

--See below for our all-usa boys track & field team appearing this week in USA TODAY:

Copy below (& attached in WORD) includes athlete capsules and additional copy **not** used with team – available for use (crediting source) as you wish.

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<http://www.usatodayhss.com/amfam/article/2014-american-family-insurance-all-usa-boys-track-and-field-team>

## **FASTEST EVER HIGH SCHOOL SPRINTER LOOKS FOR ENCORE; ALL-USA HONOREES HEADED FOR WORLD CHAMPS**

By Fred Baer, Special for USA Today      Founder, Track & Field Writers of America

What does Trentavis Friday of Cherryville, N.C. do for an encore after starring in the greatest ever high school sprint show at the beginning of July?

That stage is set when the headliner on the 2014 American Family Insurance ALL-USA boys track and field team returns to the University of Oregon in Eugene for the IAAF World Junior Championships next week (July 22-27).

During USA Track & Field's Junior Championships, July 5-6 at Oregon, Friday set a national high school record of 10.00 seconds in the 100 meters and ran the fastest ever prep 200 meters, 20.03 (although wind over the allowable limit negated that as an official record). The 100 time for Friday, who is headed to Florida State next season, is the world's second fastest ever by a teenager.

The previous high school 100 meter record was 10.01 by Jeff Demps of South Lake (Groveland, Fla.) in 2008. The fastest 200 was 20.13 by Roy Martin of Roosevelt (Dallas) nearly two decades ago, in 1985 – also the American Junior (under age 20) record.

Friday was startled when he saw how fast he was going in the 200. "It was scary for a second because when we were coming down at the last five meters I saw 19 (on the finish line clock) so I just went for it," he said.

The World Junior 200 record is 19.93, set in 2004 by current world record holder and Olympic champion Usain Bolt of Jamaica.

Friday is entered only in the 200 meters next week. He was disqualified for a false start in the 100 meters finals at the USA championships after setting the record in the prelims. He is eligible for the 4 x 100 meter relay.

*(additional copy)*

**All-USA selectees from every event group will be on the world TV stage for the international track federation's largest ever competition in the USA -- involving 1,546 teenage athletes from 175 countries.**

Other ALL-USA athletes making Team USA for the world meet include:

**Kendal Williams**, Stanton Prep (Jacksonville, Fla.) -- a 2-time All-USA selection who was the runner-up in both the 100 and 200 meters at the USA Junior Championships and is listed in both races and the 4 x 100 meter relay (pool) next week; headed to Florida State.

**Harrison Williams**, University (Memphis, Tenn.) – versatile Stanford-bound decathlete won the USA title with 7.734 points, No. 2 on the all-time high school list – missing the record by just 14 points.

**Bailey Roth**, Coronado (Colorado Springs, Colo.) – Arizona-bound steeplechaser set a national high school record at 2,000 meters this season and won the USA Junior title at 3,000 meters.

**Curtis Thompson**, Florence Township Memorial (Florence, N.J.) – New Jersey state champion in the javelin throw won the Junior crown and was the season high school leader at 224 feet, 10 inches; headed to Mississippi State.

**Kord Ferguson**, Ottawa, Kans. – won the Junior discus title and was No. 2-ranked nationally in the shot put this season, winning state championships in both events; plans to attend Wichita State.

**Kenny Selmon**, Pace Academy (Atlanta) – had fastest 2014 high school 400 meter hurdles time (50.13) with second place finish at Junior nationals and earlier won the New Balance and Golden South national invitationals; plans to attend North Carolina.

**Misana Viltz**, Millikan (Long Beach, Calif.) – USC signees was California state champion in the high hurdles and runner up at Junior nationals (top prep finisher).

**Myles Marshall**, Kingwood, Texas – Texas 5A 800 meters champ placed second at Junior nationals in 1:48.43.

**Grant Fisher**, Grand Blanc, Mich. – State champ at mile and 2-mile, won the “Dream Mile at adidas Diamond League meet in New York and was second at 1,500 meters at U.S. Juniors.

**Devin King**, Summer (Kentwood, La.) – Louisiana 3A pole vault champion and New Balance winner has a best of 17-9 3/4, No. 9 on the all-time high school list; headed to Southeastern Louisiana.

-- Also making Team USA as relay pool members are **Terry Jernigan** of East Ridge (Clermont, Fla.) in the 4 x 100 meters and **Josephus Lyles** of Williams (Alexandria, Va.) in the 4 x 400 meters.

