN RUNNING CHAMPIONSHIPS – WOMEN**))~~

MOUNTAIN, ULTRAMARATHON AND TRAIL CHAMPIONSHIPS

1. ~~The ((Women's Long Distance Running Committee))~~ Mountain/Ultra/Trail Running Council may annually conduct Open and/or Masters ((Trail and/or)) Mountain and/or Ultra-Marathon and/or Trail Running Championships at such distances as it deems appropriate. These Championships shall be conducted using ~~((LDR rules))~~ the rules for each type of race. See Rules 240 – 256.
2. Regional Championships may be conducted after being awarded by the Mountain/Ultra/Trail Running Council and Associations may conduct Association Championships
3. The courses of all National, Regional, and Association Ultra-Marathon Road Championships must meet the certification requirements stated in Rule 240.
4. Teams
 - (a) The maximum number of entries per team shall be unlimited.
 - (b) Team championships shall be conducted in 10 year age divisions for men and women as follows: Junior, open, 40+, 50+ 60+, etc. Team runners are scored on all teams for which they are eligible, thus a 25 year old is scored on the Open team only while a 50 year all may be scored on the Open, 40+, and 50+ teams.
 - (c) The top 3 runners for each team shall be scored, except the top 5 shall score for the Open Men at distances under (and not including) 30km.
5. See Rule 7 for scoring.

And Add a new Rule 7.10 as follows:

10. When scoring by distance, the team score is the sum of the distances covered by the scoring members.

A Item 17 – Amend Rule 25.1(b) as follows:

Junior Men -- 3000 or 5000 Meters

Junior Women -- 3000 or 5000 Meters

A Item 18 – Amend Rule 119.3 as follows:

For National, Regional, and Association Long Distance Running and Cross Country Championship events and events sanctioned under Regulation 23-A or 23-B, a Jury of Appeal shall be appointed. For all non-championship long distance running and cross country events, a Jury of Appeal should be appointed, where feasible. For National and Regional Long Distance Running and Cross Country Championship events at least one member of the Jury of Appeal, as selected under Regulation 18, shall be certified as a competition official at the national or master level.

R Item 19 –Amend Rule 119.4(c) as follows:

A Item 20 – Amend Rule 119.2 as follows:

One of its members shall be the Chair. ~~((H))~~ For Championships held under Rules 10 and 11, and when it is considered appropriate, a Secretary, who may be a nonmember of the Jury, shall be appointed. One or more alternates should also be named. Referees shall not serve as members of the Jury of Appeal. In no case shall any management personnel or competition official serve on a Jury of Appeal in considering any appeal where such person has previously performed an official function in respect of the matter being appealed. No member of the Jury of Appeal shall be present during any deliberations concerning an appeal that affects, directly or indirectly, an athlete affiliated with that member.

R Item 21 – Insert New Rule 125.2 as follows:

A Item 22 Amend Rule 129.5 as follows:

To assist the Starter in races using crouch starts, a false start detection apparatus may be used. When such an apparatus is used, the Starter, and/or an assigned Recall Starter, shall wear headphones in order to hear clearly acoustic signals that are emitted to indicate the orderly operation of the apparatus and to indicate an illegal reaction time.

R Item 23 – Amend Rule 143.1 as follows:

R Item 24 – Amend Rule 143.1 as follows:

A Item 25 – Submitted by Bill Hickman, Rules Committee. Amend Rule 143.4(b) as follows:

... The competitors may also be required to wear start list identifying numbers visibly on the hips and in other locations determined by the Games Committee. .

W Item 26 Withdrawn

R Item 27 – Withdrawn

AA Item 28 – Amend the submission to read:

The setting of a competitor's starting blocks other than from an individual designated by the starter.

W Item 29 Withdrawn

A Item 30 – Amend Rule 146.2(a) as follows:

For Men's and Women's Long Distance Running, the time period shall normally be 24 hours, except for the Professional Section of road races, as defined in the race material (website, entry form, etc.), where the time period shall be (~~one hour~~) 30 minutes.

T Item 31 - Amend Rule 146.3 as follows:

Protests, at the discretion of the Games Committee or the Referee, may be made orally or in writing. For National Championships, they must be made in writing. Any protest should, in the first instance, be made orally to the Referee or to the Chief Official of the event by an athlete, or by an official representative of an athlete. Such person may only protest if they are or have an athlete competing in the same round of the event to which the protest relates or are competing in a competition on which a team points score is being conducted. For National Championships, prior to filing a written protest or appeal, the person making the protest or appeal shall have the right to review any official material relevant to the incident.

