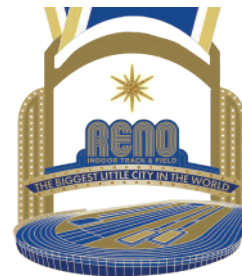




USATF PACIFIC INDOOR TRACK & FIELD CHAMPIONSHIPS

rev. 12/13/2024



- Meet Dates: **February 1 & 2, 2024**
- Meet Location: Reno-Sparks Convention Center
- Open to High School, Open & Masters Athletes

MEET SCHEDULE

For High School/Open/Masters Women & Men (ages 19-99)

SATURDAY – Feb. 1 – Rolling Schedule

Start time 9 am – RUNNING EVENTS

- **60Hurdles** – HS Girls followed by HS Boys followed by Open/Master Women, Open/Master Men followed by
- **60m Sprint**– HS Girls followed by HS Boys followed by Open/Master Women, Open/Master Men followed by
- **800m** – HS Girls followed by HS Boys followed by Open/Masters Women followed by Open/Masters Men followed by
- **200m** – HS Girls followed by HS Boys followed by Open/Masters Women followed by Open/Masters Men followed by
- **Distance Medley Relay** – HS Girls followed by HS Boys followed by Open/Masters Women followed by Open/Masters Men

Start Time 9 am – FIELD EVENTS

- **9 am- Weight Throw** – HS Girls followed by HS Boys followed by Open/Masters Women followed by Open/Master Men
- **1 pm- Shot Put** – Open/Masters Women followed by Open/Masters Men
- **9 am- Triple Jump** – HS Girls followed by HS Boys followed by Open/Master Women followed by Open/Masters Men
- **1 pm- Pole Vault** – HS Girls followed by Open/Masters Women

SUNDAY- Feb. 2– Rolling Schedule

Start Time 9 am – RUNNING EVENTS

- **9 am – 400m** HS Girls followed by HS Boys followed by Open/Master Women followed by Open/Master Men followed by
- **1500 Race Walk** – male and female- all divisions followed by

- **1600 meters** – HS Girls followed by HS Boys followed by
- **Mile** – Open/Masters Women followed by Open Masters Men followed by
- **4x200m Relay** – HS Girls followed by HS Boys followed by Open/Masters Women followed by Open/Masters Men

Start Time 9 am FIELD EVENTS

- **9 am – High Jump** – HS Girls followed by HS Boys followed by Open/Masters Women followed by Open/Masters Men
- **9 am – Long Jump** – HS Girls followed by HS Boys followed by Open/Master Women followed by Open/Masters Men
- **9 am – Pole Vault** –HS Boys followed by Open/Masters Men
- **9 am – Shot Put** – HS Girls followed by HS Boys

MEET SCHEDULE DETAILS - The meet will be conducted on a rolling schedule. It is up to each athlete to know when their event is taking place. The clerk in Hall 4 will have a sound system and will call for each group to report for hipping. If you miss your event there will not be another opportunity to compete in that event. Field event athletes also need to report to the clerk and be escorted onto the field for their event. Field event athletes need to report to the clerk at least 30 minutes before their event.

ENTRY FEES - As a reminder, all fees are entry fees and not participation fees. Once an entry is submitted payment is required immediately or the entry will not be accepted. Entries are first come first serve in each event per division and when the cap has been reached entries will be closed in that division for that event. There are no refunds. This is an Indoor facility;

the meet will occur regardless of weather.

Fees:

- \$12 per high school individual event
- \$24 per open/master individual event.
- Athletes are allowed to compete in four events only.

PHOTOGRAPHER & MANDATORY WAIVER FORM

[COMPLETED & SIGNED PHOTO WAIVER REQUIRED](#) from all participants and parents/guardians of minors BEFORE THE EVENT. This waiver allows us to capture and share images from the event. Photos taken during the meet will be available for purchase at the same link. Questions? 916.412.8008; LisaNottingham@gmail.com; LisaNottingham.com

PARKING FEE - There is a \$10 per car parking fee for the lots that surround the Convention Center. Parking is free on the surrounding streets.

SPECTATOR FEES

- General admission charge is \$5 per person per day. All purchases will be online using this QR code or you may use [THIS LINK](#). Payment may be done in advance or at the poster placed at the entrance to the main arena in Hall 4.
- Athletes will be allowed in free with their entry but must report to packet pickup in room D10 to obtain their bib number which will be their entry.
- Coaches who are USATF certified will be allowed in free and must also report to packet pickup to obtain their wrist band for entry. Coaches must be current members of USATF and be three step compliant.



parents will be allowed in Hall 4 unless you are a certified USATF coach. All other warm-up must be conducted outside the facility. Under no circumstances are athletes allowed to warm up in the lobby, walkways or other halls in the Convention Center. There may be other conventions occurring during our meets and we must not disrupt these conventions. Any athlete or teams not adhering to this policy will be removed from the Convention Center and not allowed to compete in any meets.

CONCESSIONS & MERCHANDISE

There is a fully loaded concession stand in Hall 5 for your enjoyment. There will also be a vendor selling merchandise in Hall 5. **BACKPACKS** Athletes are allowed to bring in personal backpacks which may be subject to search. Personal water bottles are also allowed. No coolers with food and drink are allowed into the facility.

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SPIKES

The Reno Convention Center is home to a Mondo track surface. Spikes will be limited to 1/8" or 1/4" pyramid spikes only. No other spikes will be permitted. Meet management also has the right to limit the use of spikes in certain events.

EQUIPMENT

Starting blocks will be provided at the athletic complex. Pole Vaulters must provide their own poles and weight verification forms. Throwers will need to bring their own implement to weights and measures in Room E1 at least two hours before their event.

WARMING UP

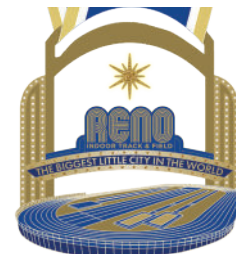
General warm-ups will take place in Hall 4. There are mondo sprint lanes available in Hall 4. Only athletes and certified USATF coaches will be allowed in Hall 4. No

SANCTIONING

The meet will be sanctioned through USA Track & Field.

ELIGIBILITY

Because there is no official Indoor Track season for the Western US, all high school athletes will compete as unattached athletes. Youth, Open and Masters athletes may compete for their USATF clubs but no team scores will be kept.



AWARDS

The top six athletes in each event will each receive this medal. They can be picked up in the awards area located in room D9. Please allow 30 minutes after the conclusion of your event to pick up your award.

RESULTS

Results for both running and field events will be live and immediately uploaded to the MileSplit website

CODE OF CONDUCT

This meet will be conducted under USATF rules and will be officiated by USATF officials. Any athlete, parent or coach not adhering to the proper code of conduct will be removed from the facility and will not be allowed to compete at this meet or any future meets at this facility. Thank you for displaying proper conduct as we are guests of the Reno Sparks Convention and Visitors Bureau and we do not want to lose our privilege to enjoy this beautiful new track. Proper conduct includes not leaving your trash around the facility. Thank you.

MEET CONTACT: pausatf@aol.com

RENO INDOOR TRACK COMING EVENTS! SAVE THESE DATES!

February 1-2, 2025: Pacific Association Indoor Track & Field Championships for High School, Open, and Masters athletes; registration opens October 1, 2024. Registration closes Feb. 5 at 11:59pm for all events that have not filled.

February 15-17, 2025: President's Invite for Youth, High School, Open, and Masters athletes; registration opens November 1, 2024. Registration closes Feb. 15 at 11:59pm for all events that have not filled.