



# California Currents

## Coaches Newsletter – Summer 2008

Please provide newsworthy information to Pacific Assoc. coaches chair Dave Shrock at [shrockd@mjc.edu](mailto:shrockd@mjc.edu) for inclusion into the next newsletter due out in the early fall. For current information refer to: [www.pausatf.org](http://www.pausatf.org)

**Removal from this server list:** If you no longer want to receive this coaches newsletter, please respond to this e-mail and simply place in the subject line 'remove from list'

### **Upcoming USATF Coaching Schools and Clinics:**

#### **Trials SuperClinic:**

**1 July, 2008:** South Eugene H.S. (8 blocks from Hayward Field) More than 45 of the nation's best coaches and sports scientists will share their knowledge on what enabled the nation's best athletes to qualify for the U.S. Olympic Team Trials - Track & Field and the Beijing Olympic Games. Registration begins at 7:30 a.m., with introductory and five event-specific sessions from 8:30 a.m. - 5:30 p.m. Registration is FREE for USATF members. Super Clinic t-shirts and session notes will be available to the first 500 attendees who pre-register online via the USATF website. On-site registration will be available for \$30.00 (USATF membership fee), which will also include session notes. All attendees must be current USATF members. Further Info, contact coordinator Dave Shrock at [dshrock@pacbell.net](mailto:dshrock@pacbell.net), 209.602-4023, or for an updated schedule, and pre-registration, refer to: <http://www.usatf.org/groups/Coaches/education/specialPrograms/2008/SuperClinic>

#### **USATF Emerging Elite Coaching Camps:**

**mid-July:** Chula Vista Training Center, San Diego area. For high school, college, and club level coaches who have coached state, national, or world team qualifiers. This is an intensive hands-on course of study, and coaches are recommended to have Level 1 certification, and preferably Level 2. USATF and USOC pay all expenses except for travel. 12-16 July-Throws; 16-20 July: sprints & hurdles; 20-24 July: Jumps; 24-28 July: Endurance. Endurance and sprint/hurdles groups may already be full. For further information and application, contact Mike Holman at [mhtracfield1@yahoo.com](mailto:mhtracfield1@yahoo.com).

#### **Level Two School:**

**12-19 July, 2008:** Rice University, Houston. Eight day academy format with latest leading edge info. from some of the sport's prominent coaches. Some slots still available. <http://www.usatf.org/groups/Coaches/education/level2>, or contact Mike Corn for information: [mcorn@cox.net](mailto:mcorn@cox.net) or 504.734-7902.

#### **USATF National Podium Education Project:**

**9-14 December:** Las Vegas: The NPEP seminars provide specific scientific and practical information and analysis of our best athletes to ensure that the United States dominates the podium at the Olympics and World Championships. All events are covered in a two-day format, with different groups either the first or second three day period. Seminars FREE to USATF registered coaches. Coaches only pay for transportation and accommodation. For further information, refer to: <http://www.usatf.org/groups/Coaches/education/specialPrograms/2008/PodiumProject/>

#### **Level One School:**

**17-18 January, 2009:** at Sacramento City College. Twenty-one hour in-depth school covering sport sciences and training concepts to increase coaching effectiveness. Contact School Director Dave Shrock, [dshrock@pacbell.net](mailto:dshrock@pacbell.net), or 209.575-3034. Further information will be posted in September. Up-to-date school info: <http://www.usatf.org/groups/Coaches/education/schools/level1>

### **USATF Olympic Team Trials:**

**26 June-6 July:** Hayward Field, Eugene: Consider a road trip to Eugene for this quadrennial showcase of track and field that many say is better competition than the Games themselves. Individual tickets went on sale 1 June, and for further information click on any of the links below:

#### **USATF website:**

Resource from national organization for up-to-date schedules, tickets, etc:  
<http://www.usatf.org/events/2008/OlympicTrials-TF/>

#### **Trials website:**

Resource for local housing, news, activities, results and photo galleries: <http://www.eugene08.com/>

#### **Aggies-PCS Sports Olympic Trials-Villard St. Pub Gatherings website:**

[http://www.pcsportswear.com/2008\\_tracktown\\_trials.html](http://www.pcsportswear.com/2008_tracktown_trials.html)

Hosted by 'Peanut' Harms, this Trials tradition continues at the Villard Street Pub near Hayward Field. All welcome. Daily activities planned with bands, clinics, and wide-screen TV's to provide live Trials coverage.