Reason: *This would allow the viewing of official video or of Official's reports to aid in decision making as to whether a protest or appeal is warranted.*

A Item 32 –Amend Rule 146.9 as follows:

... For cross country, Masters Long Distance Running Championships and the Professional Section of road races the time shall be 30 minutes. ...

A Item 33 –Insert New Rule 158 as follows:

Correctable Error

Within 72 hours after the last event of a competition, or before a subsequent round, results can be corrected by the Games Committee if administrative error is detected, such as incorrect calculation of combined-event scores, placing or other errors based on clear and irrefutable factual evidence.

NOTE: *See Rule 146.2(c) for LDR exception.*

AA Item 34 – – Amend the submission to read:

No competitor shall receive assistance in setting starting blocks except from an individual designated by the starter.

A Item 35 – Amend Rule 162.1 as follows:

When starting, all competitors must be behind the starting line and they must not touch the starting line or the surface in front of it with any part of the body. Starting positions in events at all distances shall be numbered in order that the lowest number is closest to the inner edge of the track.

NOTE: For this Rule, hair is not considered a body part.

A Item 36 – Amend Rule 162.5(b) as follows

(b) When an electronic tone is used, it shall be of suitable loudness (>90 dB) at 15 feet and shall simultaneously activate a flash/strobe.

A Item 37 – Amend Rule 162.12 as follows:

NOTE 3: *When an IAAF approved false start control apparatus is in operation, the evidence from this equipment, coupled with any resulting loss of contact (see Note 1), shall normally be accepted as conclusive by the Starter. See Rule 161.4.*

A Item 38 - Amend Rule 162.17 as follows:

In races with more than 12 competitors that do not start in lanes, competitors may be divided into two groups with one group of approximately two-thirds of the competitors on the regular arced starting line and the other group on a separate arced starting line marked across the outer half of the track. The outer group shall run as far as the end of the first turn on the outer half of the track. See Rule 160.9.

R Item 39 – Amend Rule 162.17.

A Item 40 –Amend Rule 163.1 as follows:

Competitors shall be placed at the finish in the order in which any part of their bodies (i.e., the “torso,” as distinguished from the head, neck, arms, hands, legs, or feet) reaches the finish line. In non-championship races conducted partly or entirely outside the stadium, the Games Committee may elect to place competitors using "net time order", "first-across the line" or a combination of both to determine placing and awards. See Rule 165.16.

AA Item 41 – Amend the submission to: Add a note to Rule 163.4

NOTE: Some factors to be considered when determining a disqualification include safety, equitable competition, severity of the infraction and resulting consequence.

R Item 42 – Withdrawn

A Item 43 – Amend Rule 165.4 as follows:

The time shall be taken from the flash/smoke of the pistol or approved apparatus to the moment at which any part of the competitor's body (i.e., the "torso," as distinguished from the head, neck, arms, hands, legs, or feet) reaches the perpendicular plane of the nearer edge of the finish line.

(a) For large races conducted partially or completely outside the stadium, false starts are not recalled and the time is taken from the at the first moment a competitor crosses the start line if that is before the starting signal.

(b) In non-championship races conducted partly or entirely outside the stadium, the Games Committee may elect to use "net times", "gun times" or a combination of both to determine official times. See Rule 165.16.

NOTE: *Times for races conducted partly or entirely outside the stadium may be published to 1/10 of a second to illustrate time differences between finishers, but only times rounded to the next longer full second shall be official.*

A Item 44 –. Amend Rule 165.15 as follows:

The use of transponder timing systems in race walking events not held entirely within a stadium, road, and cross country races are permitted provided that:

- (a) The system requires no action by the runner during the competition, at the finish line, or during any finish line or results related system or process;
- (b) The weight of the transponder and its housing carried on the runners' uniform, race number or shoe is not significant;
- (c) None of the equipment used at the start, along the course or at the finish line constitutes a significant obstacle or barrier to the progress of the runner;

