



TRACKMANIA



Saturday July 13, 2024

Inderkum High School

2500 New Market Dr. Sacramento, CA. 95835

Trackmania is an elite level youth invitational track meet reserved for USATF and AAU Junior Olympic Qualifiers. This meet will be geared towards elite youth athletes preparing for national competition.

There will **only be 3 heats for each race in each age group**. USATF and AAU Junior Olympic qualifiers will receive priority acceptance into the meet. Those with the next fastest times will be accepted to fill out the remaining spots until all 24 spots are filled. The exceptions are the 1500m, which will accept 16 in each age group, and we will accept 16 competitors in each field event per age group.

Medals will be awarded 1st through 3rd place in all events except the 100m.

There will be trials and finals in the 100m. Places 2nd and 3rd will receive a medal. 1st place in each age group will receive a mini championship belt.



Each girl's age group 100m winner will qualify to compete for the Girls Universal Championship Belt (as seen on the 1st page) and each boy's age group 100m winner will qualify to compete for the Boys Universal Championship Belt. The Universal Champions will be determined in an exhibition race as our Main Event.

Registration:

- Meet registration must be completed by 11:59pm on Monday July 8, 2024, <https://www.athletic.net/TrackAndField/meet/522464/register>
- Accepted entries will be posted on the meet information page on Athletic.net. on Tuesday, July 9, 2024.
- Payment must be made online no later than 9pm Wednesday, July 10, 2024.
- **\$10 per event and \$40 per relay**

Spectator Fees:

- **\$10 admission fee for ages 7 and up. Children 6 and under are free.**
- Coaches listed on Athletic.net as of noon on Wednesday, July 8, 2024, are free.
- Parent/Coaches of Unattached athletes must pay to enter the stadium.

Food:

- Food Trucks will be on site.
- We will also have a limited snack bar.
- **Inderkum High School does NOT allow BBQs to be used anywhere on campus, this includes parking lots.**

Meet Timeline:

- Packet Pick Up Opens – 7:30am

- Coaches Meeting – 7:45am
- Check in for 1st events – 8:00am
- Meet Start Time – 8:30am

Contacts:

- John Knowles (916) 949-5706 coachjknowles@aol.com
- Alicia Stansbury (916) 329-5148 coachastansbury@yahoo.com

Meet Schedule

(Rolling Schedule)

Track Events

100m Trials
 Hurdles (80mh, 100mh, 110mh)
 4 x 100m Relay
 400m
 100m Finals
 1500m
 200m
 800m
 4 x 400m Relay

Field Events

Shot Put (13-14, 15-16, 17-18, 8u, 9-10, 11-12)
 Mini Jav 300g/Aero Jav 450g (8u, 9-10, 11-12)
 *Triple Jump (13-14, 15-16, 17-18)
 *Long Jump (8u, 9-10, 11-12, 13-14, 15-16, 17-18)
 Discus (17-18, 11-12, 13-14, 15-16)
 High Jump (11-12, 13-14, 15-16, 17-18, 8u, 9-10)

Universal Championship Race (100m Final Winners Only)

Track events will be run in order from groups 1 to 6. Field events will be contested in the order listed in brackets above with girls first then boys before moving to the next age group.

* There are two pits. A girl's pit and a boy's pit. The Long Jump will be contested **following** the completion of the Triple Jump at each pit.