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**Contact: Fred Baer frdbaer@aol.com PAUSATF Media
Chair/Treasurer**

***DAVE SHROCK TO COACH USA RUNNERS FOR WORLD INDOOR
CHAMPS, MARCH 9-11, IN ISTANBUL***

Dr. Dave Shrock, long-time professor and former track coach at Modesto Junior College, has been selected by **USA Track & Field** to coach the men's distance athletes at the 2012 IAAF World Indoor Track and Field Championships in Istanbul, Turkey, March 9-11.

Shrock will serve on a 10 person staff which will direct the world's best women's and men's track and field athletes in an important lead-up to the 2012 London Olympic Games in August.

Shrock was chosen -- not only for his successes while coaching -- but for his contributions to USATF Development and Coaching Education programs over the past three decades.

"It is an honor to serve many of our nation's best athletes as an assistant coach in an important competition leading up to this summer's Olympic Games," said Shrock.

Not new to overseas travel, Shrock has travelled through Istanbul many times as an expedition leader for overland and adventure travel companies prior to coming Modesto JC in 1997.

Under Shrock's guidance, Modesto JC won two Northern California Community College Championships and was runner-up three times. He was named Central Valley Conference Coach of the Year ten times and his program generated sixty-four All-

Americans.

Shrock began his coaching career thirty-seven years ago at the College of San Mateo and also coached coaching cross country and assisted with track at Stanford and San José State Universities.

He serves in a number of USATF leadership roles, including Pacific Association Vice President and Coaching Committee Chair. Shrock serves on the national Coaching Education Committee promoting clinics and coordinating and instructing at the Level 2 Youth Specialization School. He is USATF Level 2 coaching certified in endurance, jumps, and sprints/hurdles/relays, and has earned Level 3 certification in training theory. He also presents internationally on subjects relating to sport management and coaching.

NOTE: The **USA team** for the World Championships was being selected at the USATF Indoor Championships in Albuquerque, N.M., Feb. 25-26, and will be announced at a later time.

USA Track & Field (USATF) is the National Governing Body for track & field, long-distance running and race walking in the United States. USATF encompasses the world's oldest organized sports, the World's #1 Track & Field Team, the most-watched events at the Olympics, the #1 high school and junior high school participatory sport, and more than 30 million adult runners in the United States: www.usatf.org.

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