- (d) The transponder reading devices are set up to ensure that times are not recorded after the starting line or before the finish line;
 - (e) The system, including the implementation of its components and its technical specifications, is approved by the finish line subcommittee of the Road Running Technical Council;
 - (f) The system is started in accordance with Rule ~~((245.2))~~ 165.4;
 - (g) The determination of the official winning time is in accordance with Rule 165.4; and
 - (h) Times for other competitors will be adjusted, based on the official winning time.
- ~~((NOTE: Net times (the elapsed time between an individual's transponder generated starting and finish times) shall not be used for any purpose other than Masters LDR records. See Rule 265.10.))~~

AA Item 45 -

. Insert New Rule 165.16 as follows:

In non-championship races conducted partly or entirely outside the stadium, the Games Committee may elect to determine times and places based "net times", "gun times" or a combination of both to determine placing and awards provided that:

- (a) The basis for determining times and places and awarding prizes and trophies is clearly stated in the entry materials and any listings of prizes and trophies to be awarded.
- (b) To determine "net time" and place:
 - i. A net time for each competitor is calculated as the difference between the raw (un-rounded) times recorded by transponder timing systems at the start and finish.
 - ii. The official places of the competitors are determined by ranking them by net time. If two or more athletes have the same net time, they are tied.
 - iii. The official times are determined by rounding up the net times to the next full second. See Rule 165.11(c).
 - iv. In the event that no start and/or finish time is recorded for one or more competitors, the Referee shall determine the official places and times for the competitors affected based on all available evidence.
- (c) In the event a record is claimed, the "gun time" (the time from the flash/smoke of the pistol or approved apparatus to the transponder timing at the finish) shall be submitted, except in the case of Masters records. See Rule 265.8.

Amend the above submission to add the following note to new Rule 165.16

NOTE: See Rule 341.10 for Masters LDR Exception

Also, Amend Rule 341.10 as follows

An event chosen as a Masters Long Distance Running Championship shall use a transponder timing system as the primary timing and recording system, using either Net or Gun Timing. In addition, a fully automatic timing camera or video system placed on the finish line must be used to validate places, times and possible records. Non-championship events may use "select timing" to validate times and records. For transponder timing, FAT camera, video timing requirements and timing practices, see Rule 165. For records, see Rule 265.1.

AA Item 46 – Amend the submission to Amend Rule 169.4 as follows

Each competitor shall go over or through the water and shall go over each hurdle. An athlete shall be disqualified if he/she

~~((Does not jump any hurdle))~~

- (a) steps to the one side or other of any hurdle or water jump, or
- (b) has a foot or leg, at the instant of clearance, beside the hurdle (on either side), below the horizontal plane of the top of any hurdle.

Provided this Rule is observed, an athlete may go over each hurdle in any manner.

R Item 47 – Rejected

W Item old 46 and old 47 – Withdrawn

R Item 48 – Insert New Rule 181.9.

AA Item 49 – Insert Rule 302.5k as follows:

In order to stage a Youth Athletics pole vault competition, a pole vault box collar pad complying with ASTM F2949-12 shall be used. Add a note to 181.18 for youth provision.

A Item 50 – Submitted by Dan Pierce, Rules Committee on behalf of Ed Halik. Amend Rule 183.5(a) as follows:

After the vault, the bar does not remain on the pegs on which it originally rested because of the action of the competitor while vaulting; or

W Item 51 – Withdrawn

R Item 52 - Reject

W Item 53 – Withdrawn

A item 54 –Amend Rule 187.7(b)

(b) In the Javelin Throw, the measurement of each throw shall be made from where ~~((the tip of))~~ the metal head first struck the ground to the inside edge of the arc along a line from the point of the fall to the center of the circle of which the arc is a part.

Amend Rule 191.5

Head - ... It must be spherical in shape ~~((and smooth))~~.

W Item 55 – Withdrawn

T Item 56 – Insert New Rule 193.11 as follows:

Aero Javelin – The shaft, tip and tail shall be made out of synthetic material. The grip may be made of synthetic material or wound with cord which is similar to that used on traditional javelins. The minimum weight shall be 450 g. The diameter of the shaft shall be constant over the length of the shaft, not varying by more than ± 2 mm from the nominal shaft diameter. The profiles of the head and tail are not specified.

