

RENO HOLIDAY INDOOR TRACK & FIELD MEET

rev. 9/1/24

IMPORTANT DATES

- Meet Dates: **December 27-29, 2024** at the Reno-Sparks Convention Center
- Online Final Entry Deadline: **December 1, 2024** at 11:59 p.m. **or when the entry cap per event per division per sex has been reached.** We expect the entries to cap sooner than the final deadline, **so don't wait to enter!**
- See page 2 for meet schedule details and entry fees.

REGISTRATION is OPEN at [MILESPLIT.COM!](https://milesplit.com)

MEET SCHEDULE

D1=ages 8 & under; D2=ages 9-10; D3=ages 11-12; D4=ages 13-14; D5=ages 15-16; D6=ages 17-18
Girls are designated by G; Boys by B. Open/Masters Women and Men=ages 19-99

FRIDAY – December 27

9am - on the Track (Rolling)

- 55Hmeters: D3G, D3B, D4G, D4B, D5G, D6G, D5B, D6B
- 60Hmeters Open/Master Women, Open/Master Men
- 55meters D1G, D1B, D2G, D2B, D3G, D3B, D4G, D4B, D5G, D5B, D6G, D6B
- 60meters Open/Master Women, Open/Master Men
- **9am** Weight Throw - D5G & D6G, D5B & D6B, Open/Masters Women, Open/Master Men
- **9am** Triple Jump - D5G, D5B, D6G, D6B, Open/Master Women, Open/Master Men

SATURDAY- December 28

9am - on the Track (Rolling)

- 200meters D1G, D1B, D2G, D2B, D3G, D3B, D4G, D4B, D5G, D5B, D6G, D6B, Open/Master Women, Open/Master Men
- 800meters D1G, D1B, D2G, D2B, D3G, D3B, D4G, D4B, D5G, D5B, D6G, D6B, Open/Master Women, Open/Master Men
- **9am** High Jump D2G, D2B, D3G, D3B, D4G, D4B, D5G, D5B, D6G, D6B,
- **9am** Long Jump D1G, D1B, D2G, D2B, D3G, D3B, D4G, D4B, D5G, D5B, D6G, D6B
- **9am** Shot Put Open/Masters Women, Open/Master Men
- **9am** Pole Vault D5G, D5B, D6G, D6B

SUNDAY December 29

9am - on the Track (Rolling)

- 400meters D1G, D1B, D2G, D2B, D3G, D3B, D4G, D4B, D5G, D5B, D6G, D6B Open/Master Women, Open/Master Men
- 1500meters RW male and female-all divisions
- 1500 meters D1G, D1B, D2G, D2B, D3G, D3B, D4G, D4B
- 1600meters D5G, D5B, D6G, D6B
- Mile Open/Master Women, Open/Master Men
- **9am** Pole Vault Open/Masters Women, Open/Master Men
- **9am** Long Jump Open/Master Women, Open/Masters Men
- **9am** Shot Put D1G, D1B, D2G, D2B, D3G, D3B, D4G, D4B, D5G, D5B, D6G, D6B
- **9am** High Jump Open/Masters Women, Open/Master Men

MEET SCHEDULE DETAILS

- The meet schedule is a three day meet based on getting full fields per event per gender per division. While we anticipate getting full fields because this is a first time event for the West Coast if we do not get full fields by December 1st, we will adjust the schedule and reduce the meet to two days. The order of events will remain the same if the meet is three days or two.
- The meet will be conducted on a rolling schedule. It is up to each athlete to know when their event is taking place. The clerk in Hall 4 will have a sound system and will call for each group to report for hipping. If you miss your event there will not be another opportunity to compete in that event. Field event athletes also need to report to the clerk and be escorted onto the field for their event. Field event athletes need to report to the clerk at least 30 minutes before their event.

