

Pacific Association Masters Rock 'n' Roll at 2015 USA Masters Half Marathon Championships

PA Masters runners took advantage of the 2nd national championship to be held in Southern California this spring and traveled to San Diego for the 2015 USA Masters Half Marathon Championships held as part of the Suja Rock 'n' Roll San Diego Marathon & 1/2.

The race featured the Masters debut of Meb Keflezighi, America's most successful road racer and Meb didn't disappoint the crowd. He narrowly missed getting the overall victory losing to 1st place finisher Jordan Chipangama by just 2 seconds. Meb's time of 1:02:29 (gun time) was well under the American Masters record of 1:03:23 set by Mbarak Hussein in 2005, but the Rock 'n' Roll is not record eligible at the full distance. However, Meb did set two pending M40-44 American Records in route at 15K (44:23) and 10 Miles (47:39). Multiple M40-44 American Record holder, Kevin Castile took 2nd overall Master in a time of 1:04:50.

The Pacific Association had 3 age group National Champions. Fred Zalokar, won the very competitive M55-59 group, with a time of 1:15:32. Honor Fetherston took the F60-64 age group with a 1:32:03 and Jo Anne Rowland won her 2nd National Championship of the year by winning the F65-69 age group with a 1:46:42.

See the list below for all the PA runners and teams who won money and/or medals.

Individual Results

3rd place overall age-graded (\$600) – Brian Pilcher: 92.19% (1:15:57)

4th place overall age-graded (\$500) – Honor Fetherston: 91.47% (1:32:03)

6th place overall age-graded (\$300) – Fred Zalokar: 90.18% (1:15:32)

1st place M55-59 (\$100) – Fred Zalokar: 1:15:32

1st place F60-64 (\$100) – Honor Fetherston: 1:32:03

1st place F65-69 (\$100) – Jo Anne Rowland: 1:46:42

2nd place M55-59 – Brian Pilcher: 1:15:57

2nd place F60-64 – Janet Cain: 1:55:04

3rd place F45-49 – Jaymee Marty: 1: 23:55

3rd place F60-64 – Donna Chan: 2: 32:06

Team Results (top 3 on each team score)

1st place Female 40+ (\$200) Team Runcoach (Sharon Lemberger, Samantha Forde, Ashley Grosse): 4:25:28

1st place Female 60+ (\$225) Impala RT (Jo Anne Rowland, Janet Cain, Donna Chan): 6:13:52

Performance Medal Winners

Gold – 90%

Brian Pilcher: 92.19%

Honor Fetherston: 91.47%

Fred Zalokar: 90.18%

Silver – 85%

Jo Anne Roland: 87.19%

Jaymee Marty: 85.34%

Bronze – 80%

Sharon Lemberger: 81.12%

Complete final results are posted at:

<http://www.usatf.org/Events---Calendar/2015/USATF-Masters-Half-Marathon-Championships/Results.aspx>

Tom Bernhard