Aero Javelin Specifications (all dimensions in mm)

<u>Dimension</u>	<u>Min</u>	<u>Max</u>
<u>Overall Length</u>	<u>1765</u>	<u>1785</u>
<u>Length of head*</u>	<u>140</u>	<u>160</u>
<u>Distance from tip to CG**</u>	<u>760</u>	<u>770</u>
<u>Diameter of shaft</u>	<u>20</u>	<u>28</u>
<u>Length of grip***</u>	<u>115</u>	<u>120</u>
<u>Location of front of grip from tip</u>	<u>755</u>	<u>770</u>
<u>Length of tail</u>	<u>175</u>	<u>195</u>

* The maximum diameter of the head shall not exceed the nominal shaft diameter by more than 10 mm.

** The grip is not required to cover the CG.

*** The maximum grip diameter shall not exceed the nominal shaft diameter by more than 8 mm.

A Item 57 - Amend Rule 214.2 as follows:

NOTE 2: For Youth exception, see Rule 303.

Reason: *To point out the Youth division exception to rule 214 for the Youth Indoor Championship*

A Item 58 – Amend Rule 232.5(a) as follows:

In Road Championships, the circuit for events of 10km and longer shall be a maximum of ~~((2500m))~~ 2000m. The circuit for events of less than 10km shall be a maximum of 1250m. No circuit should be shorter than 1000m.

W Item 59 – Withdrawal

A Item 60 –Amend Rule 242.7 as follows:

In events using transponder ~~((timing, all mats at the start shall be placed before the measured starting line))~~ reading devices located on the running surface, at least 15cm of the last device shall be of a color in contrast to the running surface and other parts of the device to indicate the start line. The last device shall be placed so that the edge of the contrasting color closest to the course is the start line. Any additional or backup device shall be placed before the starting line. See Rule 165.15.

A Item 61 –Amend Rules 243.1(d) and 244.1 as follows:

~~243.1 ((d) The finish line in off-track long distance running events should be a line of width 15cm in a color contrasting the running surface and of a material which will adhere to a fixed position on the running surface. The exact finish line shall be clearly marked and stated in competitor instructions in order to eliminate confusion with designs on or adjacent to the running surface near the finish line. The use of a tape, held by individuals not serving as judges, may be used to help identify the location of the finish line.))~~

244.1 The finish should marked with a line of width 15cm in a color contrasting the running surface and of a material which will adhere to a fixed position on the running surface. The line shall be placed so that the finish of the course is the edge of the line closest to the approaching runners.

A Item 62 – Amend Rule 244.4 as follows:

In events using transponder ~~((timing mats, the first mat shall be placed so that the edge of the mat closest to the approaching runners is the finish line. At least the first 15cm of the mat shall be of a color in contrast to the running surface to indicate the finish line))~~ reading devices located on the running surface, at least 15cm of the device shall be of a color in contrast to the running surface and other parts of the device to indicate the finish line. The first device shall be placed so that the edge of the contrasting color closest to the course is the finish line. Any additional or backup ~~((mats))~~ devices shall be placed beyond the finish line. See Rule 165.15
~~((NOTE: See Rule 165.16.))~~

A Item 63 – Amend Rule 244.6 as follows:

Official places and times shall be determined according to Rules 163 and 165. In addition to an authorized finish line imaging system, an officially designated video or photograph may be used to review the order of finish.

W Item 64 – Withdrawal

A Item 65 –. Delete Rule 245:

~~**((FINISH LINE RECORDING AND TIMING**~~

- ~~1. Officials at the finish should record each number as the athlete completes the race, along with the athlete's finish time. The order in which the athletes cross the finish line will be the official finish position.~~
- ~~2. The timers shall start their watches or timing devices at the flash/smoke of the pistol or approved apparatus or at the first moment a competitor crosses the start line, whichever happens first. False starts in road races should not be recalled.~~
- ~~3. The official time shall be the time elapsed between the start of the watches or timing devices resulting from an appropriate start signal and when the athlete reaching the finish line. The actual time elapsed between when an athlete reaching the starting line and finish line can be made known to the athlete, but will not be considered as official time.))~~

A Item 66 –Amend Title and Rule 250.3 as follows:

CROSS COUNTRY, MOUNTAIN AND TRAIL RUNNING

250.3 The provisions of Rule 241 shall apply as modified by Rule 253.3 and 254.6

A Item 67 –Insert New 253.3 as follows:

Water and other suitable refreshments shall be available at the start and finish of all races. Additional drinking / sponging stations may be provided at suitable places along the course, if the length and difficulty of the race and the weather conditions warrant such provision.