ENTRY FEES - **ENTER SOON!**

As a reminder, all fees are entry fees and not participation fees. Once an entry is submitted payment is required immediately or the entry will not be accepted. Entries are first come first serve in each event per division and when the cap has been reached entries will be closed in that division for that event. There are no refunds. This is an Indoor facility; the meet will occur regardless of weather.

The final deadline for all entries is December 1, 2024, although if the entry cap has been reached earlier for any event in that division, it will be closed sooner than December 1st. We expect the entry caps to be reached sooner than December 1. Fees:

- \$12 per youth/high school individual event
- \$24 per open/master individual event.
- Athletes are allowed to compete in four events only.
- **[Registration is Open at MileSplit.com](https://milesplit.com)**

SPECTATOR FEES

There will be a general admission charge of \$5 per person per day for the meet. Payment will be required at the entrance to Hall 5 in the main arena. Athletes will be allowed in free with their entry but must report to packet pickup in room D10 to obtain their bib number which will be their entry. Coaches who are USATF certified will be allowed in free and must also report to packet pickup to obtain their wrist band for entry. Coaches must be current members of USATF and be three step compliant.

PARKING FEE

There is a \$10 per car parking fee for the lots that surround the Convention Center. Parking is free on the surrounding streets.

CONCESSIONS & MERCHANDISE

There is a fully loaded concession stand in Hall 5 for your enjoyment. There will also be a vendor selling merchandise in Hall 5. **BACKPACKS** Athletes are allowed to bring in personal backpacks which may be subject to search. Personal water bottles are also allowed. No coolers with food and drink are allowed into the facility.

SPIKES

The Reno Convention Center is home to a Mondo track surface. Spikes will be limited to 1/8" or 1/4" pyramid spikes only. No other spikes will be permitted. Meet management also has the right to limit the use of spikes in certain events.

EQUIPMENT

Starting blocks will be provided at the athletic complex. Pole Vaulters must provide their own poles and weight verification forms. Throwers will need to bring their own implement to weights and measures in Room E1 at least two hours before their event.

WARMING UP

General warm-ups will take place in Hall 4. There are mondo sprint lanes available in Hall 4. Only athletes and certified USATF coaches will be allowed in Hall 4. No parents will be allowed in Hall 4 unless you are a certified

USATF coach. All other warm-up must be conducted outside the facility. Under no circumstances are athletes allowed to warm up in the lobby, walkways or other halls in the Convention Center. There may be other conventions occurring during our meets and we must not disrupt these conventions. Any athlete or teams not adhering to this policy will be removed from the Convention Center and not allowed to compete in any meets.

SANCTIONING

The meet will be sanctioned through USA Track & Field.

ELIGIBILITY

Because there is no official Indoor Track season for the Western US, all high school athletes will compete as unattached athletes. Youth, Open and Masters athletes may compete for their USATF clubs but no team scores will be kept.

AWARDS

The top six athletes in each event will receive awards. Awards can be picked up in the awards area located in room D9. Please allow 30 minutes after the conclusion of each event to pick up your award.

RESULTS

Results for both running and field events will be live and immediately uploaded to the MileSplit website

CODE OF CONDUCT

This meet will be conducted under USATF rules and will be officiated by USATF officials. Any athlete, parent or coach not adhering to the proper code of conduct will be removed from the facility and will not be allowed to compete at this meet or any future meets at this facility. Thank you for displaying proper conduct as we are guests of the Reno Sparks Convention and Visitors Bureau and we do not want to lose our privilege to enjoy this beautiful new track. Proper conduct includes not leaving your trash around the facility. Thank you.

MEET CONTACT: pausatf@aol.com

LOOKING AHEAD TO FUTURE RENO INDOOR TRACK MEETS! SAVE THESE DATES!
February 1-2, 2025: Pacific Association Indoor Track & Field Championships for High School, Open, and Masters athletes; registration opens October 1, 2024.
February 15-17, 2025: President's Invite for Youth, High School, Open, and Masters athletes; registration opens November 1, 2024.