## **Youth Notes:**

With the end of school begins youth championship and qualifying meets up until mid-July. Check out the revamped youth page filled with meet info, highlights and photos at: <http://www.pausatf.org/indexyouth.html>

## **High School Notes:**

The NCAA has done away with the 'clearing house' method of athlete eligibility beginning the 08/09 school year. For further information, refer to: <https://web1.ncaa.org/eligibilitycenter/common/>

**California State T&F Meet 30-31 May, Cerritos College:** In a stellar two day affair that saw several national and state records re-writes, distance stars shone brightly with **Christine Babcock's** (*Woodbridge*) 4:33.82 1600m, and **Jordan Hasay's** (*SLO*) 9:52.13 3200m. The most impressive show was **German Fernandez's** (*Riverbank*) historic double of 4:00.29 1600m, and hours later coming back and running 8:34.23 in the 3200m. Fernandez's effort is the best double of any high schooler, and earned him the USATF Athlete of the Week designation the first week in June. Further meet results and videos: [www.dyestatcal.com](http://www.dyestatcal.com).

**CIF Model Coach Award: Walt Lange** (*Jesuit-Sacramento*) is this year's Nor-Cal recipient of this prestigious award honoring our state's best coaches. A Sac Joaquin Section record 15 championship X-C titles, with 9 state titles, Lange has become a valley institution.

**Missed on the track: Homer Latimer** (*Leigh-San Jose*) coached two national X-C 'postal meet' championship teams, and enumerable Central Coast Section titles before moving to the Sonora area 19 years ago to teach elementary school. A two-time Dipsea champion, Latimer passed away on 30 May from cancer.

**Retiring from coaching: Terry Ward** (*Bellermino Prep-San Jose*) has retired as long time T&F coach, though will remain the schools' athletic director. Ward has coached 40 years, beginning at St Ignatius Prep. (*San Francisco*) before moving down the peninsula to create a dynasty at Bellermino 28 years ago.

## **College Notes:**

**Tony Sandoval** has been named permanent Director of Track and Field and Cross Country at Cal. The appointment culminates a successful 25 year career at Cal-Berkeley.

**Peter Tegan**, Stanford Cross Country coach for the past two seasons has retired, while throws coach **Kevin McMahan** has left to return to his teaching and coaching roles at Bellarmine (San Jose).

Successful Running USA coach **Jim Sevene** has come out of retirement to take over the reins of the Cal State Monterey cross country team this coming fall.

**Fresno State** closed applications for head T&F coach 31 May, in the national search to replace retiring **Bob Fraley**.

**4-year conference meets and NCAA championships:** Congratulations to the many successes of our association college of which Sac. State won the women's Big Sky team championships, while Chico State won the CCAA men's title for the fifth consecutive year. For complete results and up-to-date NCAA results, refer to: [www.trackshark.com](http://www.trackshark.com)

**Community College Championships:** Congrats to Sacramento City and Fresno City Colleges for placing 2-3 behind Riverside, while Laney (*Oakland*) finished third behind Cerritos and West LA. For a full season recap, refer to: <http://www.gocollegetrack.com/>

## **Open Notes:**

World discus leader **Stephanie Brown-Trafton** tossed the discus 203-06, and UC Santa Barbara hammer thrower **Amy Haapenen** threw 210-8 to highlight the Pacific Association Championships held 25 May at College of San Mateo.

Currently in Grand Prix standings with \$15,000 in prize money at stake **Brown-Trafton** leads the women's standings, while hurdler **Tim Bogdanoff** leads the men's race which culminates 30 June. For complete info, refer to: <http://www.pausatf.org/indextf.html>

## **Summer All-Comers Track Meets:**

Both Los Gatos and Chabot will host all-comers meets this summer for youth to elite competitors. For complete information, refer to: <http://www.pausatf.org/data/2008/tfallcomers08.html>

## **Upcoming Cross and Track Schedules:**

To get your meet on the master Pacific Association schedules, please send meet information ASAP to: Cross Country Beck Klein at [boopwalk@comcast.net](mailto:boopwalk@comcast.net), plus Track & Field: Bill Hawkes: [flojo1049@yahoo.com](mailto:flojo1049@yahoo.com).

For current listings, refer to: <http://www.pausatf.org/data/calendar.html>

## **USATF National Annual Meeting comes to Reno:**

Ever wondered how our sport operate on a national level? Here's your chance with the USATF annual meeting coming to Reno 3-7 December. Individual sport governance meetings, hall of fame dinner, coaches and officials clinics make this an interesting affair. All USATF members are welcome, and encouraged to attend. For further information: <http://www.usatf.org/about/AnnualMeeting/>

## **Additional Information:**

**Websites for additional information and resources:** National: [www.usatf.org](http://www.usatf.org); northern California and Nevada Pacific Association: [www.pausatf.org](http://www.pausatf.org); California Central Valley Association, from Merced county south: [www.central-california.usatf.org](http://www.central-california.usatf.org); southern California: [www.scausatf.org](http://www.scausatf.org); and San Diego-Imperial, refer to: [www.sdusatf.org](http://www.sdusatf.org).