AA Item 68 – Amend the Submission: New Rule 254 as follows:

TRAIL RACING

1. Trail Races take place on terrain that is mainly off-road.
2. The entire course shall be clearly marked.
3. Natural obstacles or challenging points along the course should be additionally marked.
4. A detailed course map shall be provided along with a profile using stated scales for both altitude and distance.
5. Water and other suitable refreshments shall be available at the start and finish of all races. Additional drinking / sponging stations may be provided at suitable places along the course, if the length and difficulty of the race and the weather conditions warrant such provision.

T Item 69 –

1. Except where noted all Snowshoe races shall be conducted under the rules of USATF for Mountain and Trail events.
2. Course:
 - (a) In all advertising and promotion the distance and route conditions must be stated. This must include the relative overall percentages of the overall course distance that is machine packed, semi-packed (defined as packed only by the passage of one snowshoer) or unpacked.
 - (b) Courses and snow should be configured to permit adequate space and similar snow conditions to facilitate fair and unhindered passing by competitors over the initial and final 400 meters of the course. The snow conditions encountered must be similar enough over the course width so that all competitors normally expected to be passing each other encounter similar conditions for these 400 meter segments. Thus, a wider course with similar snow conditions is required near the start when competitors are all together, but a narrower course with similar snow conditions is acceptable near the finish.
 - (c) Narrow single track routes are acceptable as long as there are opportunities for passing at least every kilometer. These opportunities should consist of a wider route or a segment of parallel single track, with similar snow conditions as the main trail. The course map must identify the locations of locations where passing may be easier if a route is primarily a single track trail.
 - (d) Snowshoe race courses that exceed 3000 meters in altitude are acceptable provided as the highest altitude attained that exceeds 3000 meters is clearly stated on the entry form.
3. Disqualification:
 - (a) A competitor shall be disqualified if they continue to progress on the course with a snowshoe that is not firmly attached to their foot, and that untied or unfastened snowshoe interferes with another competitor
 - (b) A competitor shall be disqualified if he/she purposefully jostles, bumps, impedes the forward progress of or steps on another competitor's snowshoe.
 - (c) If a competitor is disqualified, the results will state "DSQ" and note the reason for disqualification.
4. Snowshoes:
 - (a) All snowshoes must have a minimum 7 inch x 20 inch dimension. The snowshoe frame itself shall not be smaller than 17.78 cm x 50.8 cm (7 inches x 20 inches). This measurement shall be taken from the longest point of the snowshoe and at the widest point of the snowshoe. This measurement will be taken in two dimensions. The snowshoe frame measurement will not be taken along a curved line. Snowshoes shall have frames with at least 2 points on them a minimum of 17.78 cm apart (width) and at least 2 points on them a minimum of 50.8 cm apart (length). These measurements are taken in 2 straight lines in 2 perpendicular dimensions.

(b) All competitors must wear both snowshoes firmly attached to their feet throughout the competition. Should a shoe come off, the competitor must immediately step off the course and reattached the snowshoe. No competitor shall advance further than 5 meters without a snowshoe attached to each foot. No competitor shall cross the finish line without snowshoe is attached to each foot. If the snowshoe breaks and/or cannot be reattached the competitor must retire from the competition.

5. Providing a lead vehicle that proceeds in front of the snowshoers is not necessary: it is optional and not recommended.

T Item 70 –Amend the NOTE to Rule 261.1(d) as follows:

NOTE: *For American Records, American Junior Records and All-Comers Records in Men's and Women's Track and Field and in Men's and Women's Race Walking, there shall also be specific American Indoor Records and All-Comers Indoor Records.*

Add a note to Rule 261.1, as follows:

NOTE: *In each of these categories, national records may be made indoors or outdoors, provided the facilities comply with applicable rules. In each of these categories, there shall be a national indoor record.*

Amend headings for Rule 267 to correspond to structure of Records and Indoor Records (rather than Outdoor and Indoor Records)

T Item 71 –Amend Rule 262.4(a) as follows:

For all (~~outdoor~~) records up to and including 200 Meters and 200 Meter Hurdles (Youth Athletics) and for the Long Jump and Triple Jump, if the competition is held outdoor, the component of the wind velocity in the direction of the running shall be measured by an approved mechanism that accurately determines such component.