#### **HS LEADERS NAMED MOORE STAR BUT MISS TEAM:**

Repeating All-USA jumper **Nate Moore** of Castro Valley, Calif., won the U.S. junior triple jump with a 53-7 leap that was the longest by a high school athlete in ten years. He was the national leader this season in both the long and triple jumps (with wind-legal marks). Although his winning triple jump was more than two feet longer than the world junior qualifying standard of 51-2 1/4, the wind was over the allowable limit and the Oregon signee, therefore, did not qualify for the upcoming championships.

**Isaiah Moore**, Cummings (Burlington, N.C.), was the high school 110 meter high hurdles leader (13.40) and won titles at the New Balance and Brooks national high school invitationals in June. He just missed making TEAM USA, placing third place at the Junior nationals.

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#### **WORLD JR. RECORD BREAKER BROMELL WAS 2013 ALL-USA SELECTION; A TEAM USA LEADER FOR WORLDS AS COLLEGE FROSH:**

Following their freshman year of college competition, several 2013 All-USA selectees made Team USA for next week's world teen meet, including:

**Trayvon Bromell**, Gibbs (St. Petersburg, Fla.), who set a world junior record in the 100 meters of 9.97 winning the NCAA title for Baylor, has made Team USA in the 100 and the 4 x 100 meter relay. While at Gibbs, he ran a wind-aided 9.99, only high school performance under 10.00 under any circumstances.

**Timothy Holmes**, Lakewood (St. Petersburg, Fla.), National Junior 400 meter hurdles winner for Baylor;

**Travonn White**, Mountain Pointe (Phoenix), the USA Junior long jump champion for Central Arizona Community College;

**Brahme Days**, Bridgeton, N.J., Junior shot put champ for UCLA.

**Lamar Bruton**, Howard Tech (Wilmington, Del.), second in the National Junior 400 meters for Ohio State, and **Michael Cherry**, Smith (Chesapeake, Va.), third in the 400 for Florida State – top two high school 400 runners in 2013.

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#### **USA TODAY'S 2014 All-USA BOYS TRACK & FIELD TEAM**

Teams coordinated by Fred Baer, founder, Track and Field Writers of America.

Boys selections by Jack Shepard, high school editor of *Track and Field News*.

Criteria included ranking on USA TODAY and *Track and Field News* national lists, the number of top performances and head-to-head competition during the regular season and in major postseason meets.

Athletes are listed alphabetically in each general event area.

Races in meters unless noted. [Field events in feet and inches]

w = wind-aided (more than 2.0 meters a second).

i = performed indoors.

Implements and hurdles (H) are high school unless noted: (jr) junior, (intl) college/international.

\* = repeat All-USA performer.

#### **Sprints (100 & 200)**

<b>Athlete</b>	<b>High school (location)</b>	<b>Performances</b>
Christian Coleman, Sr.	Our Lady of Mercy (Fayetteville, Ga.)	10.30, 100;
Trentavis Friday, Sr.	Cherryville, N.C.	10.00, 100; 20.33 (20.03w), 200.
Darryl Haraway, Jr.	DeMatha Catholic (Hyattsville, Md.)	10.20, 100.
Terry Jernigan, Sr.	East Ridge (Clermont, Fla.)	10.27, 100.
*Kendal Williams, Sr.	Stanton Prep (Jacksonville, Fla.)	10.27, 100; 20.55, 200.

#### **Long Sprints / Middle Distance (400 & 800)**

<b>Athlete</b>	<b>High school (location)</b>	<b>Performances</b>
Donovan Brazier, Jr.	Kenowa Hills (Grand Rapids, Mich.)	1:48.61, 800.
Ricky Faure, Sr.	Rock Springs, Wyo.	1:48.14, 800.
Devante Lacy, Sr.	Klein Oak (Houston)	46.10, 400.
Josephus Lyles, So.	Williams (Alexandria, Va.)	46.23, 400.
Myles Marshall, Jr.	Kingwood, Texas	1:48.43, 800.

#### **Distances (1,500, mile, 3,200, 2-mile, steeplechase)**

<b>Athlete</b>	<b>High school (location)</b>	<b>Performances</b>
Grant Fisher, Jr.	Grand Blanc, Mich.	3:46.71, 1500; 4:02.02, mile; 8:51.28, 2-mile.
*Blake Haney, Sr.	Stockdale (Bakersfield, Calif.)	4:04.08, mile; 8:46.80, 3,200.
Matthew Maton, Jr.	Summit (Bend, Ore.)	4:03.23, mile; 8:18.66, 3,000.
Garrett O'Toole, Sr.	Middlesex School (Concord, Mass.)	3:45.55, 1500; 4:01.89, mile.
Bailey Roth, Sr.	Coronado (Colorado Springs, Colo.)	5:41.67, 2k steeple; 9:03.92 3k steeple.

