



USATF

Region 14 Junior Olympic Qualifying Meet “Top 5”

Chabot College
25555 Hesperian Blvd
Hayward, CA 94545
Fri - July 5, 2024

James Logan HS
1800 H Street
Union City, CA 94587
Sat. July 6 & Sun. July 7, 2024

Note: Top 5 from each event for each age group/gender automatically advance to the National Junior Olympics

The Pacific Association of USA Track and Field (PAUSATF) welcome you to the 2024 USATF Region 14 Junior Olympic Championship and “Top 5” Qualifier. The competition will be held Friday, July 5 at Chabot College in Hayward, CA and Saturday and Sunday, July 6-7 at James Logan High School in Union City, CA.

For all questions and the latest updates regarding the 2024 USATF Region 14 Junior Olympic “Top 5” Championships, please refer to the Pacific Association youth web page at:
www.pausatf.org/youth

Regional Coordinator: David Lawrence – dlaw222@aol.com

Meet Director: Eric Stuart – coachericstuart@gmail.com, 510-812-6703

Registration Deadline: 11:59pm, Monday July 1st, 2024

Register at:

<https://www.athletic.net/TrackAndField/meet/547773/register>

NO LATE REGISTRATION!!!

Advancement – Top 5 overall finish in the final round at the Region 14 meet, will qualify an athlete to the 2024 USATF National Junior Olympic Championship held in College Station, Texas, July 22-28, 2024.

Athletes who compete in the Junior National Championships or World Youth Championships may be entered in the National Junior Olympic meet without having to compete in the Association or Regional meet if they meet the youth athletics age limits. Acquisition of the waiver and completion of the entry to the National meet must be made before the regional meet by contacting the Regional Coordinator, David Lawrence, at dlaw222@aol.com

Competition Age Groups – Age group determined by participant age on 12/31/2024

Athletes are not allowed to compete in any other age group (older or younger) than what their birth year designates. (Unattached athletes cannot form a relay).

GROUP NAME	AGE	BIRTH YEAR	MAXIMUM EVENTS
Group 1	7-8	2016-2017	3 events
Group 2	9-10	2014-2015	3 events
Group 3	11-12	2012-2013	3 events
Group 4	13-14	2010-2011	4 events
Group 5	15-16	2008-2009	4 events
Group 6	17-18	2006-2007 *2005 if born after July 28 th	4 events

Note: Athletes who will not turn 7 before 12/31/2024 are ineligible to compete and advance in the USATF Junior Olympic series, per USATF rule 300.1.c in any individual or relay event.

Club/Unattached Athlete Packet Pickup

- Only a coach who is 2024 USATF three-step compliant, (2024 member, SafeSport trained, current valid background check) or the parent/guardian of an unattached athlete can pick up competition bib numbers and related materials at packet pick up.
- Packet pick-up will be open when the stadium opens on each day Friday-Sunday near the entry gate.
- Arrive early enough to get this process out of the way before the meet begins.
- Whomever picks up the packet must sign for packet

Competition Information

- This meet will be subject to 2024 USATF Rules of Competition. Please review the 2024 USATF Rules at: <https://www.usatf.org/governance/rule-books>
- Athletes are not allowed to use cell phones, headsets, or any other type of electronic devices while in the clerking area, field of competition or on the infield
- Implements may only be used for warm-up during an organized warm-up under the supervision of the event's head official. Athletes failing to follow this rule are subject to immediate disqualification.
- Advancement from trials to finals shall follow USATF rule 303.1.i. and 303.5.a

Event Check-in

- **There will be a first, second and final call for all events** during the track meet. Athletes must arrive at check-in no later than final call. After the event is closed no changes will be made for any running events. Track event clerk is located behind the 100m start line (north of track)
- **All four members of a relay team must check in together** at the Clerk of the Course and all four members uniforms must match.
- **Field event athletes check in at the field event.**
- Athletes arriving late at field events will be allowed to compete WITHOUT warm up in the current round.
- If an athlete is competing in a field event and their running event has been called for check-in, the athlete must check out of the field event; once released by the head field event official the athlete must check in at the running event.
- The athlete will be allowed to return to their field event, though must report to the starting line prior to the start of their race.
- As soon as the athlete completes the running event they need to check back into the field event.
- When a **Horizontal Jumps or Throws** competitor is excused to participate in a running event, no time limit shall be imposed on the excused competitors, except that the competitor must return before the conclusion of all other preliminary attempts if excused during the preliminaries, or before the conclusion of all other final attempts if excused during the finals.
- Failure to return within the allocated period shall result in forfeiture of missed attempts.
- For the **vertical-jumps**, the bar will be held for **no more than 5 minutes** total time. If the competitor has failed to return in the allotted time, and all other remaining competitors have passed, failed, or cleared the existing height, the crossbar shall be raised to the next height and the judge will automatically pass the excused competitor to the new height.

