

California Currents

Coaches Newsletter – Winter-Spring 2008

To provide newsworthy information, or be added to the electronic subscription list of this quarterly coaches newsletter, e-mail Pacific Assoc. Coaches Chair Dave Shrock at dshrock@pacbell.net.

Upcoming USATF Coaching Schools and Clinics:

Level One Schools:

19-20 January, 2008: at Univ. of California, Berkeley. Dave Shrock, <u>dshrock@pacbell.net</u>, or 209.575-3034. Further information: http://www.pausatf.org/pdf/coachesberkeley08.pdf

Up-to-date school info: http://www.usatf.org/groups/Coaches/education/schools/level1

Developmental Coaching School:

9 February, 2008: In conjunction with Logan Olympian Learn-By-Doing Clinic at Logan High School, Union City. This four-hour program is ideal for new coaches and interested parents or volunteers. This school covers basic components which include growth and development, organization and components of training, plus risk management. For further info. contact Dave Shrock, dshrock@pacbell.net, or refer to: http://www.usatf.org/groups/Coaches/education/developmental.asp

Level Two Schools:

Mid July, 2008: Site TBA. Academy format with latest leading edge info. from some of the sport's leading coaches. http://www.usatf.org/groups/Coaches/education, or contact Mike Corn for information: mcorn@cox.net or 504.734-7902.

Pacific Association Clinics:

Sat. 12 January: West Valley College (*Saratoga*) T&F Clinic. 9:00am-4:00pm. \$30.00 registration. For further information contact Al Hernandez at: runalrun@yahoo.com, 510.651-3162, or click on: http://www.dyestatcal.com/coaches/clinics/2007-2008/January%2008/12%20West%20Valley/ClinicInfoWeb.htm

Sat. 9 February: Willie Davenport Olympian Learn-by-doing Clinic, Logan HS (*Union City*). 9:00am-4:00pm. \$25.00 registration, including lunch, or \$350.00 for full team. For further information, contact Lee Webb: Lee Webb@nhusd.k12.ca.us, or 510.471-2520x5113, or click on:

http://logantrackandfield.com/cms/index.php?option=com_content&task=blogcategory&id=20&Itemid=75

Officiating Clinics:

The Officials Committee has assembled some great informative clinics for the up coming season for all interested in the better administration of T&F competitions. Topics include intro clinics on 19-20 January, in addition to hy-tek meet manger use, finish lynx administration, weights and measures, and all areas of officiating. Costs range anywhere from \$8.00 to \$35.00. For further information click on: http://www.pausatf.org/data/2008/officials/clinics.html

Heard On The Track:

Stanislaus State in Turlock has hired **Geoff Bradshaw** as head men's and women's track and field coach, while **Dilject Dosanjh-Taylor** has been hired as the head cross country coach. Both Bradshaw and Taylor were outstanding Warrior athletes, Bradshaw a NCAA DII Decathlon champ, and Taylor, an outstanding middle distance runner. Nineteen-year coach **Kim Duyst** has been promoted to the position of Assistant Athletic Director. Stanislaus has broken ground on a new athletic stadium which will feature a full-pour Rekotan surface opening in 2009.

Stanford has hired world class hammer thrower **Kevin McMahon** part-time to coach the throws. Kevin will retain his teaching position at Bellermine H.S. in San José.

Long time Sacramento area Coach **Nick Vogt** is retiring as the head cross and track coach at Rocklin's William Jessup University. Vogt began the program at WJU several years ago, and has also coached at Yuba College and Bear River High school. Vogt still facilitates the indoor vaulting facility at WJU for area vaulters.

**Continued on reverse...*

USA Track and Field CEO **Craig Masback** stepped down from the national organization's leadership role after a ten year tenure on 9 January. Masback will become Director of Business Affairs for Nike's Global Sports Marketing Division and will transition to his new position over coming weeks and months. USATF will begin the search for a new CEO immediately reported USATF President **Bill Roe**. For further details, refer to: http://www.usatf.org/news

Track and Field Schedules:

For a complete listing of Pacific Assoc. track and field competitions, refer to the Official's Committee's schedule at:www.pausatf.org/data/2008/officials/tfcal08.pdf

Indoor Track and Field returns to California:

Through the efforts of long-time Fresno State track coach **Bob Fraley**, the Run For The Dream Indoor Meet returns on a new track at Fresno's SaveMart Center on Martin Luther King Day, 21 January. This USATF VISA Series meet includes a college quad-meet, high school all-star competition, and elite events in a USA v. the World format to wrap up the event. John Carlos, 1968 200m sprinter and teammate of Tommy Smith, will be the keynote speaker at the 2008 Banquet of Champions on January 19. This year's banquet will honor San Joaquin Valley world record holders and national champions. For complete information, refer to: http://gobulldogs.cstv.com/sports/c-track/fres-c-track-body.html

Youth Notes:

Check out the revamped youth page filled with info. and photos at: http://www.pausatf.org/indexyouth.html

High school Notes:

The NCAA is doing away with the 'clearing house' method of athlete eligibility beginning the 08/09 school year. For further information, refer to: https://web1.ncaa.org/eligibilitycenter/common/

National High School website: The National Senate for High School Track & Field Coaches is building an excellent resource site for high school coaches: http://www.nationalsenate.org

High school coaching opportunities: Doug Speck and Rich Gonzalez continue to do a great job of compiling current information on Dyestatcal. Refer to: http://www.dyestatcal.com/news/xc2005New/CoachOpenings/CoachOpenings.htm

Elite Athlete Training Grant:

The Pacific Association has established training grants ranging from \$500-1,000 available for association residents who are training for the Olympic Trials and Games. Application deadline is 15 February. For information and application, click on: http://www.pausatf.org/data/2008/2008_PA_OlympicTrainGrant.pdf

Increase Your Coaching Effectiveness:

US Olympic Committee Manager of Coaching Cathy Sellers publishes an informative free quarterly e-zine called Olympic Coach. To sign-up for this free resource, refer to: http://coaching.usolympicteam.com/coaching/ksub.nsf

Unique five minute video clips on effective and motivational coaching concepts can be subscribed to by clicking on: http://www.coachingschool.org, and then click on 'coaching minute' or the 'coaching e-zine' in the lower left hand corner.

USATF Coaching Education coordinator **Amanda Payne** has posted presentation notes and reports from previous USATF Podium-Level 3 presentations on the USATF website. To check out this great information and training resource, click on: http://www.usatf.org/groups/Coaches/library/

Additional Information:

Websites for additional information and resources: National: www.usatf.org; northern California and Nevada Pacific Association: www.pausatf.org; California Central Valley Association, from Merced county south: www.central-california.usatf.org; southern California: www.scausatf.org; and San Diego-Imperial, refer to: www.sdusatf.org.