A Item 72 –Amend Rule 262.6 as follows:

No performance shall be recognized as a record if it has been accomplished in or during a mixed competition of men and women, except as provided in Rule 147 and in track events longer than 10,000 meters or in road races.

NOTE: *For Masters exception, see Rule 320.8.*

T Item 73 –Amend Rule 263.1 as follows:

(~~Outdoor track~~) Track records, other than indoor records, may be made only on a track which conforms to Rule 160, with or without a roof, that is not banked (~~and is composed of a substance on which normal running spikes can be used~~). Indoor running and walking records may be made on any type of surface provided it is indoors. The track may be banked. Indoor Records may be made on tracks which conform to Rules 211 and 212. (~~Other records may not.~~)

A Item 74 –Amend Rule 267 as follows:

LONG DISTANCE RUNNING – ALL DIVISIONS

Road Events

12 km	((4 Miles))	Half-Marathon
15 km	10 Miles	Marathon
20 km	50 Miles	
<u>100km</u>	<u>200km</u>	

A Item 75 – Amend Rule 267 as follows:

LONG DISTANCE RUNNING – ALL DIVISIONS

Road Events

One Mile (Masters Only)

A Item 76 - Amend Rule 300.1(b) as follows:

The program, Track and Field and Cross Country individuals, is divided into six divisions for boys and six divisions for girls.

T Item 77 –Amend Rule 300.1(b) as follows:

	2014	2015	2016	2017
15-18 High School Division	1999-1996	2000-1997	2001-1998	2002-1999
<u>(Indoor National Championship only)</u>				

T Item 78 –. Amend Rule 300.1(e) as follows:

Competitors must compete in their own divisions only. No athlete may compete in younger or older divisions in individual, relay, or team events. In the Indoor National Championship only, athletes may run relay events only in the 15-16 and 17-18 Division as the High School Division. USATF Clubs must be members of the same Club and High School Teams must all be members from the same High School.

T Item 79 –Amend Rule 300.1(h)iii as follows:

Athletes that have no parent/legal guardian residing in an Association may compete in a bordering Association for 'just cause' (~~with the~~) provided that:

- (1) The team they are requesting a transfer to, in the bordering association, is less than 50 miles from their original Association of Permanent Residency.
- (2) The athlete can commute daily to practice with that team.
- (3) There are no other USATF teams in the Association of Permanent Residency.
- (4) It shall be the sole responsibility of the applying parent to secure and furnish all necessary documentation to substantiate any request to consideration of application of this rule.

The athlete must have the prior approval in writing of both the Youth Chair and Membership Chair of both the Association of 'Permanent Residency' and the Association of 'Non-Residency' placed on file in the National Office.

R Item 80 – Rejected

T Item 81 –Amend Rule 301 as follows:

11-12 DIVISION

~~((Mini Javelin—300g))~~ Aero Javelin – 450g

13-14 DIVISION

~~((Javelin—600g))~~ Aero Javelin – 450g

W Item 82 – Withdrawn.

T Item 83 –Amend Rule 301 as follows:

1. **Outdoor** - The events listed below are included in the National Outdoor Championships. (Combined events where different ...

2. **Indoor** - The events listed below are included in the National Indoor Championships. Events in 15-16 and 17-18 Divisions can be contested at Zonal Championships, but are not required for advancement to the National Indoor Championships.

8 AND UNDER DIVISION

55 Meter Dash
200 Meter Dash
400 Meter Dash

800 Meter Run
1500 Meter Run
Long Jump

Shot Put - 2kg
4x200 Meter Relay
4x400 Meter Relay

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9-10 DIVISION

55 Meter Dash	1500 Meter Run	Shot Put - 6 lb.
200 Meter Dash	1500 Meter Race Walk	4x200 Meter Relay
400 Meter Dash	High Jump	4x400 Meter Relay
800 Meter Run	Long Jump	

11-12 DIVISION

55 Meter Dash	1500 Meter Run	Shot Put - 6 lb.
55 Meter Hurdles - 30"	1500 Meter Race Walk	4x200 Meter Relay
200 Meter Dash	3000 Meter Run	4x400 Meter Relay
400 Meter Dash	High Jump	
800 Meter Run	Long Jump	