Implements

- Implement inspection shall start within 30 minutes of stadium gates opening.
- Field event implements except javelins and pole vault poles may be supplied by meet management.
- Personal implements must be passed by our Weights & Measures official
- All implements must pass inspection to be used in competition.

Bib Numbers & Hip Numbers

- Bib numbers will be distributed at packet pick-up. All athletes must have a bib number assigned to them in order to compete
- Bib numbers must be worn on the front of the jersey during competition in all events. *An exception is made for high jumpers and pole vaulters who have the option to wear their bib number on their back if they prefer.*
- \$10 cash charge for replacement bib numbers.
- For all running and race-walking events, athletes will be assigned a hip number when they check in with the Clerk of the Course for final seeding.
- Hip numbers must be worn on the hip facing camera while competing. Shirts must be tucked in so hip numbers are visible by camera at finish line.
- In some of the longer distance races and Racewalk, hip numbers may also be placed on the front of the shirt to assist with lap counting.

Starting Heights

- The starting height for the high jump is set by USATF Rule. Per USATF Rule 302.5 (o):
- In the Regional Junior Olympic Championships, the starting heights in the High Jump and Pole Vault shall be 20cm and 60cm, respectively, below the Youth Outdoor Performance Standard. Increment increases in all stated Championships shall be 5cm in the High Jump and 15cm in the Pole Vault.

Long Jump Boards

- Groups 1 and 2 will jump from a 1-Meter board. Group 3-6 will jump from a board approximately 3 Meters from the pit.

Protest Table

- All protests must be submitted in writing within thirty (30) minutes after the results of an event have posted per USATF Rule 73. This time period will be strictly enforced.
- There will be a \$75.00 cash submission fee required to file a protest. This fee will be refunded only if the protest is upheld.
- Only violations of the USATF 2024 Rules of Competition may be protested.
- Judgment calls made by meet officials cannot be protested.
- Protests that do not meet the above criteria will not be accepted.
- The location of the protest table will be announced.

Awards

- Awards will be presented on podium approximately 30 minutes after the final results of the event have been posted.
- **NOTE: The 30-minute waiting period is to allow processing time in case a protest is filed regarding an event result.**
- Awards not claimed at the podium, will be available for pick up by the athlete (with their bib), a designated club coach, or parent of unattached athlete (with their bib) at the Awards table at least 30 minutes after the awards presentation.
- Medals are awarded to the top five (5) **overall** places in each event.

Medical Services

Qualified medical personnel will be available to provide emergency first-aid at all sessions of the championships. Location of medical services will be announced at the meet. Additional medical facilities and the local Fire Department and Rescue Unit is located minutes from the stadium.

Security

Access to infield / Clerk of Course area

- Only officials, athletes who are currently competing, and currently assigned volunteers will be allowed access to the track or Clerk of the Course area
- Coaches, parents/guardians, and non-competing athletes are NOT allowed on the infield. Failure to comply, may result in disqualification and/or ejection from the meet.
- Any coach, parent/guardian, or official working at an event, is not allowed to coach their athlete(s) for the duration in which they are working at their respective event.

Tents:

- Allowed on the top row of the bleachers only but cannot block the announcer's area.
- Tents should be broken down and removed from the stadium at the completion of competition each day. USATF Pacific is not responsible for lost or stolen items

Alcohol

- Alcohol is strictly prohibited on school grounds.

Smoking

- There is no smoking allowed anywhere on the school campus, inside or outside, including parking lots. This rule includes electronic cigarettes.

Coolers

- Coolers are permitted inside the stadium; however, GLASS CONTAINERS ARE NOT PERMITTED. Coolers may be checked at the gate. Please remove any alcohol, tobacco, or glass before entering the stadium.

Admission

- Spectators admitted free

Parking

- **Fri. – There is a \$3 daily parking permit required at all Chabot College parking lots.** Permits can be purchased at the kiosks located in each parking lot. Parking permits can also be purchased in advance at <https://www.tocite.net/chabotcollege/portal>
- **Sat. – Sun:** There is FREE PARKING available at and around the competition site

Food Services

- Food and beverages will be sold throughout the meet. You may bring your own food and drink into the stadium but you may not bring in glass containers. When you leave, you must remove anything you brought in with you. For your convenience, plastic garbage bags and garbage cans will be available throughout the facility for garbage disposal **Note: BBQs and sunflower seeds/shell nuts are not allowed anywhere on the school campus, not even the parking lot.**

Lost and Found

- A lost and found area will be announced

Results

- Live results will be available on athletic.net

Friday – Events Schedule

July 5, 2024

CHABOT COLLEGE

NOTE: Track and Field Events will be held on a rolling schedule starting at 4:00 PM. Except where combined, events will be held girls first followed by boys.

TRACK EVENTS – 4 PM (Rolling Schedule)

2000 Meter Steeplechase Finals	Group 4-6 girls	4:00 PM
2000 Meter Steeplechase Finals	Group 4-6 boys	

FIELD EVENTS – 4 PM (Rolling Schedule)

Hammer Throw	Group 5 girls / boys	4:00 PM
Hammer Throw	Group 6 girls / boys	

PLEASE NOTE – There will be a first, second, and final call for all events.

