



NorCal Striders



YOUTH Cross Country Meet

Sunday, October 13, 2024

At West Valley High School

3805 Happy Valley Rd.

Cottonwood (Redding area), California 96022

USATF Pacific Association Grand Prix Meet

Registration on Athletic.net through Oct. 11th

Same day registration at the West Valley High School track in front of the grand stands from 8:00 a.m. – 9:00 a.m.

Course Walk – 9:00 a.m.

First Race – 10 a.m./ Races will be on a rolling start schedule.

<u>Age Division</u>	<u>Distance</u>	<u>Year of Birth</u>
8 & Under	2K (1.25 miles)	2016+
9 – 10	3K (1.87 miles)	2014 – 2015
11 – 12	3K (1.87 miles)	2012 – 2013
13 – 14	4K (2.50 miles)	2010 – 2011
15 – 16	4K (2.50 miles)	2008 – 2009
17 - 18	4K (2.50 miles)	2006 – 2007

** Age groups 15-16 & 17-18 will race together. **

Awards to the Top Five Finishers in each age division for boys & girls.

Entry Fee: \$10 (cash or money order – no personal checks)

Race info. contact Ken Hunter: Cell # 530-710-4262 or email: norcalstriders@outlook.com