13-14 DIVISION

55 Meter Dash	1500 Meter Run	Long Jump
55 Meter Hurdles - G30", B33"	3000 Meter Run	Triple Jump
200 Meter Dash	3000 Meter Race Walk	Shot Put - G6 lb., B 4kg
400 Meter Dash	High Jump	4x200 Meter Relay
800 Meter Run	Pole Vault	4x400 Meter Relay

15-16 DIVISION

55 Meter Dash	1500 Meter Run	Long Jump
55 Meter Hurdles - G33", B39"	3000 Meter Run	Triple Jump
200 Meter Dash	3000 Meter Race Walk	Shot Put - G 4kg, B 12 lb.
400 Meter Dash	High Jump	4x200 Meter Relay*
800 Meter Run	Pole Vault	4x400 Meter Relay *

17-18 DIVISION

55 Meter Dash	1500 Meter Run	Long Jump
55 Meter Hurdles - G33", B39"	3000 Meter Run	Triple Jump
200 Meter Dash	3000 Meter Race Walk	Shot Put – G 4kg, B 12 lb.
400 Meter Dash	High Jump	4x200 Meter Relay*
800 Meter Run	Pole Vault	4x400 Meter Relay*

15-18 HIGH SCHOOL DIVISION (National Indoor Championship only)

4x200 Meter Relay	4x800 Meter Relay	Distance Medley- 400, 800, 1200, 1600
4x400 Meter Relay		

A Item 84 – Amend Rule 302.2(e) as follows:

... For athletes in the 8 and under, 9-10, 11-12, and 13-14 year old age divisions, the general rules regarding ...

R Item 85 –Rejected

W Item 86 – Withdrawn

A Item 87 – Amend Rule 305.2(b) as follows:

Athletes who compete in the Junior National Championships, World Youth Track and Field Trials, ((~~Ø~~)) United States Olympic Selection Competition, Youth Olympic Games Trials-Track & Field or any additional event authorized by the National Youth Executive Committee may be entered in the National Junior Olympic meet without having to compete in the Association or Regional meet provided that they meet the Youth Athletics age limits. Acquisition of the waiver and completion of the entry to the National meet must be made prior to the Regional meet via the Regional coordinator.

A Item 88 –Amend Rule 302.5(o) as follows:

When a High Jump or Pole Vault competitor is excused to participate in a running event, a reasonable time limit shall be established by the Games Committee or delegated to the affected Field Event Judge. ~~((No time limit shall be imposed on competitors excused from throwing or horizontal jumping events, except that the competitor must return before the conclusion of all other preliminary attempts if excused during the preliminaries, or before the conclusion of all other final attempts if excused during the finals. Failure to return within the allocated period shall result in forfeiture of missed attempts. In both the preliminaries and the finals, the head event judge may allow attempts to be taken in succession before a competitor is excused, and make-up attempts may be taken in succession and out of order upon legally returning to the event. In the High Jump and Pole Vault, if))~~ If the competitor has failed to return in the allotted time, and all other remaining competitors have passed, failed or cleared the existing height, the crossbar shall be raised to the next height and the judge will automatically pass the excused competitor to the new height.

A Item 89 – Insert New Rule 302.5(p) as follows:

When a Horizontal Jumps or Throws competitor is excused to participate in a running event, no time limit shall be imposed on competitors excused from throwing or horizontal jumping events, except that the competitor must return before the conclusion of all other preliminary attempts if excused during the preliminaries, or before the conclusion of all other final attempts if excused during the finals. Failure to return within the allocated period shall result in forfeiture of missed attempts. In both the preliminaries and the finals, the head event judge may allow attempts to be taken in succession before a competitor is excused, and make-up attempts may be taken in succession and out of order upon legally returning to the event.

R Item 90 – Rejected

R Item 91 – Rejected

AA Item 92 – Amend the submission to read:

FOR EIGHT LANES FAT ONLY

Entries	Trial Heats	Qualifying to Semi-Final	Semi Final Heats	Qualifying to Final	Final
1 to 8	0	-	0	-	1 to 8
9 to 16	0	-	2	3 + next 2 best times	8
17 to 24	0	-	3	2 + next 2 best times	8
25 to 32	0	-	4	1 + next 4 best times	8
33 to 40	0	-	5	1 + next 3 best times	8
41 to 48	6	2 + next 12 best times	3	2 + next 2 best times	8
49 to 56	7	2 + next 10 best times	3	2 + next 2 best times	8
57 to 64	8	2 + next 8 best times	3	2 + next 2 best times	8
65 to 72	9	2 + next 6 best times	3	2 + next 2 best times	8
73 to 80	10	1 + next 14 best times	3	2 + next 2 best times	8
81 to 88	11	1 + next 13 best times	3	2 + next 2 best times	8