Saturday – Events Schedule

July 6, 2024

JAMES LOGAN HIGH SCHOOL

NOTE: Field Events will be held on a timed schedule starting at 8:00 AM. Track Events will be held on a timed schedule starting at 8:30 AM. Except where combined, events will be held girls first followed by boys.

TRACK EVENTS – start at 8:30 AM (Timed Schedule)

3000 Meter Run Finals	Group 3 - 6	8:30 AM
80 Meter Hurdle Trials	Group 3	10:45 AM
100 Meter Hurdle Trials	Group 4, Group 5-6 girls	10:55 AM
110 Meter Hurdle Trials	Group 5 - 6 boys	11:15 AM
1500 Meter Racewalk Finals	Group 2 – 3	11:30 AM
3000 Meter Racewalk Finals	Group 4 – 6 girls, Group 4-6 boys	12:00 PM
100 Meter Dash Trials	All ages starting with Group 1	1:00 PM
800 Meter Run Finals	All ages starting with Group 1	2:30 PM
100 Meter Dash Finals	All ages starting with Group 1	3:15 PM
400 Meter Dash Finals – <i>2 heats timed final</i>	All ages starting with Group 1	3:45 PM

FIELD EVENTS – start at 8 AM (Timed Schedule)

Shot Put	Group 1 girls / boys	8:00 AM
Shot Put	Group 3 girls / boys	10:00 AM
Shot Put	Group 2 girls / boys	12:00 PM
Triple Jump	Group 4 girls / boys	8:00 AM
Triple Jump	Group 5 girls / boys	9:30 AM
Triple Jump	Group 6 girls / boys	11:00 AM
High Jump	Group 3 girls / boys	8:00 AM
High Jump	Group 2 girls / boys	11:00 AM
High Jump	Group 4 girls	2:00 PM
Pole Vault	Group 6 girls	8:00 AM
Pole Vault	Group 5 girls	9:30 AM
Pole Vault	Group 4 girls	11:00 AM
Javelin	Group 6 girls / boys	8:00 AM
Javelin	Group 5 girls / boys	11:00 AM
Javelin	Group 4 girls / boys	1:00 PM
Long Jump	Group 1 girls / boys	12:30 PM

Sunday – Events Schedule

July 7, 2024

JAMES LOGAN HIGH SCHOOL

NOTE: Field Events will be held on a timed schedule starting at 8:00 AM. Track Events will be held on a timed schedule starting at 9:00 AM Except where combined, events will be held girls first followed by boys.

TRACK EVENTS – start at 9 AM (Timed Schedule)

4 x 800 Meter Relay Finals	Group 3-6 girls / boys	9:00 AM
200 Meter Dash Trials	All ages starting with Group 1	9:45 AM
1500 Meter Run Finals	All ages starting with Group 1	11:15 AM
200 Meter Hurdle Finals	Group 4	12:45 PM
400 Meter Hurdle Finals	Group 5-6 girls, Group 5-6 boys	1:00 PM
4 x 100 Meter Relay Finals	All ages starting with Group 1	1:30 PM
200 Meter Dash Finals	All ages starting with Group 1	2:15 PM
80 Meter Hurdle Finals	Group 3	3:00 PM
100 Meter Hurdle Finals	Group 4, Group 5-6 girls	3:05 PM
110 Meter Hurdle Finals	Group 5 - 6 boys	3:15 PM
4 x 400 Meter Relay Finals	All ages starting with Group 1	3:30 PM

FIELD EVENTS – start at 8 AM (Timed Schedule)

Shot Put	Group 4 girls / boys	8:00 AM
Shot Put	Group 5 girls / boys	10:00 AM
Shot Put	Group 6 girls / boys	12:00 PM
Discus Throw	Group 3 girls / boys	8:00 AM
Discus Throw	Group 6 girls / boys	10:00 AM
Discus Throw	Group 4 girls / boys	12:00 PM
Discus Throw	Group 5 girls / boys	2:00 PM
300g-Mini Javelin	Group 1 girls / boys	8:00 AM
300g-Mini Javelin	Group 2 girls / boys	10:00 AM
450g-Aero Javelin	Group 3 girls / boys	12:00 PM
High Jump	Group 6 girls / boys	8:00 AM
High Jump	Group 5 girls / boys	11:00 AM
High Jump	Group 4 boys	2:00 PM
Pole Vault	Group 4 boys	8:00 AM
Pole Vault	Group 5 boys	9:30 AM
Pole Vault	Group 6 boys	11:00 AM
Long Jump	Group 5 girls / boys	8:00 AM
Long Jump	Group 3 girls / boys	9:30 AM
Long Jump	Group 4 girls / boys	11:00 AM
Long Jump	Group 2 girls / boys	12:30 PM
Long Jump	Group 6 girls / boys	2:00 PM