#### **Hurdles (110, 300, 400)**

<b>Athlete</b>	<b>High school (location)</b>	<b>Performances</b>
Robert Grant, Sr.	Brophy Prep (Phoenix)	36.24, 300H; 51.16, 400H.
Isaiah Moore, Sr.	Cummings (Burlington, N.C.)	13.40, 110H.
*Kenny Selmon, Sr.	Pace Academy (Atlanta)	50.13, 400H.
Misana Viltz, Sr.	Millikan (Long Beach, Calif.)	13.42, 110H.

#### **Vertical Jumps (high jump, pole vault)**

<b>Athlete</b>	<b>High school (location)</b>	<b>Performances</b>
Paulo Benavides, Jr.	Franklin (El Paso, Texas)	17-2 3/4, PV.
*Randall Cunningham, Sr.	Bishop Gorman (Las Vegas)	7-2, HJ.
*Devin King, Sr.	Sumner (Kentwood, La.)	17-9 3/4, PV.
David Njoku, Sr.	Cedar Grove, N.J.	7-1, HJ.

#### **Horizontal Jumps (long jump, triple jump)**

<b>Athlete</b>	<b>High school (location)</b>	<b>Performances</b>
Keandre Bates, Sr.	Burges (El Paso, Texas)	50-9 1/2, TJ.
*Adoree Jackson, Sr.	Serra (Gardena, Calif.)	25-5 1/4, LJ.
*Nate Moore, Sr.	Castro Valley, Calif.	25-8 3/4, LJ; 50-10 1/4 (53-7w), TJ.
Ja'Mari Ward, So.	Cahokia, Ill.	24-6 1/2 (25-6 3/4w), LJ; 50-6 1/2, TJ.
John Warren, Sr.	Prince George, Va.	50-6 3/4 (51-3 i), TJ.

#### **Throws (shot put, discus, hammer, javelin)**

<b>Athlete</b>	<b>High school (location)</b>	<b>Performances</b>
Ben Bonhurst, Sr.	Smithtown West (Smithtown, N.Y.)	67-3, SP.

Kord Ferguson, Sr.	Ottawa, Kans.	67-10, SP; 210-3, DT; 201-0, DT (jr).
Daniel Haugh, Jr.	St. Pius X (Atlanta)	204-1, DT; 188-1, DT (jr), 235-4, HT.
John Nizich, Sr.	Central Catholic (Portland, Ore.)	224-1, JT.
Curtis Thompson, Sr.	Florence Township Mem. (Florence, N.J.)	224-10, JT.

**Decathlon** (high school & jr. international decathlon)

<b>Athlete</b>	<b>High school (location)</b>	<b>Performances</b>
Harrison Williams, Sr.	University (Memphis)	7525 HS, 7734 jr.

**ALL-USA SECOND TEAM SELECTIONS:**

**Sprints**

<b>Athlete</b>	<b>High school (location)</b>	<b>Performances</b>
Curtis Godin, Sr.	Mater Dei (Santa Ana, Calif.)	10.36 (10.29w) 100; 20.85, 200.
Jaalen Jones, Sr.	Thompson (Alabaster, Ala.)	10.35, 100.

**Long Sprints / Middle Distance**

Derek Holdsworth, Jr.	Lafayette (Williamsburg, Va.)	1:48.97, 800.
Ricky Morgan, Sr.	Forest Park (Woodbridge, Va.)	46.71, 400.

**Distances**

Mike Brannigan, Jr.	Northport, N.Y.	8:53.59, 2-mile.
Josh Evans, Sr.	Linn-Mar (Marion, Iowa)	4:04.38, mile

**Hurdles**

John Lint, Sr.	Columbus Academy (Gahanna, Ohio)	36.32, 300H; 51.63, 400H.
Marquis Morris, Sr.	De La Salle (Concord, Calif.)	13.68, 110HH.

**Vertical Jumps**

Blaine Listach, Jr.	Meyer (Waco, Texas)	7-1, HJ.
Deakin Volz, Jr.	South (Bloomington, Ind.)	17-3, PV.

**Horizontal Jumps**

Joey Souza, Jr.	Kingsburg, Calif.	24-10 (25-7w), LJ.
Karsten Wethington, Sr.	Logan (Union City, Calif.)	50-7, TJ.

**Throws**

Carlos Davis, Jr.	Blue Springs, Mo.	212-5, DT.
Nick Demaline, Sr.	Liberty Center, Ohio	68-10 1/2, SP.

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