FOR NINE LANES FAT ONLY

Entries	Trial Heats	Qualifying to Semi-Final	Semi Final Heats	Qualifying to Final	Final
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1 to 9	0	-	0	-	1 to 9
10 to 18	0	-	2	3 + next 3 best times	9
19 to 27	0	-	3	2 + next 3 best times	9
28 to 36	<u>0</u>	=	<u>4</u>	<u>1 + next 5 best times</u>	9
37 to 45	<u>0</u>	=	<u>5</u>	<u>1 + next 4 best times</u>	9
46 to 54	<u>6</u>	<u>3 + next 9 best times</u>	<u>3</u>	<u>2 + next 3 best times</u>	9
55 to 63	<u>7</u>	<u>3 + next 6 best times</u>	<u>3</u>	<u>2 + next 3 best times</u>	9
64 to 72	8	<u>2 + next 11 best times</u>	3	2 + next 3 best times	9
73 to 81	9	<u>2 + next 9 best times</u>	3	2 + next 3 best times	9
82 to 90	10	2 + next 7 best times	3	2 + next 3 best times	9
11 to 99	11	2 + next 5 best times	3	2 + next 3 best times	9

A Item 93 – Add New Rule 303.6 as follows:

National Youth Indoor Championship - For all running events from 55m through 400m, there will only be two rounds of competition. The eight fastest times shall advance from the first round to the final in all 15-16 and 17-18 age divisions.

A Item 94 – Amend Rule 304.5 as follows:

Scoring – A team shall be comprised of from five to a maximum of eight members. Team scoring shall be by place, in accordance with Rule 7.

Team scoring in Cross Country is divided into five divisions for boys and five divisions for girls. The athlete's year of birth shall determine the division in which the athlete shall compete. With each succeeding year each division shall be adjusted as shown in the table below:

Cross Country Team Scoring Divisions

<u>Division</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>
<u>8 and Under</u>	<u>2007+</u>	<u>2008+</u>	<u>2009+</u>
<u>9 – 10</u>	<u>2005-2006</u>	<u>2006-2007</u>	<u>2007-2008</u>
<u>11 – 12</u>	<u>2003-2004</u>	<u>2004-2005</u>	<u>2005-2006</u>
<u>13 – 14</u>	<u>2001-2002</u>	<u>2002-2003</u>	<u>2003-2004</u>
<u>15 – 18</u>	<u>1997-2000</u>	<u>1998-2001</u>	<u>1999-20002</u>

A Item 95 – Amend Rule 341.1 as follows:

Team scoring for cross country shall be as follows:

- (a) M40+ and M50+ (~~and M60+~~) five (5) individuals shall score with a maximum of nine (9) individuals declared per team
- (b) (~~M70+~~) M60+ and above, and all women's teams three (3) individuals shall score with a maximum of five (5) individuals declared per team.

Reason: Two years ago we raised the required number of scorers in Masters Cross Country Championships from three to five for the M60+ division. The rationale then was that due to increased

R Item 96 – Rejected

AA Item 97 – Amend the submission to read (remove specification for loop size)

The hammer shall conform to the following specifications: (i.e. remove the Loop size specification)

Name	16 lb	6 kg	12 lb	5 kg	4 kg	3 kg	2 kg
((Loop Size max. mm	19.5	19.5	19.5	19.5	19.5	19.5	19.5

R Item 98 – Rejected

A Item 99 – Amend Rule 195.5(b) as follows:

The handle for the all metal head weight shall have sides that do not exceed 190 mm or smaller than 100 mm inside measurement. A handle with no permanent connection point shall ~~((have two sides of equal length and the third side of less than or equal length. See Figure 15))~~ be constructed in such a manner that regardless of how the handle is turned the length of the implement does not exceed the specified maximum length of the implement.

A Item 100 – Amend Rule 195.7 as follows:

NOTE: *Wire is not a suitable connector*

W Item 101 – Withdrawn

R Item 102 – Reject